

Community Involvement Committee

Recovery Subcommittee

Jan. 13th, 4pm-5:30pm Virtual Meeting Zoom

SUBCOMMITTEE MEETING AGENDA

CIC Purpose	The Multnomah County Community Involvement Committee serves as the county's advisory body on community involvement and engagement.
Subcommittee Purpose	To provide advice, drawing on interviews, research, and member experience, to improve community engagement and involvement in addiction/recovery services and policies at Multnomah County.

Time	Agenda Item
4:00-4:10	Introductions & Review Agenda
4:10-5:00	Review Past Meetings & Brainstorming
5:00-5:15	Next Steps • Who to invite next • What is important to discuss during the next meeting to keep the subcommittee's work moving forward?
5:20-5:30	Closing & Next Steps: Confirm meeting time/date - hybrid or zoom (do we want to vote online? Send online scheduler) Could we move to 4:30-6? What went well? What can be improved for next time? Any CIC appreciations or accomplishments to share?

Community Agreements FY25

- Acknowledge intent, address impact Call each other in
- Listen to understand; pause; think intentionally about what you want to say before sharing
- What is said here stays, what is learned here leaves
- Speak from your own experience and prioritize using "I" statements
- Consider earned/unearned privileges that inform lived experiences
- Be willing to make mistakes and be accountable for missteps
- Move up, move back elevate your participation, elevate your reflection
- Accept and make space for different participation levels and styles
- Allow time between speakers and topics, to allow everyone to process and participate. It is never too late to share a thought!
- Take breaks and prioritize what you need to be fully present
- Celebrate accomplishments
- Discuss ideas not people: dialogue not debate

Meeting Expectations

- Come to meetings prepared to participate
- Consider and reflect upon the team agreements before meetings
- Incorporate time into meetings for reflection and additional comments
- Please let the Committee know if you will not be able to attend CIC meetings (it is assumed that Committee members will attend meetings unless they say otherwise).