



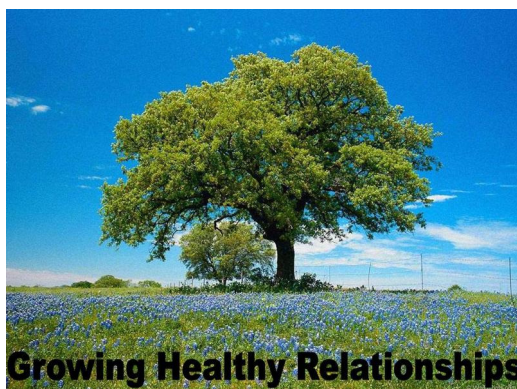
July 2012



# UPDATE

Dear Suzanne Guy,

In this edition of the FVCC Update, the focus is on teen dating violence - a public health issue - and some of its consequences. Also included is a look at what schools should do and at a model program in Idaho. Next is an electronic tool to promote greater safety for youth. Finally, see a brief about the 2010 state report cards for teen dating violence.



**Growing Healthy Relationships**

## In This Issue

DV and Teen Dating Violence

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[Join Our Mailing List!](#)

## Upcoming FVCC Meeting

12:15-1:30, Friday, July 13, 2012  
1120 SW 5th Avenue Room 2B

## DV and Teen Dating Violence

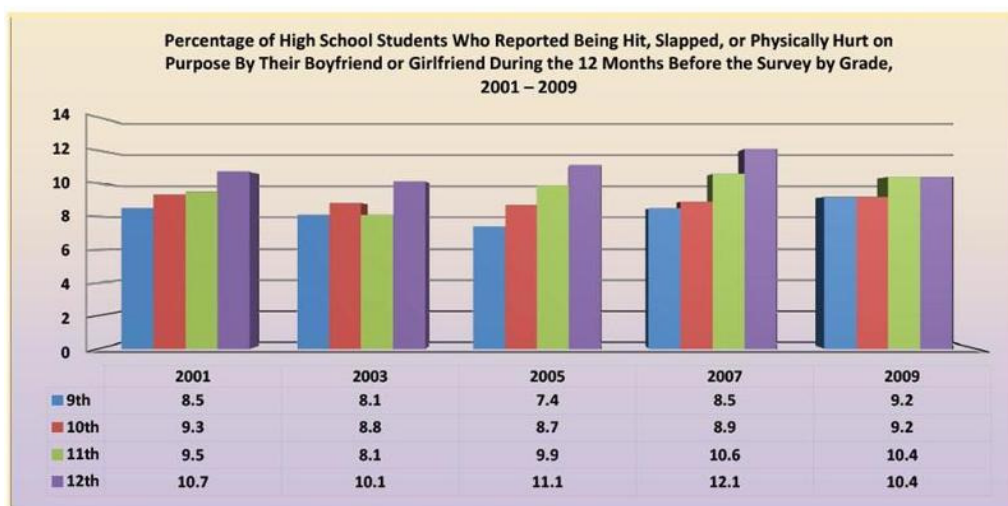
1. [Teen Dating Violence as a Public Health Issue](#): According to the National Center for Injury Prevention and Control, "Teen dating violence is a pattern of controlling behavior exhibited towards one teenager by another in a dating relationship. There are three major types of teen dating violence: (A) physical abuse, (B) emotional abuse, and (C) sexual abuse. Victims of dating violence are more likely to be depressed and do poorly in school, and they may engage in unhealthy behaviors like using drugs and alcohol. They are more likely to have eating disorders and may think about or attempt suicide. One key way to prevent dating violence is to stop it before it starts. Develop strategies that promote healthy relationships."
2. Consequences of [dating violence](#): The Centers for Disease Control and Prevention report, "As teens develop emotionally, they are heavily influenced by their relationship experiences. Healthy relationship behaviors can have a positive effect on a teen's emotional development. Unhealthy, abusive or violent relationships can cause short term



**Public Health**  
Prevent. Promote. Protect.

and long term negative effects, or consequences to the developing teen. Victims of teen dating violence are more likely to do poorly in school, and report binge drinking, suicide attempts, and physical fighting. Victims may also carry the patterns of violence into future relationships."

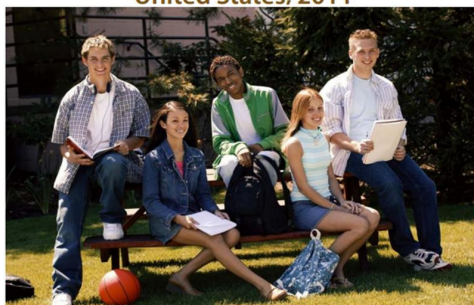
3. **School Responses to Teen Dating Violence:** In a peer-reviewed article ("[Adolescent Dating Violence: How Should School Respond?](#)"), Jeanne Surface and others asserted that schools, and specifically the adults in schools, can provide leadership in responding to dating violence. They state, "Educational leaders have a substantial degree of control over students and generally have a tremendous influence on the decisions that they make." In addition, "Schools force interaction between a batterer and a victim in a way that most other environments do not." The authors describe multi-level involvement of bystanders at both the individual and community levels. Last year, the Oregon Legislature passed a [new law](#) requiring schools to address teen dating violence in school curricula and school harassment and bullying policies.



Source: "Teen Dating Violence as a Public Health Issue," Children's Safety Network, [http://www.ncdsv.org/images/CSN\\_TeenDatingViolenceAsAPublicHealthIssue\\_2-2012.pdf](http://www.ncdsv.org/images/CSN_TeenDatingViolenceAsAPublicHealthIssue_2-2012.pdf)

4. Idaho's [Start Strong Program](#) in National Spotlight: In a June 3rd article, [The New York Times](#) reports, "Now a diverse group that includes the [Centers for Disease Control and Prevention](#), the [Robert Wood Johnson Foundation](#) and federal lawmakers is trying to forestall dating violence by addressing even younger students: middle schoolers. The goal is to educate them about relationships before they start dating in earnest, even though [research shows](#) that some seventh graders have already experienced physical and emotional harm while dating.... Start Strong Idaho, a program of the [Idaho Coalition Against Sexual and Domestic Violence](#), works with experts in health and youth programming. It also enlists students who have overcome abusive relationships - an umbrella term for emotional, physical or sexual violence."

**Youth Risk Behavior Surveillance —  
United States, 2011**



5. [Safe Dates](#): In a 2006 review of this curriculum and supporting program materials, the [National Registry of Evidence-based Programs and Practices](#) (NREPP) reports, "Safe Dates is a program designed to stop or prevent the initiation of emotional, physical, and sexual abuse on dates or between individuals involved in a dating relationship. Intended for male and female 8th- and 9th-grade students, the goals of the program include: (1) changing adolescent dating violence and gender-role norms, (2) improving peer helping and dating conflict-resolution skills, (3) promoting victim and perpetrator beliefs in the

need for help and seeking help through the community resources that provide it, and (4) decreasing dating abuse victimization and perpetration. Safe Dates consists of five components: a nine-session curriculum, a play script, a poster contest, parent materials, and a teacher training outline. In some studies, the program incorporated a booster session." NREPP is a component of Substance Abuse and Mental Health Services Administration (SAMHSA) of the U. S. Department of Health and Human Services.

6. [Apps Against Abuse](#): The White House reports, "In July of 2011, Vice President Joe Biden, the White House Office of Science and Technology Policy, and Health and Human Services Secretary Kathleen Sebelius launched the 'Apps Against Abuse' technology challenge...to help prevent dating violence and abuse.... Everyone has a role to play in the prevention of violence and abuse, and while no one can do everything, everyone can do something. These applications are an important step in encouraging young women and men to take an active role in the prevention of dating violence and sexual assault. In November 2011, the Vice President and Secretary Sebelius announced the winners of the Challenge: "[Circle of 6](#)" and "[On Watch](#)"...which are now available for download. For more information on how to download the apps, [visit the website of the U.S. Department of Health and Human Services](#)."
7. [2010 State Law Report Cards: A National Survey of Teen Dating Violence Laws](#): Oregon received a "D" on its report card. Researchers recommended several policy changes such as explicitly allowing individuals in dating relationships to access protective orders. They also report, "Digital abuse is widespread among teens and abusive behaviors via technology are often more difficult to discern. One in four teens in a relationship says that they have been called names, harassed or put down by their partner through cell phones and texting."

#### On The Net...



1. [Dating Matters: Strategies to Promote Healthy Teen Relationships](#): This is an initiative of the Centers for Disease Control and Prevention. The [first phase](#) examines the cost, feasibility, sustainability, and effectiveness of a comprehensive approach to teen dating violence. Visit the [online training](#).
2. [On-Line Resources for Youth](#): This site by the Domestic Violence Services of Benton and Franklin Counties in the State of Washington lists 10 websites related healthy teen relationships as well as teen dating violence. It also lists "The Most Important Things Adults Can Do about Teen Dating Violence."
3. [Teen Dating Violence Prevention Projects](#): This brief study of teen violence prevention programs summarizes factors associated with success and those that were not. For example, Characteristics of prevention programs associated with success found that more sessions are better than fewer; shorter sessions are better than longer ones.
4. [Understanding Teen Dating Violence](#) (2012): This two-page fact sheet by the Centers for Disease Control and Prevention briefly describes how dating violence affects health, who is at risk and prevention.
5. [Violence Education Tools Online \(VETO\) Violence](#): This includes the "Basics" of understanding violence, primary prevention, public health approach, social ecological model. The "Education" link includes the [teen dating violence training](#) noted in "Dating Matters."

#### Announcing...



- On June 21, 2012, the White House announced that the "[1 Is 2 Many](#)" campaign released a new [public service announcement \[PSA\] on dating violence](#), "Due to the fact that young women today ages 16 to 24 experience the highest rates of violence at the hands of someone they know, the PSA's target audience is men of this same age group. The PSA, which was produced by the White House, features professional athletes and other male role models who deliver the message that dating violence is unacceptable."
- [Stand for Children's Beat the Odds](#) scholarship is a \$2,500 college scholarship, renewable for four years (up to \$10,000) for students who have overcome personal hardships to succeed in school. The scholarship is for students who will graduate in 2013. Deadline is September 17, 2012.
- El Programa Hispano - [Project UNICA](#) announces a 40-hour domestic violence/sexual assault training to be offered in Spanish - tentatively set for August 21 - September 11. Staff and volunteers from other agencies and outside professionals are all invited to attend. Contact Kara Romero, Volunteer Coordinator, at 503-688-2503 or [KRomero@catholiccharitiesoregon.org](mailto:KRomero@catholiccharitiesoregon.org).

### Save the Date...



**July 17 | FVCC Training:** "Witness Intimidation, Tampering and No-Contact Order Violations" - These are common tactics in domestic violence and can affect the prosecution of criminal cases. This FVCC-sponsored will cover the dynamics and types of these tactics; various kinds of no-contact orders; investigation and prosecution of this conduct; legal standards and issues; ways to talk with survivors about tampering; and options for survivors. Training co-presenters are Amy Holmes Hehn,

J.D., Senior Deputy District Attorney for Multnomah County, and Shannon Barkley, Domestic Violence Enhanced Response Team (DVERT) Advocate with Volunteers of America Home Free and Portland Police Bureau.

*The Family Violence Coordinating Council (FVCC) sponsors monthly training on the 3rd Tuesday of each month from 10am to 12noon at Southeast Health Center, basement conference room, 3653 SE 34th Ave - just south of Powell Blvd., Portland 97202. Upcoming training dates are September 18 | October 16 | November 20.*

**August 10** (9 a.m.- 4:30 p.m.) | Advocate Institute: "Financial Fundamentals: Tools for Economic Advocacy" by Family Violence Coordinating Council | objective: domestic violence advocates to gain skills/resources for self-sufficiency of participants escaping domestic violence | [Portland State Office Building](#), 800 N.E. Oregon, Portland 97232 | priority: DV advocates working in survivor services, others on waitlist

**August 23** (10:00 a.m. Pacific Standard Time) | Webinar: "Battered Mothers and Parental Kidnapping - What Every Advocate Should Know" by [National Council of Juvenile and Family Court Judges](#) presented by staff attorneys for [National Clearinghouse for the Defense of Battered Women](#) | Jenny Talancon at 775-784-1662 or [fvinfo@ncjfcj.org](mailto:fvinfo@ncjfcj.org) for registration

**September 20** (10:00 a.m. Pacific Standard Time) | Webinar of [National Council of Juvenile and Family Court Judges](#): "Advocacy Post-Decree" by Margaret Drew, J.D., Clinical Professor of Law | Jenny Talancon at 775-784-1662 or [fvinfo@ncjfcj.org](mailto:fvinfo@ncjfcj.org) for registration

Source of graphic illustrations: google.images



*Please forward this to colleagues, friends and family who might be interested in this newsletter. If you have a story you would like to share about your organization, send it to Ruth Jensen, Editor, at [ruth.jensen@multco.us](mailto:ruth.jensen@multco.us) or fax to 503-988-3710. Thank you!*

*The FVCC Update is published monthly.*

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