Multnomah County Health Department OVERDOSE PREVENTION AND RESPONSE - 90 DAY PLAN

Multnomah County Health Department's (MCHD) deep commitment to the health and wellness of Multnomah County residents requires additional **immediate action** to slow the rate of overdose deaths and mitigate the disproportionate impact these deaths are having in local communities.

Goal: Slow the rate of death from overdose through an equity-based, public health approach that:

- 1. Prevents exposure to fentanyl and initiation of fentanyl use
- 2. Reduces harms from use among people using substances
- 3. Increases access to outreach, treatment, and recovery services



Objectives during the 90-Day Emergency Declaration

Increase Public Awareness and Education

- MCHD will launch communications campaigns for 1) youth-focused overdose prevention
 2) promoting recovery and reducing stigma for treatment
- MCHD will issue briefs/reports on 1) overdose data 2) impacts and best practices for response activities

Enhance Access to Naloxone

• MCHD will continue to distribute naloxone and provide trainings through a cohesive access plan at County buildings and community locations

Outreach, Harm Reduction, Access to Treatment and Recovery

- MCHD will increase visibility and coordination of PATH, Old Town InReach, Mental Health Care Coordination, and Harm Reduction outreach teams
- MCHD will operationalize coordinated outreach, harm reduction, treatment, Corrections Health transition planning, and Behavioral Health Resource Center services in the Portland Central City Task Force area
- MCHD will provide Oregon Health Authority with policy, systems, and practices change recommendations to address barriers to treatment and recovery services

For more information and to see our comprehensive 2024 Overdose Prevention and Response Plan **visit:** <u>multco.us/overdose-response</u>