



Advisory & Infrastructure Subcommittee Meeting
January 13 - 4pm-5:30pm
Virtual Meeting
Zoom

MEETING MINUTES

Attendance:

Present:, Ann S. (she/her), Jen Mair (she/her), Nina G. (she/her- attending 5-5:30)

Excused: Diego M. (he/him), Jenny S. (she/her),

Absent: Quay'Roel M. (she/her) (chair)

Staff: KellyAnn C

Guests: N/A

Minutes:

Introductions & Review Agenda (4:00-4:10)

KA welcomed everyone - it seems like Quay isn't available right now so we can get started without her. We have a small group today, a few members called in sick and Nina will join after her class.

Everyone reviewed the agenda.

Review Past Meetings & Brainstorming

KA shared [slides](#) and introduced background: since the last meetings have been very full and over the holidays it was difficult to get ahold of a speaker, Quay and KA met and decided to do a brainstorm and strategizing session for this meeting.

CIC Grounding

The group started by reviewing the CIC Mission to serve as the advisory body on community engagement and involvement at Multnomah County. The scope is to provide recommendations, advice, observations and opinions to improve community engagement and involvement in Multnomah County programs, policies & practices. This is important to keep in mind as we select guests and research topics and craft recommendations.

The group reviewed the timeline for the CIC year, and KA checked in that the timeline made sense to everyone. We're in the early middle of the year where we focus on

The group reviewed their goals from their first meeting and discussed if anything is missing that has come up.

Jen shared that people are frustrated because they don't see improvement on the situation despite all the money going in - is there a way for people to be updated on what is happening especially as new resources come online.

- KA: Maybe we should look for someone in a communications program about how they create materials to get info to the public, and to what extent they can or want to tailor the information to specific groups of people like in shelters vs mailings to neighbors, at clinics or rehab facilities, etc.
- Jen: Seeing the City also has materials here - we in our research found a guide for media but there could be one for the community too.

Ann: I know about the teen helpline- Oregonyouthline.org - it's a crisis line

- KA: I saw at the library they had bookmarks in Spanish in the youth young adult section with the teen helpline and a bunch of other resources for young people. I'm sure they have them in other sections too for when people are browsing.

-
- Ann: yeah and I've seen them in the bathrooms as well - not sure if the County puts things in the bathrooms or around. There's also had potty news in PCC - people are so isolated right now what creative ways can the County reach people?

Jen: I found a Portland Street Response filer - but I'd love to see more instructions and materials, educational things, for people to know what to do if they come across someone who is unresponsive or seems drug affected, or if someone who seems in a drug affected state is acting threatening or something.

- KA: the county used to have Naxalone trainings - I did one years ago out of state but there's some educational videos and other resources on the harm reduction program page: - that could be a start or at least good people to ask.

Takeaways from past meetings

The group shared back reflections from the last speakers.

JOHS

Jen was able to attend the meeting with JOHS.

Jen: Jeff from JOHS came to share about their outreach for a shelter that is lower barrier - (low barrier shelter definition conversation). He talked a lot about their ability to do a couple years of outreach and take their time with it, and he acknowledged that they don't always have a long lead up to do thorough outreach.

- KA: yeah in the notes it mentions the deflection center specifically coming from the state changes didn't have a lot of time - sometimes the timeline is out of the County's control.
- Jen: we were excited about the level of engagement for the shelter but it's challenging they don't always have capacity for it.

KA: In the notes Jeff brought up having OCI and the CIC host a workshop in the JOHS provider conference - that's with JOHS staff and partners. We could learn from and with providers what they do for outreach already. Maybe there could be both an ideal, long-lead time recommended plan as well as a short-timeline, limited budget key recommendations for engagement.

Jen: Jenny also mentioned going to Neighborhood Associations since they are part of the JOHS outreach plan

- KA: oh yes, I noticed on mine (Foster-Powell) the neighborhood association is discussing shelter support somewhat frequently. We can encourage folks to attend neighborhood association meetings and report back.
- Ann: I can get in touch with my neighborhood association (Sellwood) - there's some shelter convos here, it's a lot of not in my backyard stuff. Though I also think people like to make donations. I was on the Sellwood-Moreland business association and they didn't do much except during Christmas.

Nina joined the meeting!

Office of Consumer Engagement

Nina and Jen were able to attend the OCE meeting. Nina shared notes with the group.

Nina: a centralized coordinating system stood out for me- having something connecting all the programs. Also the concept of peer support being critical, and also the Behavioral Health Resource Center, which they credited its success to being peer led. I also went to the office of sustainability open house at the library and am thinking about how to do targeted outreach and engagement - especially BIPOC communities, going into their community spaces.

- Ann: there's people in every part of town impacted by addiction - library especially are important.

Nina: I also heard the behavioral health advisory committee feeling tokenized and like they don't have meaningful input.

- KA: totally, the tension of balancing power between having meaningful participation and collaboration between advisory boards, staff, and electeds.
-

Jen: Yeah looking on the website it's a lot of links - it's confusing to map these resources for community, how do people learn about them and support them in a way that's meaningful?

- KA: shared some county pages:
- Jen: the city has a street outreach page -
- Ann: JOIN also does street outreach

Nina: the concept of volunteerism has come up as well - I see online that employees can volunteer and get paid time off, that could be helpful since people don't

Research

Nina: also how do people do public comment has come up with sustainability. Creative ways to provide comment as well as support in doing formal comment.

- Jen: yes and have folks know how to make comment effective!
- KA: that has also come up in OCI - we've thought about an intern do videos about how to give comment, how to make an appointment with your commissioner, etc. and make it on the website and social media etc. Maybe more in the lane of the infrastructure committee but something the CIC could do for sure.

Jen: looking at the consumer engagement program they seem to have the same goals of this subcommittee

- Nina: yes- peer support and community education were important parts of it. I wonder if community education could be a bigger part of what we're recommending.

Jen: yes I see what Sadie said about not feeling supported as staff and often being on the receiving end of people's frustrations with the County. I've come to learn this too how direct staff often are on the receiving end of frustration when they don't have the decision making power. I totally agree community education is an important piece. Also - how does the County and City communicate who is doing what

- KA: this reminds me of this line from Jenny in the notes - having engagement and involvement integrated with services in the county as opposed to a totally parallel thing. What would it look like for someone who is frustrated with a service or showing up to another engagement activity was welcomed by staff who knew opportunities to provide feedback and get involved.

Ongoing Questions:

Prompt: What Questions do we still have about Engagement around Addiction and Recovery Services & Policies at Multnomah County? Where could we get that information?

KA: To summarize, we've talked about learning about outreach with neighborhood associations; Ann talking to folks in the detention center about engagement with folks there; communications on their methods of sharing info with the public on this issue - anything else?

- Nina: community justice perspective would be interesting - the District Attorney?

KA: Are there any priorities for who to meet with first? (none shared) KA, Ann, and Quay will check in on next steps.

- Jen: yeah I always feel in this point that the topic is really big and slippery and it's hard to know where we're going or what's happening
- Ann: same, I am just focusing on the smaller tasks at this point.
- KA: if it helps the last couple years I've always felt kinda lost in January - trust the process!

Next steps

Closing (5:20-5:30)

Next meeting: February 10th

-
- (looking ahead) March 17th
 - KA to send poll out to see if folks can make the meeting at 5pm.

Timing:

- Could we move to a 4:30 or 5pm start time? Nina has a class that ends at 5. KA to send a poll in the notes.

Next Steps

- Neighborhood associations: Ann (Sellwood), and KA (Foster-Powell) to attend their next neighborhood association meetings with an eye to the shelter convo - others please do too!
- Potential Guests:
 - Community Justice: Ann will bring the question of who could speak to outreach being done about recriminalization and diversion to communities impacted by addiction?
 - Communications: KA to reach out to central comms about if there's outreach and style guides on this issue, to reach impacted communities, etc. (EM consumer engagement if they have a contact 1/14)
 - District Attorney: KA to reach out to their communications and engagement efforts on addiction, recriminalization, etc. (EM Vi Ton 1/14, try CBAC coord next if needed)
- Quay, KA & Ann to touch base about who to meet with as a guest next

ZOOM CHAT

16:37:23 From Community Involvement :

<https://multco.us/info/overdose-prevention>

16:44:12 From Community Involvement :

https://docs.google.com/document/d/1XHXOQXZdIF7JoSyLf4178h_5eW8Nh9ATd8VPPCAOCTM/edit?usp=drive_link

16:44:50 From Community Involvement : Nina's takeaways: Emphasis on the importance and efficacy of peer support and peer led programs

- Community Volunteerism

- Their example of community engagement: months in advance speaking with surrounding community members and institutions (schools, etc.) to involve them in the planning and decision making process

16:54:13 From Community Involvement :

https://docs.google.com/document/d/1DvB61ypLaw1u67aNIZtJ9TZ06fhZiX4BtqX2quH2oCq/edit?usp=drive_link

16:57:24 From Community Involvement :

<https://www.multco.us/behavioral-health/office-consumer-engagement>

17:05:42 From Jen Mair she/her : <https://www.portland.gov/sscc/homelessoutreach>

17:05:55 From Community Involvement :

<https://multco.us/services/addiction-treatment>

17:08:30 From Jen Mair she/her : <https://johs.us/street-outreach/>
