## Multnomah County Behavioral Health Division Behavioral Health Advisory Council Meeting May 5, 2021



Community Representatives	Public Service Representatives	Staff	Guests
⊠ Art Rios, Sr.	□ Cascadia Behavioral Healthcare Dave Kohler	⊠Deandre Kenyanjui	Cristal Otero
□ Laura Bueford	☐ Central City Concern Marissa Donovan	□Ebony Clarke	Julie Bollerman
⊠June Howard Johnson	☐ Conf. Tribes of Siletz Andulia Sanchez WhiteElk	☐ Leticia Sainz	Nui Bezaire
⊠ Kevin Fitts	□ Lutheran Community Services Mahad	□LaKeesha Dumas	
⊠Mamie Gathard	Hassan/Ron Weaver	⊠Lynn Smith-Stott	
⊠ Etta Assuman	□ Lifeworks NW Melissa Finch/Nadia Dunkle	☐Jennifer Gulzow	
	☐ <b>New Narrative</b> Kells Perry/Jennifer Gantner	⊠ Julia Adebawo	
⊠Patty Hamit Arvizu			
⊠ Robert Fentress	Abbey Stamp	☐ Nimisha Gokaldas	
⊠ Ann Kasper			
⊠Robbie Noche	NAMI Multnomah Kerri Melda		
⊠ Barb Rainish	☑ Northstar Liz Wright/John Williams		
⊠Ruthie Benjamin	□Portland Police Bureau Casey Hettman		
⊠ Ryan Hamit	☑ Quest Center Scott Moore/Danielle Deer		
⊠ Sandi Delarosa			
☐ Vacant			
☐ Vacant			

Agenda Item	Discussion	
Welcome and Call to Order  Michael Thurman-Noche  Art Rios Sr.	The meeting was called to order by Michael Thurman-Noche, followed by an overview of the guidelines for the meeting in addition to an overview of the agenda.	

Introductions/Announcements Art Sr./Michael	Introductions were made by all participants, followed by announcements.  • Home-For-Everyone to meet today 5/5/21 from 3-5pm • Barb shared the link for the PCCEP Core Patrol Recommendations and survey https://docs.google.com/forms/d/e/1FAlpQLSccTZdA-iBzqB_OE5GvGPRpUV8k28hFcMGUG3qToiY4xUHctw/viewform • Mark Hidalgo announced his resignation from BHAC • NAMI Walk Fundraiser virtual event to take place May 22nd, 2021, virtually at 11:00 am. • Registration Link: https://www.namiwalks.org • Northstar to host a virtual documentary screening event on May 15th. • Partnering with the maker of the documentary, Orchestrating Change • Purchase of the ticket for the event includes a link to the documentary • A panel discussion to follow the screening with the filmmakers and cast members • More information to be shared with the group via email • Quest Center and Miracles Club will be presenting their collaboration project to the group at the next meeting
Review & Approve Minutes Art Sr./Michael	The group was asked to review the April minutes and to forward an email to Lynn to correct any errors identified by the Council.

# May Election Results June Elections for Executive Committee Follow-up on Proposed Bylaw Changes Lynn Smith-Stott, Art Sr./Michael

#### **May Election Results**

Below are the result the May election for the following positions:

### Consumer/Advocates Members:

- Michael Thurman Noche
- Robert Fentress
- Kevin Fitts
- Robert Thurman Noche
- Sandra Delarosa
- Patty Hamit Arvizu
- Mamie Gathard
- Ryan Hamit
- Ruthie Benjamin
- Etta Assuman

#### Community Service Providers:

- Quest Center for Integrative Health
- Portland Police Bureau
- Local Public Safety Coordinating Council (LPSCC)
- Central City Concern
- New Narrative
- Lifeworks Northwest

#### **June Elections for Executive Committee**

Below are the nominees for the upcoming June election for the Executive Committee:

- Co-Chair: Michael Thurman Noche
- Community Liaison: Barb Rainish
- Membership Liaison: Robert Thurman Noche
- One Year Term: Ryan Hamit
- Two Year Term: Mamie Gathard
- Two Year Term: Ruthie Benjamin

\*Ballot to be shared with the group after the meeting via email by Lynn.

5/5/2021 BHAC Meeting Minutes

	Follow-Up on Proposed By-Law Changes	
	Review of suggested changes to the BHAC By-Law as well as the feedback from the	
	the group:	
	<ul> <li>Change the current requirement of attendance at 3 meetings prior to</li> </ul>	
	nomination for election to the Council to 2 meetings	
	■ Feedback: Would 2 meetings give the individual enough experience to	
	make an informed decision and make a commitment to the work of	
	the Council? Attending more meetings gives the individual more	
	context, history and orientation to the group	
	■ Feedback: Reducing the requirement to 2 meetings would make it	
	more accessible	
	<ul> <li>Combine the categories of consumer/peer (currently 11 positions) with</li> </ul>	
	family/advocate (currently 6 positions). At least 11 of the 17 positions will be	
	held by consumers/peers with lived experience and consumers/peers with	
	lived experience who also may identify as advocates	
	■ <b>Definition of Consumer/Peer</b> : Person who identifies as having lived	
	experience and is receiving, or has received services for a mental	
	health condition or substance use disorder; A Peer supports people	
	with similar lived experience	
	■ <b>Definition of Advocate</b> : Person who may or may not have lived	
	experience as a consumer, and works to support the voices of	
	individuals with mental health conditions or substance use disorders.	
	This may include family members of individuals with behavioral health	
	challenges. Examples may include, but are not limited to, activities to	
	build awareness, reduce stigma, defend rights and improve services	
	based on consumer choice	
	ACTION: Lynn to send out the proposed changes to the By-Law via email and to	
	include the clarified definition of Consumer/Peer and Advocates	
Local Implementation Plan Presentation	Local Implementation Plan Presentation:	
Cristal Otero, Julie Bollerman, Nui Bezaire	The goal for this presentation is to provide an update of the implementation of the  Matra Supporting Hayring Capitage Branches	
	Metro Supportive Housing Services Program	
	A funding source for Metro in all 3 counties: Clackamas, Washington and  Multiportal with the lead antity for	
	Multnomah, where the Joint Office of Homeless Services is the lead entity for	

Multnomah County

- The Metro Engagement plan has reached the final approval necessary by the Metro Council this past month (April)
  - Currently working with Metro to established the regional and intergovernmental agreements for the launch of the implementation of the plan by July 1, 2021
- The 3 Local Implementation Plans are aligned across all 3 counties involved both in terms of regional coordination and the investment priorities (listed below)
  - Homeless system infrastructure investments
  - CBO capacity building
  - Expansion of culturally specific providers and services
  - o Data, evaluation and quality improvement
  - Outreach and navigation service expansions
  - Short and Long-term rental assistance
  - Shelter and other temporary housing
  - Wrap-around services with an emphasis
- Tri-County Coordination involves working with the leads in the other counties focusing on 3 main areas: Data, Capacity and Program
  - o Summary of the 3 areas of focus:
    - Data: highlighting regional HMIS implementation to be able to track the clients that are being served; establishing a report system for the metrics identified by Metro; cross-system data sharing
    - Capacity: all 3 counties are establishing ways to increase capacity, especially for the culturally specific services and for the general service needs
    - Programs: some programs will be regionally specific and coordination will be key for these processes
- Information on the Regional Long-Term Rental Assistance (RLRA) Program:
  - Long-term Rent Assistance is a significant component of the Metro Supportive Housing Services program:
    - Builds on existing policies developed by Home Forward, Multnomah County, and service providers.
    - Policies developed by a regional workgroup incorporating feedback from over 110 stakeholders, primarily through a

digital survey.

- Especially focused on low-barrier programming & equitable outcomes for communities most impacted by homelessness and restricted from housing opportunities.
- Policies developed with flexibility to address changing needs and lessons learned over time.
- These priorities have been approved by all 3 counties to assure they align with the values of each county
- The Joint Office planning for the second phase of the implementation, which focuses on consolidating what is written the Local Implementation Plan and what needs to be implemented this upcoming fiscal year
  - Currently working on coordinating with county departments, ability to understand the common clients are throughout the aunties, expansion of culturally specific providers, expansion of supportive housing and operationalizing the metrics identified by this program
- Supporting Housing Services Year 1 requested budget for the plan:
  - THe budget will be increased overtime in alignments with the pressing needs to are seen the community and from the clients being served
  - o The different funding sources are:
    - COVID-19 Funds
    - SHS Measure Funds
    - State/Federal Funds
    - County Funds
    - City Funds
- The Metro Supportive Housing Services budget request specific to Multnomah County's prioritize,
  - Creating the foundation needed to significantly expand services and housing in the Multnomah County system; meaning foundational work in data, administration and staff resourcing
  - Finalize strategic limited-duration investments in response to immediate COVID-19 related crisis in cased of lack of federal funding
  - Expanding behavioral health services
- Related to Supportive Housing Services, the goals is to scale up to 800 new housing opportunities over the course of the first year

- Additional, Joint Office to expand short-term rental assistance with the intent of prevention, especially for individuals on the verge of homelessness and/or experiencing homelessness
- Goal/Plans specific to behavioral health include,
  - Permanent Supportive Housing with behavioral health focus intending to serve 130 clients
  - The CHOICE program's Supported Emergency Motel Shelter intending to serve 100 clients (short term-housing)
  - Stabilization Treatment Program: CSP Shelter and Treatment intending to serve 80 clients
  - ABC Program's CSP Treatment Support Services intending to serve 300 clients (short term-housing)
  - Navigation Outreach to assist clients with finding housing with a behavioral health focus, intending to serve 1,500 client
- Intentions to use funding to expand Outreach and Shelter for the following:
  - Non-congregate motel shelter operations
  - Alternative shelter: capital and operations
  - Behavioral health shelters and transitional housing
  - o Shelter capital for things such as acquisition, development, etc.
  - o Outreach with navigation, medical care, treatment, and assessment
- For the first year, the requested system capacity increase proposal include,
  - Supportive Housing -- 655 additional served
  - o RRH and Prevention -- 1520 additional served
  - o Shelter -- Up to 420 beds
  - Outreach -- 1800+ additional served
- As of now, it is forecasted that half the requested funds will be received; reasons for the amount is due to the pandemic and this being the first year of tax collections
- To plan ahead for the deficit, more funding/resources is being request from providers, jurisdictional partners and the Joint Office (increasing capacity)

#### Question & Answer:

- Where are the peers in all of this? This is a request for there to be peers at the table or to "call it out" if there are none
  - Ans: Peers are included in the program offer for the requested budget; Peers

to be called out in outreach and sheltering services

- Regarding the metrics, how is success determined?
  - Ans: The metrics are identified by Metro and are mostly focused on housing outcomes. There will be a focus group to discuss and determine additional local metrics for Multnomah County
- How is the "number served" determined by the team? It is unsure of whether we are discussing units, rooms, beds, etc.,
  - Ans: The numbers are to illustrate added capacity and inventory of the units or beds
- Who is on the Data team? Are you taking data in different languages and cultural perspectives? And if the data surprises you, are you willing to pivot?
  - Ans: The team includes the data leads of each county, which is a group that
    is envisioned to change based on the work of focus. This is a new team on a
    regional level so the charter and identifying team members is to be
    determined
    - Oversight committee to oversee the progress of the data collection and will be working to establish advisory body for the committee
    - The data decisions are not being done in the Data team, they are there just to collect the needed data
  - Ans: As for the languages, that might be done with the data itself, but the team is developing a strategy around languages overall not only for data but also for developed plans
- The 800 supportive housing are meant to address a very specific segment of the total counted population. The assumption is that everyone will need the longest rent assistance but there are those dealing with chronic homelessness that will need the services.
- Using the 2019 Point In Time Count in the Portland area which is 4000 homeless individuals. Will meet the unmet need of these houseless individuals be decreased by a third. Is this a correct assumption?
  - Ans: More about the 2,000 unit strategy can be found in this 2018 report: Scaling Smart Resources, Doing What Works: A System-level Path to producing 2,000 units of Supportive Housing in Portland and Multnomah County - follow this link:

https://static1.squarespace.com/static/566631e8c21b864679fff4de/t/5b97e85

	d898583c10adab079/1536682086265/CSH+Supportive+Housing+Report_Sept7_FINAL.pdf	
	<ul> <li>Will the Joint Office be using some of the funds to assist individuals and families that will be impacted by the lift of the rent memorandum?</li> </ul>	
	<ul> <li>Yes, that is possible by using some of the COVID-19 Relief fund allocated for that</li> </ul>	
Director's Office Update/OCE Update Julie, Lynn, Deandre, LaKeesha	<ul> <li>OCE Updates:         <ul> <li>LaKeesha has received the Home-Grown Oregon Peer of the Year Award for all her work in the community</li> <li>The proclamation for Mental Health Month to take place at the BOCC on May 27th, 2021</li> <li>Regarding the next steps for the BHRC, OCE has meet with the Commissioners individually around the facilities and the programs to be held on the BHRC</li> </ul> </li> <li>Director's Office Update:         <ul> <li>Current priorities for the Director's Office is the budget.</li> <li>The Behavioral Health Division's budget will be presented as part of the Health Department's Budget. The presentation is scheduled for May 12, 2012 at 9 am</li> <li>There are no reductions to the budget for BHD and there will be an increase due to a</li> </ul> </li> </ul>	
	<ul> <li>modification by the state, specifically around Aid and Assist</li> <li>The Addictions Benefit Team is being revamped with an addition of staff members</li> <li>Moving on the plans for the BHRC; facility presentation to be share with the Board of County Commissioners this upcoming Thursday (5/13/21)</li> </ul>	
Adjournment Next meeting: June 2nd, 2021		