

What is CERT? Community Emergency Response Team

CERT training focuses on increasing the level of SAFETY for those individuals who will be stepping forward to assist after a disaster. CERT promotes a partnership between emergency services and the community members they serve.

In the wake of a disaster, emergency personnel and their resources may be overwhelmed by the response needs in the community. CERT training gives individuals a glimpse into the 'System' designed to save lives in the most efficient and effective manner possible.

For more information, see box to the right or, visit: <u>http://citizencorps.gov/cert/index.shtm</u>

CERT Course

When: Saturday, March 3rd AND Saturday, March 10th 2012 From 8:00am – 6:00pm both days Where: Mt Hood Community College *To register visit: Http://CERT.doattend.com*

Schedule for Course

Saturday, March 3^{rd} - Day 1: 0800-1130 - CERT/Disasters and the 'larger system' – Unit 1 1130-1400 – Medical 1 – Unit 3 1400-1530 - Terrorism/Hazardous Materials – Unit 8 1530-1630 – Fire – Unit 2 1630-1800 - Disaster Psychology – Unit 7 Saturday, March 10th - Day 2: 0800-1030 – SAR and Patient Movement – Unit 5 1030-1130 - Communications/Radio use 1130-1430 – Medical 2 – Unit 4 1430-1600 – ICS, CERT Organization – Unit 6 1600-1800 – Concise Reporting and Tabletop Exercise – Unit 9

Books are provided for class use. If you would like to read prior to class visit: <u>http://www.citizencorps.gov/cert/training_mat.shtm</u>



Class Session Topics

Disaster Preparedness: The impact of disasters on buildings, non-structural elements, infrastructure and social systems. An overview of local hazards and basic preparedness.

Disaster Fire Suppression: Fire chemistry and behavior, reducing potential fire hazards, and basic fire suppression techniques.

Disaster Medical Operations: Treatment for life-threatening conditions; principles of triage; how to lift and carry for patient movement; head-to-toe assessments; basic first aid treatments, and establishing treatment areas.

Search & Rescue (SAR) and Disaster Psychology: Techniques for situation size-up & rescuer safety, recognizing rescuer limitations, victim extrication, and disaster psychology.

Team Organization and Decision Making: Volunteer management, documentation, & resource allocation.

AND Terrorism, Hazardous Materials and Disaster Psychology

All students are **required** to participate in a final exercise before being considered 'CERT Certified.' The final exercise for this class is **April 14th at the University of Portland**; students must register for this exercise.

If students wish to purchase a book, they may do so for \$20. However, we recommend the CERT All Weather Field Operationing Guide as a better choice, it is weather resistant and fits into a back pack. These guides can be found online and range in price from \$11 to \$15.

These are two LONG days of training. Please arrive well rested, dressed for the weather, and ready to interact with your fellow students. **Bring your own coffee, snacks and lunch.**