

Department: County Human Services **Program Contact:** Erin Grahek
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics:

Executive Summary

The Nutrition Program provides meals to older adults, people with disabilities, and Veterans who may be at nutritional risk. The program meets diverse needs and expectations. Nutrition services increase health and reduce social isolation. The program uses culturally responsive and culturally specific services. These services help maintain participants' independence and improve their quality of life. A network of community partners provides nutrition education and nutritious meals.

Program Summary

ISSUE: Participants from diverse communities report they need more affordable food and access to culturally specific meals.

PROGRAM GOAL: The Nutrition Program provides meals to older adults, people with disabilities, and Veterans who may be at nutritional risk. The goal is to help them stay in their homes. A nutrition risk assessment measures this risk. This program gives access to healthy meals. Healthy meals prevent disease, improve nutritional status, and reduce social isolation. The program also links people to community-based services.

PROGRAM ACTIVITY: ADVSD provides funding to community partners to provide nutrition education and nutritious meals. Meals are both home-delivered and available at dining sites. These meals meet the tastes of diverse participants. The program serves people with the greatest social and economic need. Nutrition services pays special attention to isolated, low-income, minority, and limited English participants. In FY 2021, 47% of participants said they were an ethnic or racial minority. Providers are culturally responsive to the priorities and challenges facing diverse communities. The COVID-19 pandemic closed in person meal sites and partners have moved to home-delivered meals. ADVSD increased funding to culturally specific communities harder hit by COVID-19. Culturally specific providers maximize funds and community impact by using culturally specific restaurants and stores when possible. This increases the economic wellbeing of the communities that support culturally specific elders. ADVSD uses a dietitian to review menus and follow nutrition guidelines.

Performance Measures

Measure Type	Primary Measure	FY21 Actual	FY22 Budgeted	FY22 Estimate	FY23 Offer
Output	Number of meals served	652,793	526,000	591,618	592,000
Outcome	Percent of high nutritional risk participants who experienced an improvement in their annual risk score	46%	31%	48%	45%
Output	Percent of meals through culturally specific services	19%	12%	19%	19%
Outcome	Percent of home-delivered meal participants satisfied or very satisfied with nutritional services	95%	92%	95%	92%

Performance Measures Descriptions

Legal / Contractual Obligation

Multnomah County ADVSD has a contract with the Oregon Department of Human Services to administer programs under the Federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2022	2022	2023	2023
Personnel	\$0	\$128,986	\$0	\$69,653
Contractual Services	\$487,403	\$1,685,605	\$659,770	\$1,730,694
Materials & Supplies	\$2,000	\$3,738	\$2,000	\$3,786
Internal Services	\$1,070	\$12,358	\$0	\$6,112
Total GF/non-GF	\$490,473	\$1,830,687	\$661,770	\$1,810,245
Program Total:	\$2,321,160		\$2,472,015	
Program FTE	0.00	1.00	0.00	0.50

Program Revenues				
Intergovernmental	\$0	\$1,830,687	\$0	\$1,810,245
Total Revenue	\$0	\$1,830,687	\$0	\$1,810,245

Explanation of Revenues

\$725,889 – Title IIIC-2 (OAA – Home Meals)
\$565,520 – Title IIIC-1 (OAA – Congregate Meals)
\$360,261 – U.S. Department of Agriculture
\$79,551 – Title IIIB (OAA – Supportive Services)
\$79,024 – PWD OPI Pilot Project

Significant Program Changes

Last Year this program was: FY 2022: 25033 ADVSD Nutrition Program

In FY 2023, this program offer decreases by 0.50 FTE. The decrease is due to 0.50 FTE of an existing 1.00 FTE position moving to program offer ADVSD Advocacy & Community Program Operations (25038). The position remains 1.00 FTE, but will be split between the two program offers.