

# Adult Care Home Conference 2023

September 25 at OMSI • Residents Attend Free!



Department of County Human Services

## Conference Schedule

Time	Learning Session Option 1	Learning Session Option 2	Learning Session Option 3
7 – 8 a.m.	Breakfast and conference attendee check in		
8 – 9 a.m.	<p><b>Future Workplace Solutions and Investing in Your own Future</b> Learn more trends in the workplace, reasons to accumulate wealth, best practices for making investments decisions, tools for making investments and managing risk.</p> <p>Presenters: Phil Jasso, Financial Advisor and Vice President, Bridgetown Wealth Management</p> <p>Kris Masias, Regional Vice President, Sales; Financial Registered Representative, Voya</p>	<p><b>The Power of Conversation: Making Meaningful Connections Across the Lifespan</b> Learn how to use the Age Cafe model and the conversation game <i>Hello</i> to start meaningful conversations with your residents. <i>Hello</i> is an easy, non-threatening way for residents to start conversations with their caregivers, family and friends about what matters most. Get your residents engaged and connected! You'll walk away with new skills and thought-provoking questions, as well as these free giveaways: Age Cafe card deck, Hello game and a booklet for your resident.</p> <p>Presenters: Jill Williams, MA Older Adult Behavioral Health Specialist, Multnomah County</p> <p>Kera Magarill, MA, Older Adult Behavioral Health Specialist Washington County</p>	<p><b>Managing Compliance of Your Homes on a Digital Healthcare Platform</b> Learn how technology can help you provide better care and simplify your record keeping. Track and complete charting for medications, narratives, care planning, ADLS and more on one platform. Stay in compliance and prepare for your next inspection. This immerse session will walk you through how to set up and utilize a digital healthcare solution.</p> <p>Presenter: Claud Covaci, CEO / Co-Founder, Synkwise</p>
9:30 a.m. – 10:30 a.m.	<p><b>Market Your Care Home to New Residents</b> <i>Description pending</i></p>	<p><b>Creating a Sense of Bravery and Belonging in the Midst of Discrimination</b> Learn how to interrupt microaggression and discrimination in real time. Create a sense of belonging in your care home. Learn the difference between self care versus self strength.</p> <p>Presenter: Dion C. Jordan, Director of the Office of Equity and Multicultural Services, Oregon Department of Human Services</p>	<p><b>How to Create ISP Support Documents</b> Learn how to create ISP support documents, such as medical protocols and safety plans. Providers will learn how to identify who is responsible to create the support document as well as essential elements that are needed in a protocol or safety plan.</p> <p>Presenter: Toi Gibson, Adult Program Supervisor, Multnomah County Intellectual and Developmental Disabilities</p>

11 a.m. – 12 p.m.	<p><b>Income Taxes for Your Care Home (State and Private)</b></p> <p>Filing taxes for your care home may seem complicated and expensive, but it doesn't have to be. Whether your care home is private or state, or a mix of both, you'll learn how to make sure you're filing your taxes with the best possible outcome. Considering selling your care home? One small mistake can end up costing you thousands of dollars in additional taxes. This workshop will cover all tax related questions for your care home and provide insight on deductible expenses you may not be taking advantage of. Come prepared with questions!</p> <p>Presenter: Estera Gabor, Accountant, Licensed Tax Preparer, and Enrolled Agent, Balance Tax &amp; Payroll Services, Inc.</p>	<p><b>Become an Employer of Choice: How to Attract and Retain Care Staff</b></p> <p>We'll reflect on the connection between management style and adult care home/business culture, caregiver recruitment and retention. You'll leave with a deeper understanding of your own management style and some practical tools for attracting and retaining care staff.</p> <p>Presenter: Alyssa Elting McGuire, Consulting &amp; Training Director Oregon Care Home Consulting &amp; Training</p>	<p><b>Maximize Meal Enjoyment and Manage Your Budget</b> <i>Description pending</i></p> <p>Presenter: Kate Baker, Chef AC, Former residential care facility chef</p>
12 p.m. – 1:30 p.m.	Networking luncheon		
1:30 p.m. – 3 p.m.	<p><b>Wage and Hour Laws for Adult Care Providers</b></p> <p>Employment law is complex and confusing. Understand your requirements and responsibilities.</p> <p>Presenter: Jeff Burgess, Training and Development Specialist II Oregon Bureau of Labor and Industries</p>	<p><b>Be Like Water: Strategies for Supporting Individuals with Complex Needs</b></p> <p>In his famous quote, Bruce Lee stated one must "be like water": adapt, change and be resilient. Working with individuals with complex needs requires this same philosophy. Learn essential information to work successfully with individuals who engage in challenging behaviors as a result of intellectual disability and a combination of mental health issues such as traumatic life experiences and Post-Traumatic Stress Disorder (PTSD), traumatic brain injury (TBI), schizophrenia, or fetal alcohol spectrum disorders.</p> <p>Presenter: Christie Lim, Professional Behavior Consultant, MSW, CSWA Clear Perspective, LLC</p>	<p><b>Trauma Informed Care for Adult Care Home Providers</b></p> <p>Trauma Informed Care is a strengths-based approach grounded in understanding the impact of trauma on the work we do. It helps us engage with our work in a nonjudgmental, safe, and collaborative way.</p> <ul style="list-style-type: none"> <li>• Understand how trauma, chronic stress, and adversity impact you and the people you support.</li> <li>• Learn strategies that help to create emotionally safe environments, build trust, and promote resilience.</li> <li>• Build skills to help maintain your own well-being and support wellness in the workplace.</li> </ul> <p>Our time together will include a combination of information sharing, group discussion, and an interactive activity.</p> <p>Presenter: Kelli Downey, Trauma Informed Care Trainer and Consultant Kelli Downey Consulting</p>
3 – 5:30 p.m.	Time for operators, residents, guests and ACHP staff to explore OMSI exhibits		