



The Who and The What

Who qualifies:

- Unpaid caregivers caring for someone in their life 60 and older
- Unpaid caregivers caring for someone in their life diagnosed with dementia or Alzheimer's (the person in care can be any age)
- Unpaid caregivers over the age of 55 caring for a child age 18 and younger.
- Unpaid caregivers over the age of 55 caring for someone in their life who is disabled and age 18 or older.

What do you get:

- **Case management**-if you want it, but it's not required to access other parts of the program
- **Access to free support groups**
- **The Relief grant**- for either **Respite** of 12 hours a month provided by an in home agency or 4 visits a month to an adult day center. **OR** for goods and services.
- **Access to free caregiver trainings.**
- **Access to caregiver resources and Caregiver specific community events.**

How to access the program

- **Call the County Helpline at 503-988-3646**- ask to access the Family caregiver support program
- **If you have more questions** call the Family Caregiver Support Program Coordinator at 503-988-8210

