

ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition Agenda

For October 5, 2023 **from** 9:00 am – 11:00 am

Location: Virtual - [JOIN HERE](#) Or dial: (US) +1 252-843-1128 PIN: 370 594 211#

Presenter	Agenda Item	Time
Haoua Dogo, UpStream Public Health	<ul style="list-style-type: none"> Welcome Music & Introductions Please enter name organization into chat 	9:05 am – 9:10 am (5 min)
Charlene McGee, Multnomah County	<ul style="list-style-type: none"> ACHIEVE Coalition Announcements + Updates Celebrating Us!!!! 	9:10 - 9:15 am (5 min)
Christina Bodamer, American Heart Association	<ul style="list-style-type: none"> County & Statewide Tobacco Updates 	9:15 am – 9:25 am (10 min)
Haoua Dogo, TOFCO	<ul style="list-style-type: none"> New Tobacco Products <ul style="list-style-type: none"> Black Smoke Hookah Pens 	9:25 am - 9:40 am (15 min)
Mossie Oglivie, Multnomah County	<ul style="list-style-type: none"> Long COVIDSeries 	9:40 am - 9:55 am (10 min)
Break from 9:55 AM - 10:00 AM (5 min)		
Annie Kirschner, SUN Schools Multnomah County	<ul style="list-style-type: none"> Nutrition Security Updates 	10:00 am – 10:10 am (10 min)
Djimet Dogo, IRCO - Africa House	<ul style="list-style-type: none"> Immigrant & Refugee Violence Prevention + Technology Access 	10:10 am – 10:35 am (25 min)
Haoua Dogo	<ul style="list-style-type: none"> Search Engine Optimization for BIPOC & Small Businesses <ul style="list-style-type: none"> Growing Business Traffic, Optimizing Your Google Business Profile & Improving Google Search Rankings 	10:35 am - 10:50 am (15 min)
ALL	<ul style="list-style-type: none"> Upcoming Events <ul style="list-style-type: none"> REACH Partners Updates/Upcoming Events Share upcoming events and opportunities to collaborate and support Adjournment 	10:50 am - 11:00 am (10 min)

Please complete the [REACH Agenda Request Form](#) (Share, spotlight and highlight work)

2023 Meeting Dates: Oct.4, Nov.1, Dec. 6

Usually the 1st Wednesday of each month except: July Time: 9:00 – 11:00 AM

Reminders - Upcoming Events

The Multnomah County Racial & Ethnic Approaches to Community Health (REACH) Program is going to have a 4-part series in October about Long Covid, and [we'd love to have you!](#)

Long COVID-19, also called "long haul" or 'post-acute sequelae SARS-CoV-2 infection' (PASC), is a condition which if left untreated can lead to poor health outcomes and lower quality of life. It is becoming increasingly common but is still very misunderstood, and can worsen existing health inequities in BIPOC communities in Multnomah County.

• **Dates and times:**

- 10/6/23: 12:00-1:00pm Virtual gathering
- 10/13/23: 12:00-2:00pm In-person (N Portland)
- 10/20/23: 12:00-1:00pm Virtual gathering
- 10/27/23: 12:00-2:00pm In-person (N Portland)

- **Upcoming Health Observances in the Month of September 2023**
 - [Healthy Lung Month](#)
 - [Health Literacy Month](#)
 - [Domestic Violence Awareness Month](#)
- **[Multco REACHing US Vaccine Clinics.](#)**
- [Oregon COVID-19 Vaccination Trend](#) - Shows doses administered by day, by age and ethnicity
- [Older adults and immunocompromised people can now get a second bivalent booster.](#)
- [In a new poll](#), nearly three in four physicians said medical misinformation has hindered their ability to treat COVID-19 patients and has harmed patient outcomes. Learn to fight misinformation:
 - [Vaccine Misinformation Management Field Guide](#)
 - [The Truth Check](#)
 - [Vaccination Community Navigator Training for Community Health Workers](#)
- [Having had COVID-19 puts you at higher risk for developing Type II Diabetes.](#) For more about diabetes prevention resources, contact Tholanda Newborne tholanda.newborne@multco.us
- The federal Public Health Emergency (PHE) for COVID-19 is set to expire at the end of the day on May 11, 2023. [Fact Sheet: COVID-19 Public Health Emergency Transition Roadmap](#)
- The original monovalent COVID-19 vaccine is no longer authorized for use and is being replaced with the updated bivalent vaccine because it is more effective. [FDA Authorizes Changes to Simplify Use of Bivalent mRNA COVID-19 Vaccines](#) **If you haven't been vaccinated since September 2022 you are not up to date and at higher risk of serious illness, hospitalization, and death.**
- Solution and Resources
 - [DIY Air Filtration using box fans](#)
 - [Request reusable / washable face coverings and hand sanitizers](#) utilizing the [direct order](#) Community Resource Form.masks are available now for pickup or delivery. For help submitting a request, or to follow up on a request please call the Resource Request team at eoc-community-resources-unit@multco.us Phone: 503-988-5952
 - [Joint Volunteer Information Center \(JVIC\) Community Needs Survey](#)
 - [COVID-19 Food Access and Basic Need Planning Document](#)
 - [COVID-19 Posters and Flyers for Download](#) (Available in Multiple Languages)
 - [How the COVID-19 Vaccines Were Developed](#) [How The COVID-19 Vaccines Protect You](#)
 - [Diversity in COVID-19 Vaccine Studies](#) [You Were Vaccinated for COVID-19. What Now?](#)
 - <https://www.cdc.gov/coronavirus/2019-ncov/faq.html>
 - If you haven't had a booster since September 2022, you are not up to date! Numbers are up so don't delay <https://www.vaccines.gov/>**

Covid is airborne like smoke. Make sure to have clean air!

 - <https://cleanaircrew.org/box-fan-filters/>
 - Update your HVAC systems! Updated the minimum filter recommendation to Minimum Efficiency Reporting Value (MERV) 13.
<https://www.cdc.gov/coronavirus/2019-ncov/community/ventilation.html>
 - Wear a mask to protect yourself and others
<https://www.cnbc.com/2023/09/01/covid-when-to-wear-masks-as-cases-rise-new-variants-emerge-in-us-.html>

Historical Context: ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health

inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

Acknowledgement Statement: Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.