

PARENTING TIME

Resources for developing parenting plans and schedules for children.

BIRTH THROUGH THREE

Prepared by Family Court Services

A guide for parents creating parenting plans for young children. Includes information on early development and sample schedules.



English & Spanish versions available on the Family Court Services website under 'Parenting Plans':
<http://web.multco.us/dcj/fcs>

SECOND CHANCES

Presented by Family Court Services

A guidebook for parents wishing to reunite with their children after an extended absence or loss of contact.



English & Spanish versions available on the Family Court Services website under 'Mediation and Resolving Conflicts': <http://web.multco.us/dcj/fcs>

PLANNING FOR PARENTING TIME

**Developed by the
Arizona Supreme Court**

Arizona's Guide for Parents Living Apart offers a thorough guide for making multiple parenting time decisions:

- Sample plans based on Child Development
- Holidays, Vacations & School Breaks
- Long Distance Parenting & Relocation
- Special Issues, including Safety Concerns

English & Spanish versions available on the Family Court Services website under 'Parenting Plans':
<http://web.multco.us/dcj/fcs>

SAMPLE PARENTING SCHEDULES

**Presented through the
Oregon Judicial Department**
Sample Parenting Time Schedules for:

- Birth to 3 years
- 3 to 5 years
- 6 to 12 years
- 13-18 years
- Safety-Focused Schedules

English & Spanish versions available on the Family Court Services website under 'Parenting Plans' then 'Basic Parenting Plan Guide':
<http://web.multco.us/dcj/fcs>

SAFETY FOCUSED PARENTING TIME GUIDE

Developed by the Oregon Judicial Department

Options to consider when child safety is a concern.

English & Spanish versions are available on the OJD Website. Click 'Children & Families' on center of page, then 'Parenting Plans' on the left column: <http://www.courts.oregon.gov/programs/family>

Parenting Time resources and information may also be found at Family Court Services:

**Family Court Services
Multnomah County Courthouse, Room 3400
1200 SW First Avenue
Portland, OR 97204
Phone (503) 988-3189**