

# 2023 Monthly HBI Calendar



Healthy Birth Initiatives

(503)988-3387

Healthy.Birth@multco.us

Join us for our weekly  
and monthly classes  
and activities.

## Childbirth Education Class

EVERY MONDAY AT 6PM  
EXCEPT HOLIDAYS AND 5TH MONDAYS



## Prenatal Education Class

EVERY TUESDAY AT 3PM  
EXCEPT HOLIDAYS AND 5TH TUESDAYS



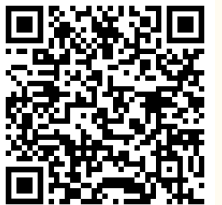
## Let that Dad Speak!

EVERY 2ND TUESDAY AT 6PM



## Parent Meet Up

EVERY 1ST WEDNESDAY AT 11:30AM



## Community Action Network

EVERY 3RD WEDNESDAY AT 6PM  
EXCEPT AUGUST & DECEMBER



## Dad Talk

EVERY 3RD THURSDAY AT 6PM  
EXCEPT AUGUST & DECEMBER

