



**2023**

## **Resources**

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★ [50 things to do with kids in Portland this winter](#)

★ JAN 1 One Team Scavenger Hunt - Portland

- [Puzzling Adventures. Choose My Adventure](#)

★ **ATTENTION → !!! SAVE the Date !!!**

- Feb 17 - Feb 19th, 2023
- For all of you FANS of Comics, Sci-Fi, ANIME, GAMING and More of this type of stuff. Tickets from \$27-\$120
- You can't miss this event - [FAN Expo Portland Jan 2023](#)

★ Advocacy can start here for your student. Learn about The COLUMBIA REGIONAL resource and how your students teacher can make a referral for potential **special education support** - [Columbia Regional](#)

- In collaboration with Local School Districts, Early Intervention, Early Childhood Special Education (EI/ECSE) programs, Families, and Community Agencies to provide specialized educational support for children with hearing impairments, vision impairments, autism spectrum

disorders, severe orthopedic impairments, deaf-blindness, and traumatic brain injury.

- Region 6 CONTACT - Lisa McConachie 503-916-5570x78334  
[lmconac@pps.net](mailto:lmconac@pps.net)

★ **Mt. Hood KIWANIS CAMP Registration - Jan 9th - Jan 20th - [2023 Camper and Parent-Guide.pdf](#) See Pg. 3 registration INFO**

★ **High School Transition Resource- [Youtube Channel hosted by Self Enhancement, Inc. \(SEI\) teaching some basics on how to use your technology.](#)**

★ **Self Enhancement (SEI)** offers these supports and services -

- ENERGY ASSISTANCE, PARENTING CLASS, ANTI- DOMESTIC and SEXUAL VIOLENCE (ADSV) Program, PARENT CHILD DEVELOPMENT SERVICES (PCDS), SHORT TERM RENTAL ASSISTANCE (STRA) , MULTNOMAH STABILITY INITIATIVE (MSI)
- Call- 503-249-1721 or 503-285-0493

★ **SAVE the Date** for this event - Early Bird Registration Dec 23rd **Junction Ave 2023 - Support Back Owned Businesses** Feb 4th & 5th 11am-6pm **(Adults)**

★ **Who says you can't go trail walking in the Winter?! Fresh crisp cold air is good for you. Pacific NorthWest Living at it's finest**

★ [OMSI - Marvel Universe of Super Heroes](#)

★ [ALSO Blog - Information](#) - Information is power...be powerful

- Read about everything that is meaningful to us.
- Be informed about what is happening, what matters and the impacts as it relates to supporting Oregonians experiencing disabilities.

★ [ABI Amazing Organization & Resource](#)

- [Fighting & Beating Covid Comic Books](#)

★ [Portland Parks and Recreation](#) **SIGN UP for SPRING BREAK**

- Wednesday, January 18 at 12:30pm on PP&R website
- [Portland Parks and Recreation CATALOG Jan 2023](#)

★ [SWINDELL's - Essential FASD Supports Practical Tips to Help Children and Adults with FASD](#)

- JAN 11th, 2023 6-8PM
- Join us for a 2-part series by Nate Sheets, BBA from Oregon Behavior Consultation | Cognitive Supports
- The essential FASD supports needed in everyday life and interactions
- Common caregiver behaviors and approaches that make things worse
- Practical tips to help children and adults with FASD

- This is an online class. If you have questions, concerns or need support with registration, please contact us at **swindells@providence.org** or **503-215-2429**.

★ **OIS** – Oregon Intervention System – Level G

- January 5-6, 2023 8:30am-5pm- both days Or Jan 19th-20th
- OIS is an intensive training/certification program and process for implementing Positive Behavior Support and safe intervention strategies when addressing behaviors that require intervention. This two-day workshop focuses on supports for adults and children with intellectual and developmental disabilities in the home or community.
  - Waverly Heights Church 3300 SE Woodward St.
  - **Email Sagibson@protonmail.com**

★ **Housing Independence** is really excited about our January Newsletter and Calendar of Events! With at least two activities a day you'll find plenty of activities to enjoy. Please contact me to sign up, or with any questions you may have. If you haven't tried our program before, we invite you to experience up to 3 events for free! Amy Reza @ **amyr@housingindependence.org** - Community Inclusion Coordinator more information about Housing Independence, please call (503) 272-8908

★ **Special Olympics Oregon - Becoming an Athlete with Special Olympics**

- Email: [multnomah@soor.org](mailto:multnomah@soor.org) | 503-721-4357

★ **OR Zoo - Learning about animals events**

- Keeper Talks and Animal Activities
- Through January 5, 2023 -

- Talks on different animals start at 9:45am and end at 3:00pm

★ **JAN 17th, 2022 Join us at Atlas Pizza on SE Foster for free craft night!**

- Have a slice and get creative! Each month is a different craft!!  
6:00pm - 8:00pm.
- <https://www.atlaspizzapdx.com/community/>
- WE'VE PARTNERED WITH LOCAL CRAFT STORE COLLAGE TO BRING MONTHLY CRAFT NIGHTS TO ALL OUR LOCATIONS. EVERY THIRD WEEK OF THE MONTH, COLLAGE'S TEAM BRINGS ALL THE SUPPLIES NEEDED TO CREATE A CRAFT OF THEIR CHOOSING. ALL SUPPLIES PROVIDED FREE, AND ALL AGES AND SKILL LEVELS WELCOME!

★ **Parks Volunteer Opportunities -**

- [Oaks Bottom Wildlife Refuge](#) -
- WHEN - January 14, 2023 9:00 am – 11:30 am
- Location - Oaks Bottom Wildlife Refuge
- SE Sellwood Blvd & SE 7th Ave.
- 10830 SE Oaks Park Way, Portland, 97202
- [Friends of Bottom Walkers Program](#) ( 18+ )
- [Friends of Trees: PPR Planting Event at Columbia Slough Natural Area](#)
- WHEN - January 14, 2023 9:45 am – 1:00 pm
- Location - 11140 NE Simpson Street Portland, OR 97220
- Everyone welcome, and no experience necessary! Volunteers will be planting native wildflowers, shrubs, and trees. Children welcome and must be accompanied by an attentive adult.

## ★ FREE STATE PARK ENTRANCE - First Day Hikes - JAN 1st, 2023

- The parking fee for the 25 parks that normally require a **parking permit will be waived** on January 1, 2023. Some parks are hosting [free guided hikes](#). Here are the hikes near Portland:
- L.L. Stub Stewart State Park: 10 a.m., meet at the Dairy Creek West meeting hall
- Milo McIver State Park: 10 a.m. & 1 p.m., meet at the Dog Creek Trailhead in the Riverside Day-Use Area.
- Historic Columbia River Highway State Trail: 10 a.m., meet at the Mark O. Hatfield East Trailhead on Rock Creek Road, Mosier. Bring your snowshoes or x-country skis if there's snow.
- Silver Falls State Park, Historic District Hike: 10 a.m., meet at the South Falls Lodge porch.
- Silver Falls State Park, Geology Hike: 10 a.m., meet at the South Falls Lodge porch.

## ★ [OMSI After Dark Jan 25th 6pm-10pm](#) ( Adults )

- A night at the museum for the 21+ crowd filled with food, drink, music, and science fun! Magic is just science that we don't understand! Get charmed at OMSI After Dark and learn about fantasy themed games, the art of sword fighting and a magic trick to two. 21+ Only | ID's are required for entry

## ★ [Literary Arts Poetry Event Slamlandia](#) ( adults )

- SLAMLANDIA - Thursday Jan 19th, 2023 7pm - 9pm
- Slamlandia is a poetry open mic and slam that meets every month. This mic provides a creative, fun, and welcoming space for all literary communities in Portland. We encourage poets new and old to come share their work. We strive towards a safer space for poets to read their own poetry, witness others, and participate in community.

## ★ Job Seekers - Check this out!

- NonProfits Club: Virtual Campus JobFairs are conducted First Friday of every month. Event Link: [JOBS2.0 > Virtual > JobFair - World's Largest Career Fair / Job Expo](#)

## ★ [Portland January Events - PDX Pipeline](#)

### ★ [Portland in January 2023](#)

- As I mentioned in my [When to Visit Portland post](#), January isn't a huge month for events in Portland.
  - Here are a few:
- [Portland Old Time Music Gathering](#) – Jan 12-15, 2023. This, just as it sounds – old time music! – festival is scattered across the city at different venues each year.
- [Chinese New Year at Lan Su Chinese Garden](#) – January 22, 2023. Depending on the year – January or February. There are always Chinese New Year festivities happening in Portland's Old Town/Chinatown and the Lan Su Chinese garden including the Lantern Viewing event.
- Whale Watching on Oregon coast – mid-December to mid-January is the seasonal winter migration of grey whales southbound. Best viewing spots are on central coast or from capes like on the [Three Capes Scenic Loop](#).