

## THE CAREGIVER RELIEF FUND

***The Caregiver Relief Fund is a respite funding service of Multnomah County Aging and Disability Services FAMILY CAREGIVER SUPPORT PROGRAM***

**Eligible Caregivers:** Unpaid family members, friends, neighbors, or domestic partners caring for a person 60 years old or older. The caregiver must reside in Multnomah County. The person in care must need substantial assistance in at least two activities of daily living (ADLs). ADLs include: bathing, behavior, dressing, eating, elimination, mobility/walking, personal hygiene/grooming, transferring. Family caregivers caring for a person receiving Medicaid services are not eligible. Family caregivers caring for a person receiving only financial assistance through Medicaid may be eligible if they meet the ADL requirements.

Caregivers of individuals with Alzheimer's disease (and related disorders with neurological and organic brain dysfunction) are eligible for Family Caregiver Support Program (FCSP) funds. The care receiver and caregiver can be of any age.

Grandparents, and other relatives (except parents), at least 55 years old, who are caring for a grandchild/child age 18 or younger, are eligible for FCSP funds. The grandparent/relative must be raising the grandchild/child, and the grandchild/child must reside with the grandparent/relative. ADL requirements do not exist, but grandparents caring for children with disabilities are the highest priority. Caregivers receiving TANF (Temporary Assistance for Needy Families) are eligible for FCSP funds.

Seniors, age 55 and older, caring for relative adult children with disabilities of any age are also eligible for funds. Eligible relatives can be grandparents, aunts, uncles, etc. ADL requirements are the same as above. This does not include parents, spouses, or partners caring for someone under 60 yrs of age with disabilities.

**Funds:** Award amounts are based on the needs of the caregiver. There is currently no income restriction; however, serving caregivers with financial needs is a priority. The agency or vendor sends an

invoice directly to Multnomah County's Family Caregiver Support Program. Payment is made directly to the respite provider or vendor.

**Respite Services:** Funds are available to pay for respite services. Caregivers must use an agency for services. Acceptable agencies include: home care agencies, adult day care centers, or facilities that provide overnight respite.

For elders caring for children, funds can be used to pay for agencies that provide child care, camps, or programs that offer after school activities.

**Supplemental Services:** Defined by the legislation as a variety of goods and services that may be provided to caregivers. This may include (but is not limited to) mobility aids, durable medical equipment, communication equipment (Lifeline, walkie-talkies, etc), grab bars, ramps, and/or any non-respite services which allow the caregiver to provide better care for the recipient.

**Caregiver Relief Fund Access.** An electronic intake form is available for case managers to complete. If you need an electronic form you can find it on the ADS website at:

[www.multco.us/ads/providers](http://www.multco.us/ads/providers)

The electronic intake form should be emailed to

[family.caregiver@multco.us](mailto:family.caregiver@multco.us) Award letters for respite funds are mailed to family caregivers and case managers directly.

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Family Caregiver Support Program staff is available for presentations to any group (business, church, provider, etc.) that have an interest in caregiver issues. Presentations can also be made available for caregiver support groups, health fairs, etc. Caregivers may access a broad range of information about support groups, caregiver training, local and national resources through the ADS Helpline, and the Family Caregiver Support Program.