



**QAYBTA CAAFIMAADKA HABDHAQANKA EE GOBOLKA MULTNOMAH**  
**Foomka Gudbinta Cabashada**

**MIYAAD HELAYSAA WAXA AAD U BAAHAN TAHAY?**

Dadka helaya adeegyada caafimaadka habdhaqameed ee Gobolka Multnomah waxa ay yihiin xuddunta nidaamka caafimaadka habdhaqameed.

**SIYAABAHA LA NOOLA SOO XIDHIIDHI KARO:**

- **Wac:**  
Laynka Cabashada ee Qaybta Caafimaadka Habdhaqameed - 503-988-8600  
Maamulka Caafimaad ee Oregon - 503-945-5772  
Xafiiska U Doodista ee Badhasaabka - 1-800-442-5238

Haddii aad xubin ka tahay Care Oregon, si toos ah ula xidhiidh CCO gaaga:

**Care Oregon- 503-416-4100 ama 1-800-224-4840**

- **Qor:**  
Waxa aad u isticmaali kataa bogga labaad ee foomkan si aad uqorto cabashadaada waxaanaad boosto ama faakis ugu diri kartaa cinwaanka hoos ku xusan.
- **Onlayn:**  
Waxa kale oo aad isticmaali kartaa foomka cabashada ee onlayn ahaan lagu bixiyey:  
<https://multco.us/mhas/webform/comments-complaints>

**Fadlan Xasuuso:**

- Kadib marka aad xarayso cabashadaada, waxa aanu haysannaa 30 cisho si aanu udhammaystirno nidaam hawleedkayaga.
- Haddii arrinta cabashadaadu ay kuu keeni karto dhib wakhtiga ay nagu qaadanayso inaanu dhammaystirno nidaam hawleedkayaga, waxa aad soo xarayn kartaa cabashada la dadajiyay.
- Lagaagama aargoosan karo xaraynta cabasho.
- Laguguma qaadi karo wax dhibaato sharci ah sida ay udhan yihiin marka aad xaraysato cabasho.

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**XUQUUQDA KA WARBIXINTA CABASHO EE MACMIILKA**

**Waxa aad xaq u leedahay inaad cabato.**

**QARSOODINIMADA - Dhammaan xogta ku xusan walaacaaga/cabashadaada waxa lagu ilaalin doonaa qorsoodi marka laga reebo xaaladahan soo socda:**

- Marka aad soo xaraysato cabasho, Gobolka Multnomah BHD waxa uu xaq u leeyahay inuu helo xogta khusaysa cabashadaada si markaasi ay uqiimeeyaan iyaga oo aan markaasi ubaahnayn saxeexaaga, saxeexa waalidkaaga/masuulkaaga sharciga ah, ama saxeexa wakiilkaaga ee loogu oggolaanayo xogta.
- Marka oggolaanshiyaha loo bixiyo si rasmi ah iyada oo markaasi oggolaanshiyo saxeexan la bixinayo.
- Sida uu waajibnaayo sharcigu, waxa aanu ku wargelin doonaa kiisaska soo socda hay'adaha ku habboon:
- Marka ay jirto sabab looga shakisan yahay ku xadgudub ama daryeel li'id ilmo sida uu waajibinayo ORS 419B.005.
- Marka uu jiro shaki laga shakisan yahay xadgudub ama daryeel li'id lagula kacayo qof weyn, 18 sano jir iyo ka weyn kaas oo naafo ah sida uu waajibinayo ORS 419B.005.
- Wargelinta saraakiisha sharci fulinta iyo dhibbanaha loo jeedo marka ay jirto khattar cad oo dil ah ama doonitaan in qof kale jidhkiisa dhaawac halis ah la gaadhsiiyo.
- Wargelinta haddii macmiil loo garto inuu kha-tar dhow ugu jiro inuu naftiisa/nafteeda waxyeelayso. Xogta waxa lala wadaagi karaa qof isagu awood u leh inuu la tacaalo khattarta.
- Wargelinta dhakhtar ama isbitaal marka ay jirto xaalad caafimaad oo degdeg ah.
- Marka ay maxkamadu soo gudbiso codsi ay ku amrayso in la wa-daago diiwaannada macmiil.

**WAXA AAD XAQ U LEEDAHAY INAAD MARIN U HESHO DIIWAANNADAADA SOO BANDHIGTANA CADDAYN.** Waxa aad xaq u leedahay inaad codsato inaad dib u eegis ku samayso diiwaannadaada caafimaad heshana jawaab ama aad marin u hesho diiwaanka muddo shan cisho shaqo gudahood ah. Waxa kale oo aad xaq u leedahay inaad wadaagto xog khusaysa arrintan ama haddii uu kani yahay rafcaan, caddayn khusaysa rafcaanka, kahor inta aan la gaadhin go'aanka.

# FOOMKA CABASHADA EE GOBOLKA MULTNOMAH QAYBTA CAAFIMAADKA HABDHAQANKA

Taariikhda Maanta

Fadlan dib u eeg xogta ku xusan bogga koowaad kahor inta aanad buuxin foomkan.

Magaca Macmiilka:

Cinwaanka:

Lambarka Taleefanka:

Magaca Qofka Wargelinaya Cabashada:

Lambarka Taleefanka

Xidhiidhka uu macmiilka la leeyahay:

Ma waxaad doonaysaa inaad qarsoodi ahaato? Haa/Maya (goobaab mid)

Miyaad u baahan tahay turjumaan? Haa/Maya

Haddii ay sidaa tahay, luuqadee ayaad ugu baahan tahay?

Sharrax cabashadaada: Nala wadaag xog kasta oo laga yaabo inay naga caawiso in aanu xallino dhibtan. Ku lifaaq diiwaanno kasta oo aad doonayso inaanu dib u eegno oo arrintan ku saabsan. Fadlan ku lifaaq bogag dheeraad ah foormkan haddii aad ubaahan tahay boos bannaan oo dheeraad ah si aad dhibtan ugu sharraxdo.

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Maxaa aad jeclaan lahayd inaad aragto inay dhacaan arrintan marka ay noqoto?

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Fadlan liis garee magacyada iyo lambarrada taleefannada qof kasta oo aad doonayso inaanu la xidhiidhno oo aanu wax ka weydiino cabashadan:

Magaca/xidhiidhka uu macmiilka la leeyahay:

Taleefan:

Magaca/xidhiidhka uu macmiilka la leeyahay:

Taleefan:

**HALKAN WAXA AH CINWAANKAYAGA - WAXA AAD DIRI KARTAA BOOSTO, FAAKIS, SOO WICI KARTAA AMA ISTICMAALI KARTAA FOOMKA ONLAYNKA AH:**

Qaybta Caafimaadka Habdhaqanka ee Gobolka Multnomah  
209 SW 4th St., Suite 520, Portland OR 97204  
Taleefanka: 503-988-8600 ~ Faakis: 503-988-4015 ~ TTY: 711  
<https://multco.us/mhas/webform/comments-complaints>

