

**Multnomah County
Behavioral Health Division
Behavioral Health Advisory Council Meeting
May 3rd, 2023**



| Community Representatives | Public Service Representatives | Staff | Guests |
|--|---|--|--|
| <input checked="" type="checkbox"/> Barb. Rainish <input checked="" type="checkbox"/> Etta Assuman <input checked="" type="checkbox"/> John Williams <input checked="" type="checkbox"/> Joni Scheib <input checked="" type="checkbox"/> June Howard Johnson <input checked="" type="checkbox"/> Katrina Malachowski <input checked="" type="checkbox"/> Kevin Fitts <input checked="" type="checkbox"/> Laura Bueford <input type="checkbox"/> Mamie Gathard <input checked="" type="checkbox"/> Patty Hamit Arvizu <input checked="" type="checkbox"/> Robert Fentress <input checked="" type="checkbox"/> Ruthie Benjamin <input checked="" type="checkbox"/> Ryan Hamit <input checked="" type="checkbox"/> Sandi Delarosa | <input checked="" type="checkbox"/> Cascadia Behavioral Healthcare Jennifer Wilcox <input checked="" type="checkbox"/> Holistic Healing Behavioral Health Jamaica Imani Nelson <input checked="" type="checkbox"/> Lifeworks NW N Torello <input checked="" type="checkbox"/> Local Public Safety Coordinating Council Abbey Stamp <input checked="" type="checkbox"/> Lutheran Community Services Larry Johnson <input checked="" type="checkbox"/> Multnomah County Sheriff's Office Nora Mains <input checked="" type="checkbox"/> NAMI Multnomah Kerri Melda <input type="checkbox"/> NARA NW Albie Lemos <input checked="" type="checkbox"/> New Narrative Jen Gantner <input checked="" type="checkbox"/> Portland Police Bureau Chris Burley <input checked="" type="checkbox"/> Quest Center Scott Moore/Danielle Deer | <input checked="" type="checkbox"/> Deandre Kenyanjui <input checked="" type="checkbox"/> Jill Jessee <input checked="" type="checkbox"/> Thomas Bialozor <input checked="" type="checkbox"/> Heather Mirasol <input checked="" type="checkbox"/> Dr. Jenny Tsai | <input checked="" type="checkbox"/> Mary Avalon <input checked="" type="checkbox"/> Cassi Sturtz, Care Oregon <input checked="" type="checkbox"/> Mark Hidalgo |

Welcome, Introductions and Group Agreements

| Agenda Item | Discussion |
|--------------------------|---|
| Announcements | <p>Leadership Training Series & Community Workgroup</p> <ul style="list-style-type: none">• We sent out communication early last week about changes to the Leadership Training Series.• The Training did not go as planned and in an effort to create safer processing space in smaller groups we are going to offer the Training to the two advisory committees separately.• Following BHAC Elections this month and Steering Committee Elections next month, we will be offering the final section of the Leadership Training on “Meeting Facilitation” in July.• We recognize that folx may feel more comfortable running for the Co-Facilitator roles within our Steering Committee after this training so we will hold those elections in the summer to follow the training.• You do not need to be interested in the role of Co-Facilitator to serve on the Steering Committee. Additional information regarding serving on the Steering Committee will be shared later in the meeting.• For this month of May we will be offering the Community Workgroup for BHAC Members at the usual time on May 19, 2023 from 1-3pm We will have a presentation by Christa Jones, Associate Director of CMHP on BHD Investments for the Criminally and Legally Exposed. |
| OCE Hiring Update | <ul style="list-style-type: none">• We are in the process of hiring for Lynn’s former position, the OCE Program Supervisor as a temporary Work out of Class opportunity. This means that an internal candidate can take on the role temporarily to evaluate the goodness of fit and with the possibility of applying for the position when it is reposted as a permanent opportunity.• We are in the process of negotiating an offer for the 0.5 Peer Program Specialist position, and we anticipate that if accepted this position will start in May.• We are so happy to be welcoming LaKeesha back from leave• Once we fill the WOC position for OCE supervisor we will be scheduling and resuming interviews for the Latino/a/x Community Engagement Specialist. |

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| <p>General Council Membership Vote</p> | <ul style="list-style-type: none"> • Voting forms will be sent the morning of Thursday, May 4th • Council members must submit their vote by end of business, Friday, May 12th • Candidate applications are available upon request, unless a candidate has asked that their application be withheld. • Candidates who wish to withhold their application from sharing must inform BHD by the end of the day today. • If a candidate has asked for their application to be withheld from sharing, please use the information they share at the meeting today to determine whether to confirm their application for membership on the council. • To request candidate applications or for candidates wishing to withhold their applications from being shared, contact bhd.directorsoffice@multco.us. <p>All nominees spent time sharing with the full group.</p> |
| <p>Steering Committee Nominations</p> | <ul style="list-style-type: none"> • Nominations for Steering Committee were accepted at the meeting - voting will take place at the June Meeting. Nomination does not guarantee election into the Steering Committee. • If nominated today, candidates may immediately accept to be added for voting next month or give us your response within a week of the next meeting. Please communicate your response to nomination by Wednesday May 31, 2023. Email the Director's Office at bhd.directorsoffice@multco.us. • Barb and Mamie can serve a second term but need to be re-elected. Ruthie and Ryan are at their term limit and there is an additional vacant position open to new nominees. There are 5 total openings for our Steering Committee up for voting in June. If we do not receive 3 unique nominations, in addition to Barb and Mamie, Ruthie and Ryan will be eligible to run for Steering Committee again and can be nominated or self-nominate. Self-nomination is always an option for any interested member who wants to be voted into the Steering Committee and has been a council member for a minimum of 6 months. • Steering Committee Co-Facilitator elections will be held later this summer. |

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| | <p><u>Nominations</u> John Williams - accepted Sandi Delarosa - accepted Etta Assuman - accepted Katrina Malachowski - accepted Kerri Melda - will decide whether to accept by May 31st Barb Rainish – accepted nom for 2nd term Kevin Fitts - accepted Mamie Gathard – accepted nom for 2nd term Robert Fentress - accepted</p> |
| <p>Director’s Office Updates</p> | <p>Did not get to this agenda item.</p> |
| <p>Adjournment Next meeting: June 7, 2023</p> | |



**BEHAVIORAL HEALTH
ADVISORY COUNCIL**

May 3, 2023

BHAC MEETING REMINDERS

Self-care

- We support one another by take care of ourselves
- Pause before speaking when feeling stressed - respond rather than react
- Take the conversation off-line with staff

Making space for all voices - All questions & comments are welcomed and valued

- Principles before personalities - stay focused on our shared goals
- Limit comments to no more than two minutes. Be mindful of frequency; silence gives space for others to join
- Limit acronyms and jargon
- Interrupt conversations that cause harm

Virtual meeting reminders

- Try not to talk over each other - raise hand; use chat; accommodate people on the phone and tech issues
- Silence microphones when not speaking
- Go off camera when necessary

BHAC GROUP AGREEMENTS

- Hold space, make space; Remember WAIT (Why Am I Talking?) and “Principles before Personalities”
- Stay engaged to the best of your ability
- Share your experience & hear the experience of others - Use “I statements”
- Acknowledge intent and center impact
- Expect and accept non-closure
- Experience discomfort - (creating a safer space for challenging conversations can be uncomfortable at times)
- Name and account for power dynamics in the the work
- We are here to work collaboratively, and share responsibility for the success of our work together

Office of Consumer Engagement Hiring Update

- OCE Supervisor (Work out of Class) - Interviews have been held. Waiting to make an offer to the successful candidate. Position is currently with Human Resources class-comp.
- 0.5 FTE Peer Program Specialist position - An offer has been made and we hope to start the position in May.
- Lakeesha Dumas returned effective 4/24/23. Welcome back Lakeesha!
- Latinx Community Engagement Coordinator- Recruitment process was paused while we gave focus to the OCE Supervisor vacancy. We will schedule interviews for this position once we get the new OCE WOC supervisor on board.

BHAC General Council 2023 Elections

- Voting forms will be sent the morning of Thursday, May 4th
- Council members must submit their vote by end of business, Friday, May 12th
- Candidate applications are available upon request, unless a candidate has asked that their application be withheld.
- Candidates who wish to withhold their application from sharing must inform BHD by the end of the day today.
- If a candidate has asked for their application to be withheld from sharing, please use the information they share at the meeting today to determine whether to confirm their application for membership on the council.

BHAC General Council 2023 Elections

| BHAC Consumer Survivors | BHAC Family / Advocates | BHAC Public Service Representatives |
|--------------------------------|--|---|
| Ruth Benjamin | Robert Fentress | N Dunkle (LifeWorks NW) |
| Ryan Hamit | Kevin Fitts | Haven Taylor (New Narrative) |
| Sandi Delarosa | 3 Vacant Seats (Consumer Survivors/Family/Advocates) 2 applicants | Christopher Burley (Portland Police Bureau) |
| Patty Hamit Arvizu | Eric Bray | Danielle Deer (Quest Center) |
| Etta Assuman | Mary Avalon | 2 Vacant Seats (Public Service Reps) 1 applicant |
| Mamie Gathard | | Cassie Sturtz (Care Oregon) |

Steering Committee Nominations - Bylaws

BYLAW XII - STEERING COMMITTEE

The primary purpose of the Steering Committee is to plan and lead meetings. The Steering Committee will include a minimum of 5 members and a maximum of 7 total members. Two of the members will be elected by the Council as Co-facilitators. Election to the Steering Committee is open to all Council members after six months serving as Council members, including community service providers if they identify with personal lived experience receiving behavioral health services, family members or advocates. The Steering Committee refers all voting matters to the Council.

Steering Committee meetings are not public meetings, but Committee members, with advance notice to staff and the Committee, may invite additional guests for a specific purpose, including those who may be interested in becoming future Committee members.

BYLAW XIII - STEERING COMMITTEE TERMS

Steering Committee members are elected for a two year term. Members may be re-elected for one additional term. If there is no other interest in a position the incumbent can be elected for an additional term. If an individual “terms out,” they may reapply after one year. A vacancy created during a regular term of office shall be filled by a special election.

Steering Committee Nominations - Current Membership & Terms

| CURRENT Executive Committee Members 2 Year Terms - Max 2 Terms* (5-7 members) | Term Expiration Date | 2023 Election Status |
|--|----------------------|----------------------------|
| Laura Bueford | June 2024 | Serving Current Term |
| Ruth Benjamin | June 2023 | Term Limited |
| Ryan Hamit | June 2023 | Term Limited |
| June Howard Johnson | June 2024 | Serving Current Term |
| Barb. Rainish | June 2023 | Up for 2nd Term Nomination |
| Mamie Gathard | June 2023 | Up for 2nd Term Nomination |
| Vacant | N/A | Vacancy |

Steering Committee Nominations - 2023 Nominations & Elections

- There are 5 available seats open for nominations in the 2023 Steering Committee Elections
- Votes will be held in June.
- Steering Committee Co-Facilitator elections will be held later this summer after the final training in the Leadership Training Series has been completed. This will allow members to build on this essential skill set prior to determining their interest in the co-facilitator positions.