



Program #40082A - School Based Mental Health Services FY 2024 Proposed

Department: Health Department **Program Contact:** Yolanda Gonzalez
Program Offer Type: Existing **Program Offer Stage:** Proposed
Related Programs:
Program Characteristics:

Executive Summary

School Based Mental Health (SBMH) and K12 case management are essential components of the system of care for children and families. Our 26 SBMH clinicians serve over 800 children and teens with mental health needs in 36 schools across six school districts: Centennial, David Douglas, Gresham Barlow, Reynolds, Parkrose, and Portland Public Schools. Mental health professionals provide evidence-based treatment, utilizing an anti-racist equity lens, in school and Student Health Center settings and via telehealth. K-12 Case Managers help students and their families meet unmet needs by connecting them to mental health services, housing, clothing, and food access. These additional case management services will also seek to reduce racial and health inequities and support increased attendance and educational success.

Program Description

Since 1969, Multnomah County has been a leader in the nation in providing access to mental health services in schools, which is considered a best practice. Mental health assessment and treatment services provided in schools decrease barriers such as stigma, cost, and transportation. This program reaches youth who are traditionally underserved and have barriers to accessing mental health services. Providing culturally specific mental health outreach and treatment continues to be a priority. Over 50% of the youth served are youth of color served by a diverse staff with seven African American Knowledge Skills and Abilities (KSA), eight Latinx KSA, one Asian/Immigrant KSA and 10 non KSA. Cultural alignment with students increases therapeutic alliance which can assist with addressing mental health concerns, building trust, and improving school attendance.

This culturally specific approach contributes to youth completing school, which is a strong indicator for lifelong economic wellbeing and improved overall health. School Based Mental Health Consultants provide screening, crisis intervention, mental health assessment, clinical case management and individual, group, and family treatment. Mental Health Consultants also provide training and consultation to school staff to optimize educational planning for youth with mental health concerns. Mental Health Consultants are co-located in ten Student Health Centers to provide integrated physical and mental health services.

Multnomah County and School Districts collaborate to address the continuum of needs for students and their families. School Based Mental Health Consultants provide over 3,800 hours of treatment, prevention, education, consultation, and outreach to students, school staff, and families every school year. Additionally, K-12 Case Managers provide comprehensive case management services to students and families in kindergarten through twelfth grade with a focus on connecting families to resources to increase attendance and improve educational success. This program will help mitigate risk of students having to access higher levels of mental health care, academic failure, abuse, neglect, homelessness, and placement outside the home.

Performance Measures

Measure Type	Primary Measure	FY22 Actual	FY23 Budgeted	FY23 Estimate	FY24 Offer
Output	Total unduplicated youth referred to SBMH for assessment and/or treatment services	679	1000	700	700
Outcome	ACORN Distribution of Patient Change Rate reported by client/student as their perception of improvement ¹	51%	65%	48%	65%
Output	Total unduplicated K-12 youth/families who received case management services	91	150	94	250

Performance Measures Descriptions

¹A Collaborative Outcomes Resource Network (ACORN): Client reported outcomes are accepted as more valid as the person receiving services is reporting changes through a global distress scale measure reported over the course of treatment. The percentage is the number of clients reporting significantly improved or somewhat improved.

Legal / Contractual Obligation

Revenue contracts with school districts. Oregon Health Authority, Intergovernmental Agreement for the Financing of Community Addictions and Mental Health Services.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2023	2023	2024	2024
Personnel	\$2,819,490	\$1,474,550	\$2,296,470	\$2,432,451
Contractual Services	\$107,637	\$8,000	\$0	\$8,000
Materials & Supplies	\$60,910	\$48	\$55,654	\$8,328
Internal Services	\$21,144	\$390,369	\$45,068	\$499,554
Total GF/non-GF	\$3,009,181	\$1,872,967	\$2,397,192	\$2,948,333
Program Total:	\$4,882,148		\$5,345,525	
Program FTE	21.01	9.52	15.93	15.46

Program Revenues				
Intergovernmental	\$0	\$1,457,720	\$0	\$1,448,333
Service Charges	\$0	\$415,247	\$0	\$1,500,000
Total Revenue	\$0	\$1,872,967	\$0	\$2,948,333

Explanation of Revenues

This program generates \$175,563 in indirect revenues.

- \$ 22,500 - Parkrose School District
- \$ 75,000 - Centennial School District
- \$ 37,500 - Reynolds School District
- \$ 177,000 - Portland Public Schools
- \$ 14,700 - Local Clackamas County Care Coordination

State: \$ 1,018,713 - State MH Grant: MHS 20 Non-Residential MH Services based on 2019-2021 IGA with the State of Oregon

- \$ 102,920 - School Based Clinics - Mental Health Expansion - Behavioral Health - Capacity
- \$ 1,500,000 - SBMH CareOregon

Significant Program Changes

Last Year this program was: FY 2023: 40082A School Based Mental Health Services

The ACORN outcome measure has not reached 65% as expected, we are currently working on a quality improvement project and considering moving away from the ACORN.

SBMH referrals did not reach the anticipated 1,000 because our referral process has become more efficient and we are able to turn off the referral form when MHCs are full and we have asked the SHC to not send higher acuity to the program. The K12 case management services have expanded to cover Kindergarten through 12th grade. There will be six Case Managers hired, which accounts for the FY24 Output increase. The K12 output was lower than expected due to the fact that we had multiple staff vacancies. CareOregon revenue will increase in FY2024 due to a change in revenue payment methodology for School Based Mental Health Services.