# Sexual & Gender Minority Youth Program (SGMY)



This session will be recorded and posted to the SGMY webpage: https://www.multco.us/sun/services-sexual-minority-youth

### Before we begin...

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This session is being recorded.









## **Program Overview Topics**

- 1. Program Overview
- 2. Outputs and Outcomes
- 3. Questions



### **Program Overview**



Sexual and Gender Minority Youth (SGMY) Services and Technical Assistance services connect youth to resources that help them meet their goals. The program works to create an environment where youth can build positive relationships with peers and adults. Services are designed to address the developmental, emotional, mental health and safety needs of gay, lesbian, bisexual, transgender, queer, questioning youth, and any youth who self identifies as a sexual or gender minority youth.

SGMY centers youth voice and leadership by providing opportunities for youth to provide input to what they need from the space and adults. SGMY also educates the community so that LGBTQIA2S+ youth can have better experiences and feel safer.

### Program Overview

Attachment A, pg 3 & pg 6

#### **POPULATION SERVED**

Youth ages 12-24 who are experiencing academic failure and disconnection from school, and who identify as gay, lesbian, bisexual, transgender, queer, questioning and any youth self- identified as sexual or gender minority youth.

#### **3 FOCUS AREAS OF SUPPORT**

- 1. Counseling and basic needs support
- 2. Creating a safe and supportive space

3. Providing training and education to the community so that they may provide competent and relevant services to these youth

### Program Overview

Attachment A, pg 7

#### Social and Support Services

The majority (85%) of the service contractor's time will be dedicated to the provision of social and emotional support services for sexual minority youth who are identified as at-risk, as indicated by poverty, academic failure, truancy, mental health needs, social marginalization, and alienation and isolation due to institutional, intrapersonal, and internalized oppression, racism, homophobia and transphobia. These services include, but are not limited to:

Support Groups Individual Support		Counseling Services	
<ul> <li>Safe and supportive environments for positive socialization</li> <li>Peer support</li> <li>Leadership and discussion of topics of interest and concern to sexual and gender minority youth</li> </ul>	<ul> <li>Advocacy</li> <li>Safety planning</li> <li>Referrals to affirming counseling resources</li> <li>Weekly connection virtually or in person</li> <li>Resource connection</li> </ul>	Focused on sexual minority youth (who may be referred by SUN Service System staff, including mental health consultants and staff associated with school-based and school-linked entities) that emphasizes areas such as crisis intervention and suicide prevention.	

## **Program Overview** At

#### Attachment A, pg 7

#### **Technical Assistance**

The remaining 15% of the service contractor's time will be dedicated to technical assistance supports that service contractors and schools need to build proficiency in service delivery for sexual and gender minority youth. These trainings and technical assistance supports aim to expand the number of affirming spaces and experiences LGBTQIA2S+ youth have in their communities. Technical assistance supports include, but are not limited to:

#### Training

- Group facilitators and school-based and school-linked staff
- Case managers and mental health consultants who provide case management and
- Counseling to sexual and gender minority youth.

### **Consultation Services**

- Case managers, mental health consultants, school-based
- Health clinic staff and others associated with school-based entities to develop expertise in sexual and gender minority youth issues and culture.

### Outputs and Outcomes Attachment C, pg1

Output/Outcome	Target	Source	
# of SUN Service System contractor staff and partners trained	270	Agency report	
Training participants who self-report an increase in knowledge of LGBTQ issues/cultural competency	85%	Agency report	
Training participants who self-report intention to use information in their professional work	85%	Agency report	
# of School-based and School-linked providers who receive individual consultation (teachers, counselors, community providers, and business persons)	45	Agency report	
# Youth and families referred who receive continuous support services	65	WellSky (ServicePoint)	
Of the youth receiving continuous support services, % that report an increase in social capital (i.e. positive relationships, community connections	60%	WellSky (ServicePoint)	

### Outputs and Outcomes Attachment C, pg 1-2

Output/Outcome	Target	Source
Of the youth receiving continuous support services, % that report increased feelings of self-worth and/or stronger sense of self	60%	WellSky (ServicePoint)
Sexual Minority Youth Resource Center availability to sexual and gender minority youth	Resource Center open 15 hours weekly 270 youth served annually	Agency report
Of the youth served at the Resource Center, % who identify as BIPOC, Immigrant and/or Refugee Youth.	50%	WellSky (ServicePoint)
Of the youth accessing services at the SMYRC, % who remain in school or re-enroll in school	60%	Agency report
Of the youth accessing services at the SMYRC, % who report a reduction in at-risk behavior	60%	Agency report



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## **Thanks!**

### Questions on SGMY RFP: Please submit to the MMP Q&A board

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