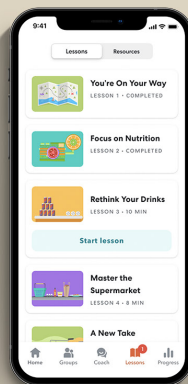


Shift your mindset, *change* your health



Whatever 'healthy' means to you, Omada® helps you get there.
All at no cost to you.

What you get with Omada:

- ✓ A plan built around you
- ✓ Dedicated health coach & care team
- ✓ All the smart health devices you need

Do what works for you

Find healthy habits and routines that work for you—
motivation included.

24/7 access to support

Get all the tools you need to face any challenge
head-on.

You decide what 'healthy' means

Try new things you actually enjoy.

The best part? It's covered.

If you or the adult family members are enrolled in the
Kaiser Permanente health plan and have been diagnosed
with prediabetes, the Omada program is included in your
benefits.

With Omada, there's
a program for you



Pre-diabetes