



Program #40080 - Community Based MH Services for Children & Families FY 2024 Proposed

Department: Health Department **Program Contact:** Yolanda Gonzalez
Program Offer Type: Existing **Program Offer Stage:** Proposed
Related Programs:
Program Characteristics:

Executive Summary

Community Based Mental Health for Children, Youth and Families provide critical safety net services from an equity lens to children and youth who are in need of culturally responsive mental health services. Evidence based, trauma-informed practices are used to deliver: family support, individual/group therapy, skill building and violence prevention services. Multnomah County is dedicated to providing behavioral health services to those impacted by gun violence and developed the Gun Violence Behavioral Health Response Team. This program provides resources to support a Mental Health Consultant to provide culturally specific mental health services to African American identified youth (age 10-18) and their families who are impacted by gun violence as well as provide outreach and education in the community.

Program Description

Multnomah County Community Based Mental Health offers a range of services for at risk youth includes: child abuse mental health services at CARES NW (Child Abuse Response and Evaluation Services North West) Multnomah Treatment Fund mental health services for under or uninsured children and violence prevention and mental health support for those impacted by gun violence.

Multnomah Treatment Fund contracts with mental health providers in the community to provide treatment to underserved children who need treatment services but have no insurance or are under insured. CARES NW is a child abuse evaluation center, mental health consultants provide trauma informed support and resources to children and their families. CARES mental health consultants work with children and their families, using culturally responsive practices, to mitigate and reduce the negative impact of trauma on long-term health, including mental health. Our CARES consultants have Knowledge Skills and Abilities focused on Spanish Language and African American Culture. County CARES consultants along with Legacy CARES consultants served over 300 families in FY22.

The Mental Health Consultant (MHC) for the Gun Violence Behavioral Health Response team provides a range of culturally relevant, evidence based mental health services for the African American community. The MHC utilizes lived experience and community informed practices to provide culturally specific mental health prevention support, mental health services, consultation, outreach and engagement. The MHC collaborates with community providers and internal county programs to provide consultation, education, outreach, and engagement and connection to mental health services. They assist with outreach to schools, colleges, emergency rooms, community services, health and social services providers and community meetings to share referral information and general education as it relates to community gun violence and behavioral health services. They will participate in specific outreach and engagement to African American clients and families who may have barriers to accessing responsive and culturally-informed behavioral health services. This role gathers community input around community needs and is responsive to those needs through advocacy and service.

Performance Measures

Measure Type	Primary Measure	FY22 Actual	FY23 Budgeted	FY23 Estimate	FY24 Offer
Output	Total children who receive Mental Health or Family Support Services at CARES NW from Mult Co staff	172	100	85	100
Outcome	ACORN Distribution of Patient Change reported by client/student as their perception of improvement ²	N/A	65%	65%	65%
Output	Total Multnomah County Children who received Behavioral Health service through African American KSA	N/A	20	15	20
Output	Total # of outreach/engagement activities attended/provided	N/A	15	36	15

Performance Measures Descriptions

¹The program model changed in FY22 where staff at the county and CARES NW now offer services to Multnomah County Clients. These #s include Multnomah county youth served by Multnomah County staff at CARES NW. There is an MHC vacancy at CARES NW which is being recruited for. ² African American consultants were hired after fiscal year FY22 so there is no data for FY22. ³ African American consultants were hired after fiscal year FY22 so there is no data for FY22.

Legal / Contractual Obligation

MTF Contracts with Lifeworks and Morrison.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2023	2023	2024	2024
Personnel	\$412,843	\$184,982	\$687,900	\$250,438
Contractual Services	\$0	\$301,319	\$0	\$0
Materials & Supplies	\$17,450	\$1,556	\$21,860	\$801
Internal Services	\$29,699	\$68,254	\$44,461	\$63,156
Total GF/non-GF	\$459,992	\$556,111	\$754,221	\$314,395
Program Total:	\$1,016,103		\$1,068,616	
Program FTE	2.56	1.21	4.15	1.62

Program Revenues				
Intergovernmental	\$0	\$556,111	\$0	\$314,395
Total Revenue	\$0	\$556,111	\$0	\$314,395

Explanation of Revenues

Local \$314,395 - Head Start Contracts

Significant Program Changes

Last Year this program was: FY 2023: 40080A Community Based MH Services for Children & Families