



2021-2025 Area Plan Year 1 Update

Aging Services Advisory Council &
Disability Services Advisory Council
July 14, 2022

Department of
County Human Services

Common Acronyms

ASAC - Aging Services Advisory Council

DSAC - Disability Services Advisory Council

ADVSD - Aging, Disability and Veterans Services Division

CS - Culturally Specific

CR - Culturally Responsive

DC - District Center

EE - Enhancing Equity Partner



Common Acronyms and Definitions

CGF - County General Fund

DCHS - Department of County Human Services

APD - Oregon Aging and People with Disabilities

FY 22 - Fiscal year 2022 (July 1, 2021 - June 30, 2022)

Encounter - A connection with a community member by phone, email, text or in person.



Our Time Together Today

- Reorient ASAC and DSAC members to the 2021- 2025 Area Plan
- Updates - Issue, key actions and budget
- Review revised assurances
- Collect and answer questions



Area Plan

- Area Agency on Aging requirement per Older Americans Act
- Focus areas and format determined by the State of Oregon - Community Services and Supports Unit
- Describes local region, needs and services
- The plan will be in action July 2021 - June 30, 2025.



Area Plan

- Strategic plan to enhance and improve services for older adults, their families and the community.
- Updated annually
- The Update is shared with ASAC and DSAC in their role as the Steering Committee for the Area Plan.
- ASAC and DSAC – by consensus – accept or reject the the update and revised assurances



Culturally Responsive*

Services that are respectful of, and relevant to, the beliefs, practices, culture and linguistic needs of diverse populations and communities, whose members identify as having particular cultural or linguistic affiliations because of their place of birth, ancestry or ethnic origin, preferred language or language spoken at home.



Culturally Specific

These services and programs are designed and continually shaped by community input to exist without the barriers present in dominant culture services or organizations.

Culturally specific services are informed by a specific community's language, cultural constructs, institutions, experiences with racism and intergenerational trauma and social mores to create an environment of belonging and safety, in which individuals can thrive.



Contracted Services – Enhancing Equity

Enhancing Equity contractors focus on the needs of a particular cultural, racial and/or ethnic group in the entire County and provide services chosen from a menu of possibilities, based on community need and organizational capacity.



Contracted Services – District Centers

District Center contractors serve as the community hub for senior services in a specific geographic area and provide a required mix of services.



Information and Referral/Assistance

Program Objective

Provides information to Older Adults, Elders, and their families about services and resources available in the community and benefits for which they may be eligible. I&R staff make referrals to organizations capable of meeting those needs.

What does that mean?

Community members can get information, assistance and referrals in person at centers, by phone, email or text in their own language.



Update: I & R/A

Highlight

Beginning in January, ADRC was able to screen older adults and people with disabilities for cash resources using ARPA (American Rescue Plan Act) funds.

Challenge

Ongoing COVID Pandemic - District Centers and EE programs necessarily delayed opening in person. More community members expressing experiencing isolation and loneliness.



FY22: Information and Referral

Total # of contacts: 34,986

Contacts handled by ADVSD ADRC - 16,768 (48%)

Contacts handled by Culturally Specific Programs - 9,980 (28.5%)

Contacts handled by Culturally Responsive Programs - 8,238 (23.5%)

Total People Receiving I&R Services - 16,791



C-1 Information and Referral

Total Program Budget -

- Base budget: \$3,860,365

Contracting Break down (annual amount) (percentage or total dollars?)

- Culturally Specific Programs - \$495,183 (36%)
- Culturally Responsive - \$862,141 (64%)

[Program Offer 25032](#)



Update - Information and Referral

Transportation

- Total Scheduling and Coordination - 3,622 encounters
 - Enhancing Equity - 2,487
 - District Centers - 878
 - OPI expansion - 257

- Dollars supporting transportation (**Hop** and LIFT)
 - Culturally Responsive - \$29,616
 - Enhancing Equity - \$38,575



Update - Information and Referral

Transportation

DC: Community for Positive Aging [formerly Hollywood Sr Ctr], IMPACT NW, IRCO, and Friendly House

EE: Asian Health Service Center, El Programa, IRCO (EE), YWCA (EC), and FH-SAGE



Update: I&R/A

Refer to C-1: Information and Assistance



Nutrition Services

Program Objective

Provide culturally appropriate meals and nutrition education to Older Adults in congregate settings and to those who are homebound.

What does the program do?

Provides meals at District Centers, Enhancing Equity Programs, home delivered meals and food boxes.



Update: Nutrition Services

Highlight

El Programa Hispano got creative with their approach and collaborated with a local culturally specific grocery store so clients could shop for specific groceries to supplement their home delivered meals. The grocery store kept a “tab” and invoiced EP



Update: Nutrition Services

Challenge

Asian Health and Service Center (AHSC) clients have not felt safe receiving home delivered meals. AHSC provided meal box kits for them to prepare at home. The transition back to congregate program will be challenging as clients in this community express reservations about meeting in public or receiving prepared meals.



FY 22: Nutrition Services

Total People Served - 4,416

Culturally Specific Programs

- People Served - 1,680
- Meals served - 85,239

Culturally Responsive Programs

- People Served - 2,770
- Meals served - 419,425



FY 22 Budget: Nutrition Services

Total Program Budget -

- Base budget \$2,406,613
- Please add ARPA and Cares Act Funding
- ARPA and Cares Act Funding to CS orgs
- ARPA = \$1,062,588 - no CARES in Nutrition in FY22

Contracting Break down

- Culturally Specific Programs - \$ 694,498.00 (31%)
- Culturally Responsive Programs - \$ 1,563,963.00 (69%)

[PO 25033](#)



Update: Nutrition Services

Refer to C-2: Nutrition Goals



Update: Health Promotion

Program Objective

Programs to empower older persons to adopt healthy behaviors, improve health status, and better manage chronic conditions.

What does the program do?

Funds classes via DC and EEs to improve health and manage health conditions.



Update: Health Promotion

Highlight/Challenge

- + Partners were able to resume some in person classes and use their funding for flexible programming to best meet the needs of their communities
- Ongoing challenges of enrollment and participation due to COVID precautions and hesitancy.



Update: Health Promotion

Classes offered

- Living Well with Chronic Conditions
- Arthritis Foundation Exercise Program
- Tai Chi For Better Balance
- Walk With Ease
- Living Well with Diabetes
- Indian Health Diabetes Prevention Program
- PEARLS



Update: Health Promotion

Total People Served - 86

- People Served by Culturally Specific Programs - 77
- People Served Culturally Responsive Programs - 9

Total contracted partners - 9

- Culturally Specific Providers: 6
- Culturally Responsive Providers - 3



FY 22: Health Promotion

Total Program Budget -

- Base budget \$575,027

Contracting Breakdown

- Culturally Specific Programs - \$ 24,376.00 (29%)
- Culturally Responsive Programs - \$ 60,766.00 (71%)

[Program Offer budget here for FY22](#)



Update: Health Promotion

Refer to C-3: Health Promotion



Update: Family Caregiver Support

Program Objective

Assist people caring for a person age 60 or over, and caregivers for people of any age caring for a person with Alzheimer's or another dementia. The program tells the caregiver about classes and ways to make caregiving easier. It also provided support to Caregivers (55+) for children and adults with disabilities.

What does the program do?

Services that support and can take some of the burdens off of unpaid caregivers.



Update: Family Caregiver

Highlight

Expanding relationships with EE partners.

Connecting to Case Managers at Asian Health and Services Center to increase requests and utilization for Family Caregiver Grants.

Expanding the types of grants to meet community needs, such as gift cards.

Memory cafe up and going again in person, in over two years.



Update: Family Caregiver

Challenges

Barriers to our Purchase Order process for Family Caregivers shopping

Getting the grants into the hands of underserved communities

Getting respite providers through agencies especially during the pandemic. Respite is hard to staff in FCSP.



FY22: Family Caregiver Support

Total People Served - 247

Culturally Specific Programs

- Case Management - 44

Culturally Responsive Programs

- Case Management - 196



FY22: Family Caregiver Support

Respite grants given - 218

Total grants - To be provided



FY 22: Family Caregiver Support

Total Program Budget -

- Base budget \$503,418

Contracting Break down for Case Management

- Culturally Specific Programs - \$359,189 (86%)
- Culturally Responsive Programs - \$57,499 (14%)

[Program Offer here](#)



Update: Family Caregiver Support

Refer to C-4: Family Caregiver



Update: Legal Assistance and Elder Rights

Program Objective

Provide access to 30 minutes of free legal consultation with an lawyer on a variety topics/civil matters to people 60+.

What does the program do?

Allows older adults to meet with an attorney about civil legal issues at their Senior Center.

Free or low cost representation or further legal assistance may be available (for people who meet the income guidelines). Referral to other legal representation if available.



FY22: Legal Assistance and Elder Rights

Total People Served - 319 unduplicated clients (July 2021 - April 2022)

Hours Provided (average) - 750



Update: Legal Assistance and Elder Rights

Highlights

More hours of legal consultation being delivered.

Challenges

Finding pro bono attorneys - BIPOC, Bilingual.



FY22: Legal Assistance and Elder Rights

Total Program Budget -

- Base budget - \$58,332 total

Funding by source:

\$26,003 CGF

\$32,329 IIIB

All funds go to Legal Services of Oregon - they are the sole provider of this service.



Update: Legal Assistance and Elder Rights

Refer to C-5: Legal Assistance and Elder Rights



Update: Older Native Americans and Elders

Older Native Americans are a priority population designated by the Older Americans Act. Each AAA is directed to dedicate support and funding to support the wellbeing of Older Native Americans and Elders



Update: Older Native Americans and Elders

Total People Served - 131

People Served by Culturally Specific Programs - 54

People Served Culturally Responsive Programs - 80



Update: Older Native Americans and Elders

Highlights

NAYA was able to increase their nutrition program and serve many more Elders with healthy and nutritious meals and even extended this to their whole household at the beginning of the pandemic when elders needed to isolate themselves in their homes.

NARA was able to configure their staffing in a way to provide OAA CM services and hope to increase their case management services and capacity in the future which increased the reach of our services to Native elders.



Update: Older Native Americans and Elders

Challenges

NARA: With the pandemic, not able to do the weekly gatherings of the Pi Nee Waus elders outreach group and elders have felt more socially isolated.

Tribal Navigator



FY22: Older Native Americans

Total Program Budget -

- Base budget \$226,107 (combined NAYA and NARA)
- ARPA added in FY22 - \$151,082 (NAYA)
- CARES ACT added in FY22 - \$21,582 (NARA and NAYA)



FY22: Older Native Americans

Native American Rehabilitation Association (NARA)

- Evidence Based Health Promotion (EBHP) - \$5,2540
- Enhancing Equity Program Services - \$59,947

Native American Youth and Family Center (NAYA)

- Evidence Based Health Promotion (EBHP) - \$4,100
- Enhancing Equity Program Services - \$152,110



Update: Older Native Americans

Refer to C-6: Older Native Americans



Update: The Care of Transgender, Nonbinary Older Adults and Two Spirit Elders

In the 21-25 Area Plan ADVSD prioritized looking into the experience of Older Adults who are Transgender and Nonbinary and Two-Spirit Elders.



FY 22: The Care of Transgender, Nonbinary Older Adults and Two Spirit Elders

Contracting Break down Culturally Specific Programs - \$283,633

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|------------------------------------|---------------|---------------|
| ECUMENICAL MINISTRIES OF OREGON | 153444 | 153444 |
| Friendly House/SAGE Metro Portland | 109679 | 109679 |
| LGBTQ COMMUNITY CENTER FUND | 8945 | 8945 |
| Q CENTER | 10189 | 10189 |
| Q CENTER (EBHP) | 1376 | 1376 |
| Grand Total | 283633 | 283633 |



Update: The Care of Transgender, Nonbinary Older Adults and Two Spirit Elders

Refer to C-7: The Care of Transgender, Nonbinary Older Adults and Two Spirit Elders

