

**Multnomah County
Behavioral Health Division
Behavioral Health Advisory Council Meeting
February 1, 2023**



Community Representatives	Public Service Representatives	Staff	Guests
<input checked="" type="checkbox"/> Barb. Rainish <input checked="" type="checkbox"/> Etta Assuman <input type="checkbox"/> John Williams <input checked="" type="checkbox"/> Joni Scheib <input checked="" type="checkbox"/> June Howard Johnson <input checked="" type="checkbox"/> Katrina Malachowski <input type="checkbox"/> Kevin Fitts <input checked="" type="checkbox"/> Laura Bueford <input checked="" type="checkbox"/> Mamie Gathard <input checked="" type="checkbox"/> Patty Hamit Arvizu <input checked="" type="checkbox"/> Robert Fentress <input checked="" type="checkbox"/> Ruthie Benjamin <input checked="" type="checkbox"/> Ryan Hamit <input type="checkbox"/> Sandi Delarosa <input type="checkbox"/> vacant <input type="checkbox"/> vacant <input type="checkbox"/> vacant	<input checked="" type="checkbox"/> Cascadia Behavioral Healthcare Dave Kohler <input checked="" type="checkbox"/> Holistic Healing Behavioral Health Jamaica Imani Nelson <input checked="" type="checkbox"/> Lifeworks NW N Dunkle <input checked="" type="checkbox"/> Local Public Safety Coordinating Council Abbey Stamp <input checked="" type="checkbox"/> Lutheran Community Services Northwest Larry Jay Johnson <input checked="" type="checkbox"/> Multnomah County Sheriff's Office Nora Mains <input checked="" type="checkbox"/> NAMI Multnomah Kerri Melda <input type="checkbox"/> NARA NW Albie Lemos <input checked="" type="checkbox"/> New Narrative Jen Gantner <input type="checkbox"/> Portland Police Bureau Chris Burley <input checked="" type="checkbox"/> Quest Center Scott Moore <input type="checkbox"/> vacant	<input checked="" type="checkbox"/> Lynn Smith-Stott <input checked="" type="checkbox"/> Kelley Duron <input checked="" type="checkbox"/> Tom Bialozor <input checked="" type="checkbox"/> Heather Mirasol <input checked="" type="checkbox"/> Jenny Tsai	Jeremy Koehler, Healthshare Oregon Mary Avalon

Agenda Item	Discussion
<p>Welcome and Introductions Group Agreements Announcements</p> <p>Satisfaction Survey</p>	<p>Welcome and Introductions Group Agreements Announcements:</p> <ul style="list-style-type: none"> • Peerpocalypse: 6 scholarships (potential for more if cost-savings from hybrid participation). In-person at Seaside, May 8 - 11, 2023. Organized by MHAAO, with over 50 workshops on a variety of topics that promote peer development & connection. Scholarships are designated for people with lived experience on BHAC and Community Workgroup participants, with a preference for 1st time attendees, with no alternative funding, and members of culturally specific / population specific communities. Scholarships cover registration, hotel, meals, and transportation. Applications are due 2/22/23. • There was a reminder that winter shelters are open. • Dave shared that Molly Griggs has been hired as Cascadia's new director of peer services. • Tom expressed appreciation for Ebony Clarke who is leaving the county to join OHA. Valdez Bravo will serve as the interim Health Director. • Upcoming presentation Community Workgroup, February 17, 2023, 1-3pm, Robert Fentress, Freedom Road. <p>Satisfaction Survey Results</p> <p>80% of the responses were from members with lived behavioral health experience. Overall, members express a high level of satisfaction with the Council and the Division. There was general satisfaction with the presentations over the past year, including establishing group agreements, recognizing monthly awareness themes, and crisis system resources. There was less satisfaction with presentations on housing, budget and bylaws. Opportunities for improvement focused on the value of presentations, community resources, and more emphasis on acting in an advisory role to address system improvements.</p>
<p>Steering Committee and Leadership Training</p>	<p>Steering Committee and Leadership Training Update and Input opportunity</p> <p>The timeline was reviewed, to include monthly trainings in March, April and May. Trainings will focus on leadership development, including communication and challenging conversations, in addition to building skills in meeting facilitation. All BHAC members, BHRC Advisory Council members and Community Workgroup participants are encouraged to attend.</p>

	<p>The Council was asked for input on transitioning current Executive Committee members: The Steering Committee will include 5-7 members; 4 current Executive Committee members are ending their terms (Ryan, Barb., Ruthie, Mamie.) We have not previously discussed whether we intended to carry over the 2 remaining members (June, Laura) or start with a fresh slate with all current members eligible for election. The Council agreed that continuity would be helpful. There were no comments about starting with a fresh slate.</p> <p>Recruitment: The Steering Committee is open to community service providers with lived experience. There are pros and cons to holding a space for people with the exclusive lens of lived experience vs. a hybrid of professional and personal experience intended to help balance the agenda and better assure that all members find value in meeting participation. Professional experience can also support mentoring people in skill development with meeting facilitation. We hope to have a robust slate of people who are interested, which will allow the Council to vote on how they want to prioritize the personal and professional experience of Steering Committee members. Although it is currently unstated in the Bylaws, the assumption has been that similar to the Council itself, the majority of Steering Committee members will be drawn from those serving in elected positions for people with lived experience.</p> <p>Co-facilitation was not discussed due to running out of time for this agenda item, other than the suggestion that the Council elect Council Co-facilitators for continuity between meetings and building experience, while rotating facilitation on the Steering Committee and Community Workgroup since those groups are smaller, have different dynamics, and provide a more flexible learning opportunity.</p> <p>“Job descriptions” for Council members is a topic that will also be revisited at the next meeting.</p>
Holistic Healing Behavioral Healthcare Presentation	<p>Jamaica Imani-Nelson presented on the services provided at Holistic Healing Behavioral Healthcare. Jamaica’s professional journey began in 2009 with the realization that people were being released from the detention center outside of regular business hours, with nowhere to go. The lack of resources contributed to recidivism. More recently, with the onset of COVID, the behavioral health needs in Black/African American communities have become increasingly serious due to the increased prevalence of challenges and the holistic nature of societal system impact on behavioral health needs in Black/African American communities. There is a lack of access to culturally specific and culturally responsive services to address the disparities and basic needs that have come about</p>

	<p>as a result of generational racism. Holistic Healing provides comprehensive wraparound services to address these barriers, including practice-based evidence related to art, story-telling, song and love. The organization centers on the values of safety, respect and being trauma-informed according to the needs of the individuals they serve. Other members expressed deep appreciation for the work and would like to develop opportunities for further collaboration.</p>
Behavioral Health 2023 Visioning	<p>Heather facilitated a discussion on the priorities for 2023. Specific areas to be addressed include the voices of lived experience, culturally specific and peer delivered services, intersections with homelessness, the substance use system of care and behavioral health issues within the criminal justice system. The council is particularly interested in having more discussion about culturally specific and peer services. Next month we will go into more detail about existing services in order to better identify system gaps. There is also interest in any available data or outcome information that the county or CCO can provide. Specific mention was made of the need for CCC's Living Room program and concerns about changes in their services. It was also pointed out that we have an opportunity to increase the availability of peer services in collaboration with the BHRC.</p> <p>Tom shared a survey to get initial feedback from the council on these priorities. Lynn will follow-up with an email that includes the link for those who did not have an opportunity to participate. Results will be shared next month.</p>
Director's Office Updates	<p>The Division has been involved for the first time in the purchase of property to support housing needs for people with behavioral health challenges.</p> <p>The BHRC continues to serve about 1000 people each week between the hours of 8am - 8pm. Services include basic needs, showers, laundry and peer support. The shelter / bridge housing will open in the spring.</p>
Adjourn	Next meeting: March 1, 2023

