

HEALTH DEPARTMENT
Behavioral Health Division
209 SW 4th ST., SUITE 520
PORTLAND, OREGON 97204

BOARD OF COUNTY COMMISSIONERS

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Behavioral Health Advisory Council
MEETING NOTICE

Wednesday, October 4, 2023 | 10:00 am. – 12:00 pm.

AGENDA

Webex Meeting Link:

<https://multco.webex.com/multco/j.php?MTID=m148788eca8c9cdb33725fd91b645968c>

Passcode: BHAC_2023

Time	Agenda Item	Lead/Guest
10:00	Welcome and Introductions Meeting Reminders & Group Agreements	Sadie Campbell Co-Facilitators
10:20	BHD Announcements: <ul style="list-style-type: none">• Hybrid Meetings - Propose return to hybrid in person meetings in January 2024.• Division Director Interview Questions<ul style="list-style-type: none">○ Send ideas to Sadie and Jill by the end of the week.• Recognition Events for October:<ul style="list-style-type: none">○ National Employment Disability Awareness Month○ ADHD Awareness Month○ Mental Illness Awareness Week (10/1-10/7)○ Invisible Disabilities Awareness Week (10/15-10/21) Member Announcements	Co-Facilitators
10:30	Data Point Discussion	Jen Gulzow
11:30	Director's Office Updates	Heather Mirasol Anirudh Padmala
12:00	Adjourn	Co-Facilitator

Next BHAC General Council Meeting: Wednesday, November 1st, 2023

Group Agreements

We strive to keep our meetings trauma-informed and create a safer space for people to participate through the following meeting agreements and reminders

REMINDERS

Self-care

- We encourage everyone to support one another by taking care of themselves.
- Specifically, sometimes individuals may present in ways that increase stress for others.
- If we are not feeling our best for whatever reason and it affects our ability to participate, or if we are experiencing a reaction to someone else's participation, everyone should feel supported in doing what they need to do to take care of themselves, and
- Follow-up with County staff to address any individual concerns.

Making space for all voices

- We do that with our first agreement to “hold space, make space and remember WAIT (why am I talking?)” and borrowing from 12 Step language, “principles before personalities”
- We encourage people to limit their comments to no more than a couple of minutes.
- The facilitators may kindly interrupt if the conversation would be better addressed 1-1 off-line, or put in the “parking lot” for future Council discussion.
- Try to limit the use of acronyms or jargon so that everyone can understand and participate.

Virtual meeting reminders

- Try not to talk over one another - use the hand function or chat questions and comments, while understanding that we also want to accommodate people on the phone or those who may have tech issues.
- Silence microphones when not speaking.
- We enjoy seeing faces, especially when people are talking, but fully understand the need to be off-camera, for whatever reason.

AGREEMENTS

- Hold space, make space; Remember WAIT (Why Am I Talking?)
- Stay engaged to the best of your ability
- Share your experience & hear the experience of others; Use “I” statements
- Acknowledge intent and center impact
- Expect and accept non-closure
- Experience discomfort - creating a safer space for challenging conversations can be uncomfortable at times
- Name and account for power dynamics in the room and in the work
- We are here to work collaboratively, and share responsibility for the success of our work together