

**Department:** Health Department      **Program Contact:** Yolanda Gonzalez  
**Program Offer Type:** Existing Operating Program      **Program Offer Stage:** As Proposed  
**Related Programs:**  
**Program Characteristics:**

**Executive Summary**

The Early Assessment and Support Alliance (EASA) is an early psychosis intervention program addressing the needs of young people aged 12 to 25 who demonstrate initial symptoms of psychosis or are found to be at high risk for developing psychosis. The goal of the program is to develop a long-term recovery and support plan. EASA is a two-year program that offers formal mental health treatment services, educational support, employment support, and involves the young person's family and their other supports in treatment. The program receives and screens approximately 200 referrals per year and provides services to over 100 individuals each year. In FY21, 36 percent of the population served in EASA identified as people of color, 60 percent while and 4 percent as unknown or not provided.

**Program Summary**

EASA is an evidence-based and fidelity-based model resulting from 14 years of research that demonstrates early intervention and immediate access to treatment can directly reduce psychiatric hospitalization rates and the long term debilitating consequences of psychosis. The EASA fidelity-based model helps young people impacted by psychosis develop long-term recovery plans.

The multidisciplinary team approach and program activities and services are designed to meet the fidelity standards of the model as required by the state. The team includes both a child/adolescent and an adult psychiatrist, mental health consultants, a peer support specialist, employment specialists, an occupational therapist, and a nurse. The team has been formed to include linguistically and culturally specific consultants to reflect the population served.

Treatment is community-based and consists of services tailored to meet the unique needs of each client. Clients are matched with a psychiatrist and a mental health consultant based on age, personal preferences, and cultural needs. Clients can choose from any of the following services to support their unique goals and needs: medication management, case management, support for employment, psychiatric nursing services, peer support, occupational therapy assessment and intervention, multi-family group, individual and/or family psychotherapy, psychoeducation, and social skills building groups.

**Performance Measures**

| Measure Type | Primary Measure  | FY21 Actual | FY22 Budgeted | FY22 Estimate | FY23 Offer |
|--------------|--|-------------|---------------|---------------|------------|
| Output       | Total individuals enrolled in the EASA program receiving ongoing services                      | 131         | 132           | 130           | 130        |
| Outcome      | % reduction in hospitalization rate three months pre and 6 months post enrollment <sup>1</sup> | 92%         | 85%           | 93%           | 85%        |
| Output       | Number of unduplicated individuals referred to the EASA program                                | 214         | 200           | 215           | 200        |

**Performance Measures Descriptions**

<sup>1</sup> This measure compares the hospitalization rate for the three months prior to services with the rate for the 6 months post EASA service enrollment which is an indication of the stabilization of the individual

## Legal / Contractual Obligation

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Addictions and Mental Health Services.

## Revenue/Expense Detail

|                         | Adopted<br>General Fund | Adopted<br>Other Funds | Proposed<br>General Fund | Proposed<br>Other Funds |
|-------------------------|-------------------------|------------------------|--------------------------|-------------------------|
| <b>Program Expenses</b> | <b>2022</b>             | <b>2022</b>            | <b>2023</b>              | <b>2023</b>             |
| Personnel               | \$247,406               | \$1,551,321            | \$348,848                | \$1,546,702             |
| Contractual Services    | \$0                     | \$169,460              | \$24,498                 | \$175,460               |
| Materials & Supplies    | \$51                    | \$9,221                | \$51                     | \$12,221                |
| Internal Services       | \$1,574                 | \$252,925              | \$9,525                  | \$269,149               |
| <b>Total GF/non-GF</b>  | <b>\$249,031</b>        | <b>\$1,982,927</b>     | <b>\$382,922</b>         | <b>\$2,003,532</b>      |
| <b>Program Total:</b>   | <b>\$2,231,958</b>      |                        | <b>\$2,386,454</b>       |                         |
| <b>Program FTE</b>      | 1.15                    | 11.70                  | 2.10                     | 10.75                   |

| <b>Program Revenues</b> |            |                    |            |                    |
|-------------------------|------------|--------------------|------------|--------------------|
| Intergovernmental       | \$0        | \$1,560,812        | \$0        | \$1,560,812        |
| Service Charges         | \$0        | \$422,115          | \$0        | \$442,720          |
| <b>Total Revenue</b>    | <b>\$0</b> | <b>\$1,982,927</b> | <b>\$0</b> | <b>\$2,003,532</b> |

## Explanation of Revenues

This program generates \$18,296 in indirect revenues.

\$ 432,720 - Fee For Service Insurance Receipts

\$ 10,000 - State Vocational Rehabilitation Award

\$ 1,324,668 - State Mental Health Grant based on 2021 IGA with State of Oregon

\$ 226,020 - SMHG MHS 38

\$ 10,124 - State Community Mental Block Grant

## Significant Program Changes

Last Year this program was: FY 2022: 40078 Early Assessment & Support Alliance