# SEXUAL AND GENDER MINORITY YOUTH SERVICES FY18 Annual Report

As part of the SUN Service System, Sexual and Gender Minority Youth Services (SGMY) offers direct services to sexual and gender minority youth, as well as technical assistance and training to SUN agencies and other community partners who work with this population.

# **Program Goals**

SGMY provides direct services specifically for sexual and gender minority youth with the goal of helping youth remain in or return to school. These services include counseling and skill building, as well as providing a safe, supportive space at the Sexual Minority Youth Resource Center where sexual and gender minority youth can feel comfortable and access peer support.

Additionally, SGMY provides technical assistance, training, and support to the community in order to increase awareness of the issues that sexual and gender minority youth face, and ensure that community providers have the skills to support these youth competently.

# Unduplicated Number Served

- Total number of youth (aged 12-21) served: 289
- Total number of youth who exited the program: 213
- Total number of community providers and school staff trained: 440

The total number of community providers and school staff who were trained in FY18 represents a 63% increase over the previous year (FY17 actual: 270).

# Demographics

The following demographics represent the 289 students aged 12-21 who accessed SGMY services in FY18.

#### **Inclusive Racial Identity**

Inclusive Identity Category (youth may select as many identities as they desire)	Percent of Youth (%)
African Immigrant	2
Asian	3
Black/African American	11
Latino/Hispanic	16
Middle Eastern	<1
Native American/Alaska Native	12
Native Hawaiian/Pacific Islander	1
Slavic	1
White Only	55
Declined to Answer	6

39% of youth served during FY18 identified as a youth of color or from a culturally specific community.



Youth who identified as gender non-conforming were provided an open-ended space to specify their gender identity. Of the 40 youth who shared additional gender identity information, the following responses were most common:

- Non-Binary (23%)
- Gender Queer (18%)
- Questioning (18%)
- Gender Fluid (13%)

#### Outcomes

#### Youth

The SGMY program offers services to youth in three key areas:

- 1. Case Management
- 2. Drop-In Sessions
- 3. Skill-Building

Services are measured in units of either counts or hours, depending on the service type. In total, 7,809.5 service units were provided to the 289 youth who accessed the SGMY program.



Of course, a youth may have accessed more than one type of service. The following represents the distinct (unduplicated) number of youth who accessed each service type:

Service Type	Number of Youth
Case Management	113
Drop-In Session	289
Skill-Building	189

#### Training

440 staff and community partners were trained as a result of the SGMY program. Additionally, 69 schoolbased or school-linked providers received individual consultation regarding supporting sexual and gender minority youth. This includes teachers, counselors, community providers, and/or business people.

#### Youth Outcomes

Of the 113 students who received case management services, 67% (29/43) remained in school or re-enrolled in school by the time of exit. Moreover, 100% of those youth reported a reduction in at-risk behavior by the time of exit.

#### **Training Outcomes**

Of the 440 school staff and community partners who attended SGMY trainings, 83% of participants selfreported an increase in knowledge of sexual and gender minority youth issues and/or cultural competency. Additionally, 98% of training participants reported that they intended to use the information they learned in their professional work.

#### Summary

The SGMY program continues to support sexual and gender minority youth, as well as increase the capacity of the community to support these youth in a competent way. 63% more staff and community partners participated in trainings than the previous fiscal year, and youth received more than 7,800 service units of support. 67% of the youth who received case management remained in school or re-enrolled at the time they exited the program, and 100% of those youth reported a reduction in at-risk behavior.

# Recommendations

The SGMY program aims to track two additional outcomes for youth who receive case management and exit the program:

- Percent of youth who report an increase in social capital, and
- Percent of youth who report an increase in feelings of self-worth.

Unfortunately, due to technical barriers, the provider was unable to assess these student outcomes. Ensuring that the necessary elements are in place to track these student outcomes should be a priority for the upcoming fiscal year.