

# Community Involvement Committee

## **Recovery Subcommittee**

Dec. 16th, 4pm-5:30pm
Virtual Meeting
Zoom

#### **SUBCOMMITTEE MEETING AGENDA**

CIC	The Multnomah County Community Involvement Committee serves as
Purpose	the county's advisory body on community involvement and engagement.

Time	Agenda Item
4:00-4:10	Introductions & Review Agenda
4:10-4:40	GUEST: Office of Consumer Engagement, Behavioral Health
4:40-4:50	Discussion of guest
4:50-5:20	Continued Brainstorming around topic - Questions to learn about/Research plan - Guest speakers?
5:20-5:30	<ul> <li>Closing &amp; Next Steps:</li> <li>What is important to discuss during the next meeting to keep the subcommittee's work moving forward?</li> <li>Confirm meeting time/date - hybrid or zoom (do we want to vote online? Send online scheduler) <ul> <li>Let;s review the future holiday dates! And move them.</li> <li>What went well? What can be improved for next time?</li> <li>Any CIC appreciations or accomplishments to share?</li> </ul> </li> </ul>

## **Community Agreements FY25**

- Acknowledge intent, address impact Call each other in
- Listen to understand; pause; think intentionally about what you want to say before sharing
- What is said here stays, what is learned here leaves
- Speak from your own experience and prioritize using "I" statements
- Consider earned/unearned privileges that inform lived experiences
- Be willing to make mistakes and be accountable for missteps
- Move up, move back elevate your participation, elevate your reflection
- Accept and make space for different participation levels and styles
- Allow time between speakers and topics, to allow everyone to process and participate. It is never too late to share a thought!
- Take breaks and prioritize what you need to be fully present
- Celebrate accomplishments
- Discuss ideas not people: dialogue not debate

### **Meeting Expectations**

- Come to meetings prepared to participate
- Consider and reflect upon the team agreements before meetings
- Incorporate time into meetings for reflection and additional comments
- Please let the Committee know if you will not be able to attend CIC meetings (it is assumed that Committee members will attend meetings unless they say otherwise).