



**Program #50032B - HEAT Unconditional Cash Stipend** FY 2024 Adopted

**Department:** Community Justice **Program Contact:** Travis Gamble  
**Program Offer Type:** New **Program Offer Stage:** Adopted  
**Related Programs:** 50032  
**Program Characteristics:** One-Time-Only Request

**Executive Summary**

Habilitation Empowerment Accountability Therapy or H.E.A.T., a trauma-informed, culturally responsive, developmentally targeted program for young African American men in the justice system. H.E.A.T. for Youth works with adolescents ages 13 to 17 in or at risk of involvement in the juvenile justice system. Their newest program, directed to African American women in the criminal justice system, is called HER, Habilitation Empowerment Recovery. H.E.A.T. programs are in use nationwide.

**Program Description**

H.E.A.T. is a 9-month trauma-informed, culturally responsive program that includes twice a week cognitive behavioral therapeutic sessions. The curriculum was pilot tested in drug courts in Kentucky and Indiana, and researchers found that participants with serious criminal and substance use histories were willing and able to complete the lengthy curriculum, were satisfied with the intervention, and successfully completed programming at substantially higher rates than are commonly observed in this at-risk population. Further, preliminary BJA-funded evaluative work has demonstrated promising practices locally within Multnomah County.

H.E.A.T. cohorts in DCJ programming are focused on individuals from various gangs who are experiencing hopelessness and desperation in the face of unprecedented levels of community violence. Groups meet for 2 hours, twice a week for nine months. Financial support for this time commitment is a critical component of programming as it allows individuals to provide support for themselves and their families, which increases participation.

In 2019 – 2021, a cost analysis of homicide violence was conducted in Portland Oregon by the California Partnership, in collaboration with the National Institute of Criminal Justice reform. The analysis revealed that taxpayers pay \$1.4 million dollars for each shooting homicide in Portland.

**Performance Measures**

Measure Type	Primary Measure	FY22 Actual	FY23 Budgeted	FY23 Estimate	FY24 Offer
Output	Number of participants to receive stipends in FY 2024	NA	NA	5	11
Outcome	Percent of participants that complete the H.E.A.T. program	NA	NA	NA	80%

**Performance Measures Descriptions**

Performance measure 2: H.E.A.T. programming typically sees approximately 50% retention without stipend incentives. DCJ anticipates 80% retention in H.E.A.T. programming with stipend incentives.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2023	2023	2024	2024
Contractual Services	\$0	\$0	\$100,000	\$0
<b>Total GF/non-GF</b>	<b>\$0</b>	<b>\$0</b>	<b>\$100,000</b>	<b>\$0</b>
<b>Program Total:</b>	<b>\$0</b>		<b>\$100,000</b>	
<b>Program FTE</b>	0.00	0.00	0.00	0.00

Program Revenues				
<b>Total Revenue</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>

Explanation of Revenues

County General Funds

Significant Program Changes

Last Year this program was: