

ACHIEVE/REACH Meeting

Action Communities for Health, Innovation and Environmental Change Racial and Ethnic Approaches to Community Health

Wednesday, April 3, 2024

9:00 am-11:00 am

Location:

Attendees: Haoua Dogo (Upstream), Sonja Hendrix (MCHD), Tholanda Newborne (REACH), Michael Walker (PHP/MCHD), Susan Van't Hof (OHA/PDES), Nsilo Berry (REACH), Racheal Nakhabala (PHP/MCHD), Mossie Ogilvie (MCHD/REACH), Carrie Roberson (MCHD/REACH), Mikayla Hill (MCHD/REACH), Heidi Franklin (MCHD/REACH), Yamungu Seraya (MCHD-CPCB), Ruthie Culver (Black Food Sovereignty), Leslie Esinga, Alagia Crowell-Felix, Arleta Christian, Ben Escalante-Cruz (MCHD/REACH), Carol Yourd, Cherish Wanter, Cindy Shepard, EECRC, Joy Mulumba, Lionel Irving, Paul Lindsey, Rona Young, Royal Harris, Vanessa Chambers, Rhonda Combs, Ismond Waters, Annie Kirshner, Joy Mulumba, Alisha Howard, Chakila, Edward Hill, Denise's Otter Pilot, Muthoni Ehmann (OHA), Donneshya Stone, Will K., Tatiana Dierwechter (OHA), Noni Causey, Elizabeth McCarthy, Gabby Penn, Derek Smith, Quete Capuia, Brittany Wake, Yashioa Island, Raphael Guzman, Katie Thornton, Betty Temesio, Teresa Johnson, Lisa Rose

Agenda Item	Key Discussion Points	Next Steps/Action Items
Welcome/Introductions	<p>Please enter your name and organization in the chat notes, and what you are looking forward to with Spring around the corner.</p> <ul style="list-style-type: none"> ● ACHIEVE is welcoming two new members to the REACH (Racial and Ethnic Approaches to Community Health) team today <ul style="list-style-type: none"> ○ Nsilo Berry our new Built Environment Program Specialist ○ Asia Rubio Villanueva Breast-Feeding Program Specialist 	
OHA- Fentanyl Presentation- Muthoni Ehmann What is fentanyl? What is illegally manufactured Fentanyl (IMF)?	<ul style="list-style-type: none"> ● Fentanyl is an Opioid - synthetic ● It is a powerful pain medication usually prescribed by doctors ● Used for cancer and sometimes chronic Pain ● They affect the pleasure centers of the brain ● This leads to people craving the medications ● They interfere with the respiratory process ● When teens are experimenting, they usually experiment on the prescription opioids or what they perceive to be prescription opioids 	

Counterfeit prescription pills tainted/laced w/ Fentanyl
Experimentation can mean death
Fentanyl overdoses in the black community
Fentanyl overdoses in children
What are the Signs of overdose? Harm reduction Naloxone
Future informational Sessions




- Pre pandemic 1:19 High School seniors had used or misused a prescription opioid for non-medical purposes (about 1:2 in a typical high school classroom)
- They may be using them out of curiosity, they help with anxiety, or as a coping mechanism, because they believe it will help them with their studies
- When and where do teen overdoses occur? Parties and gatherings. In many cases where the teen overdose happens, more than one person is present (parties, or gatherings with friends)
- IMF is a synthetic opioid that can be up to 50 times stronger than heroin. It can be in a powder and capsules and pills
- They are making counterfeit drugs as well, that look real
- Adderall is used for ADHD, however there is fake adderall on line and you will be purchasing something "not real"
- It is cheap and easy to manufacture and it is lightweight and so easy to move around
- Very potent, very small quantity needed
- "Talking Beat" podcast through the Portland Police Bureau gives reports and information to the listener about this problem
- Highly addictive.
- In 2019, methamphetamine OD's started to rise. In 2021, Fentanyl overdoses continued running hand in hand with meth deaths and in 2022, there were more overdose deaths from Fentanyl.
- CDC reports that 84% of deaths were made by drug involved IMF's
- Rainbow Fentanyl : visually appealing to youth
- ½ a pill can and has killed
- Chocolate chip cookie effect as the batch is mixed some of the pills may be fatal and some may be free from the drug at all.

- Kids finding the appeal to the pills through social media

	<ul style="list-style-type: none"> ● DEA one pill can kill ● Smartphones can be the easiest way for kids to get them ● SnapChat had 108 million users inUS w/ 15-25 yr olds making up ½ of those. ● There are Good Samaritan Laws that protect those who call 9-1-1 to report an overdose, and they will not be arrested, charged, or prosecuted. ● What resources are available for this community ● Fentanyl overdose response teams - are doing listening sessions w/key partners in the Black community <p>Tatiana Dierwechter from OHA Substance abuse prevention manager Hoping to get information shared in real time regarding prevention.</p>	
<p>Cindy Shepard REACH (+TCPP) National Public Health Week</p>	<ul style="list-style-type: none"> ● Please see the attachments to the Agenda today several events this week ● Cooking Demonstrations in Vietnamese and Ukrainian, as well as in English ● Vaccination ● Mentoring Video Creations. 	
<p>Mossie Ogilvie</p>	<ul style="list-style-type: none"> ● Infection rates are on the decline for the flu ● Immune damage due to COVID 19 infections ● Some people are still masking and using hand sanitizer ● Staying away from crowds ● Carrying packs of wipes ● Public Health is a group of people who don't all agree on things ● Communication gaps on health Outcomes ● Create the risk balance for yourself ● Helpful when the provider is transparent to what they are giving you. ● Access to information may be limited in our communities ● Plaxovid studies were being run by the Black community to make 	

	<p>sure that our community is represented.</p> <ul style="list-style-type: none"> ● Overall that black communities are taking precautions that others ● The immune dysfunction- pneumonia, sinus infections, ear infections, meningitis persistent cough skin infections ● Currently people are getting COVID on average once a year ● Likely to have multiple infections were more likely to have blood clots, heart, lung and brain damage ● Covid is mutating ● The vaccination doesn't last as long ● If you think you have damage, be careful and act as you do. ● Monoclonal Antibody Invivyd-Pemgarda ● Ways we try to protect ourselves from COVID in 2024: <ul style="list-style-type: none"> ○ Masking when they go inside most places ○ In both large and small groups masking ○ Because the media isn't sharing about COVID as much I feel that we are only getting key data within public health spaces. Every time I share COVID updates/details with friends they're shocked that it's even still an issue ○ I carry little packs of wipes ○ people carry their own silverware ○ It is important to remind people of the relevance and reality of COVID ○ We can't be caught without utensils (unless we have bread). ○ We notice the dirt immediately now! If I can't tell you have just been cleaning, I am out of there. ○ I think the best part about quarantine was that everyone across every sector was still talking about COVID -- I think if we can recreate that holistic approach it will be key in getting the information out. 	
<p>Noni Causey, Beam Village</p>	<ul style="list-style-type: none"> ● Black Student Success Summit on April 20th ● 8th graders can attend with parents but it is designed for older 	

<p>noni@beamvillage.org</p> <p>www.beamvillage.org</p>	<p>students</p> <ul style="list-style-type: none"> ● www.beamvillage.org ● Breakfast and lunch provided ● Expecting Recruiters from HBCU's ● Six Oregon schools: OSU, Mt Hood, Warner Pacific, U of P, U of O, PCC; for 16-24 yr olds ● Work systems PPR summer employment ● 11-3pm career fair ● 10:00 am Workshops ● Financial literacy workshops ● College readiness ● May 19th, Black Baccalaureate ● Scholarships ● Hoping for 400 students ● Tabling opportunities ● Tobacco informations well ● Questionnaires about smoking and their peers 	
<p>Upcoming Community Events</p>		
<p>Questions to be addressed</p>	<ul style="list-style-type: none"> • Do you know the prevalence of fentanyl laced cannabis O.D. occurrences in school aged youth? 	
<p>Links, Emails and contacts shared during the meeting.</p>	<p>Fentanyl JAmboard</p> <p>Portland Mother Arrested</p> <p>Community Conversations about Fentanyl</p>	

	<p>How to administer Naloxone</p> <p> 2024-bsss_10yr-save date_5x5 social media.jpg 285 KB</p> <p>f</p> <p> Cooking with Rajiv Harry.pdf 8.8 MB</p> <p> 022324-REACH Walks for Health flyer.pdf 1.4 MB</p>	
Meeting Adjourned	11:09 am next meeting	