



Joint Advisory Councils (ASAC/DSAC)

April 21, 2026

Aging, Disability, and Veterans
Services Division

Department of County Human Services

Welcome and agenda

- Welcome and agenda
- Zoom and accessibility
- Land and acknowledgement
- Introductions
- Nutrition Program - A resource for advocacy
- Break
- Age Friendly Business Certification - Logo voting
- USAging policy priorities
- O4AD - Share out from Spring retreat
- Public testimony, comments or announcements



Main features of using Zoom on a computer.

Zoom application features in the works, as requested.

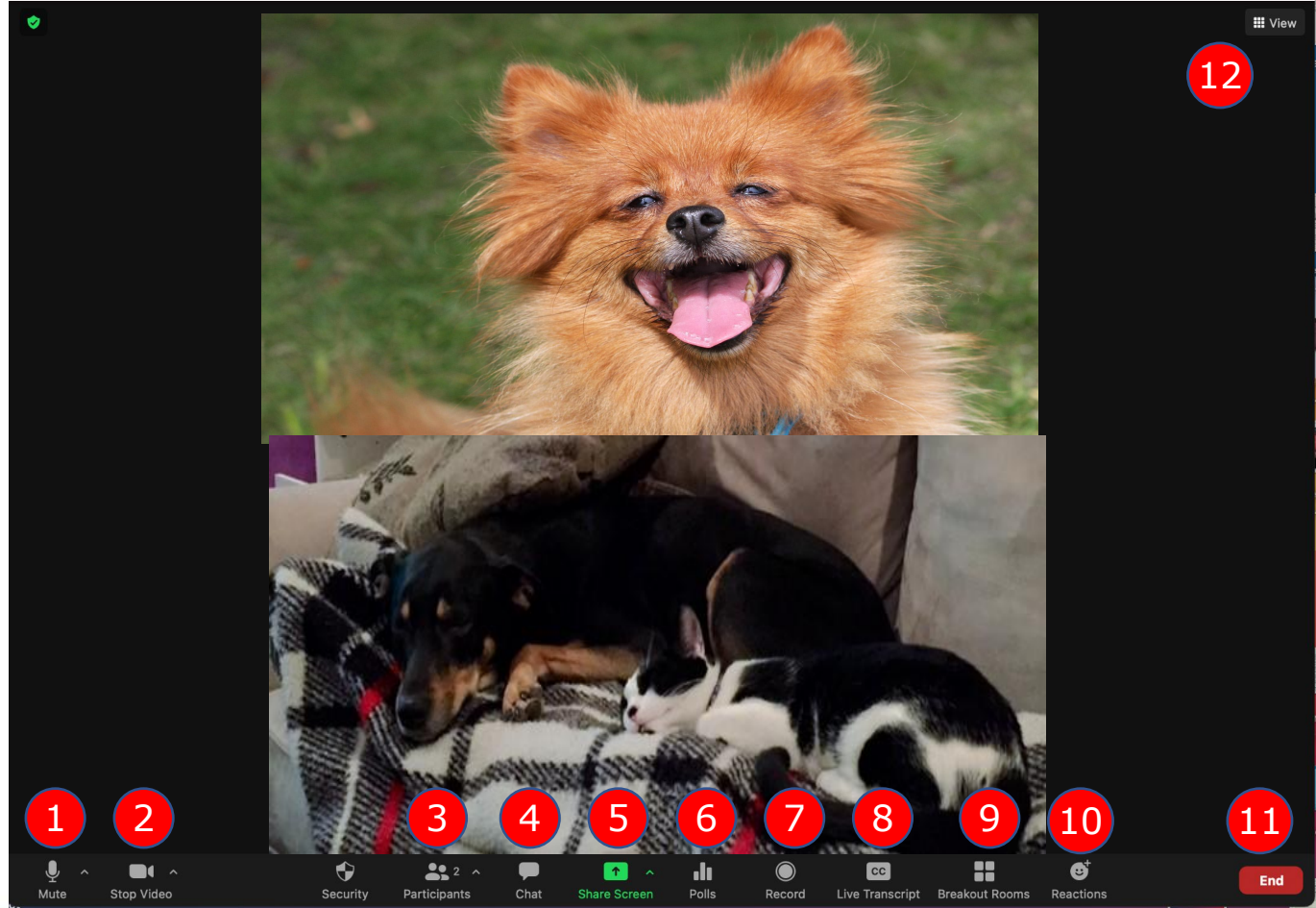
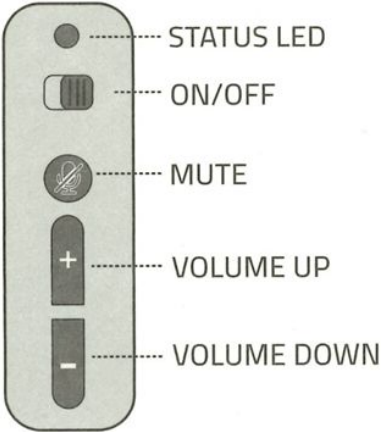
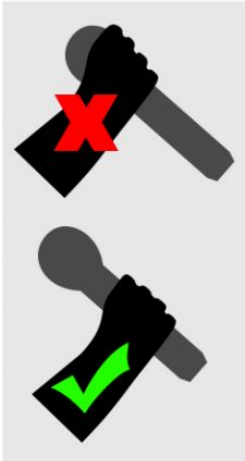


Image of a Zoom platform screen with two dogs in the participant boxes and red circles with white numbers above each of the Zoom button icons.

Using the microphone



Hold the mic about 5cm/2" from your mouth...



and don't cup it!
(unless you're rapping)



Please silence your cell phones

**PLEASE SILENCE
YOUR DEVICES**



Accessibility statement

We will (imperfectly!) model accessible presentation techniques such as:

- Using a minimum of 20 point font on slides.
- Limiting reliance on words and images.
- Orally describe visual presentation elements.
- Taking time on slides.



Land acknowledgement

We are located in Portland, Oregon, Multnomah county.

Today, we honor the Indigenous people whose traditional and ancestral homelands we stand on—the Multnomah, Kathlamet, Clackamas, Tumwater, Watlala bands of the Chinook, the Tualatin Kalapuya and many other Indigenous nations of the Columbia River.

It is important we acknowledge the ancestors of this place and to recognize that we are here because of the sacrifices forced upon them.

In remembering these communities, we honor their legacy, their lives, and their descendants.



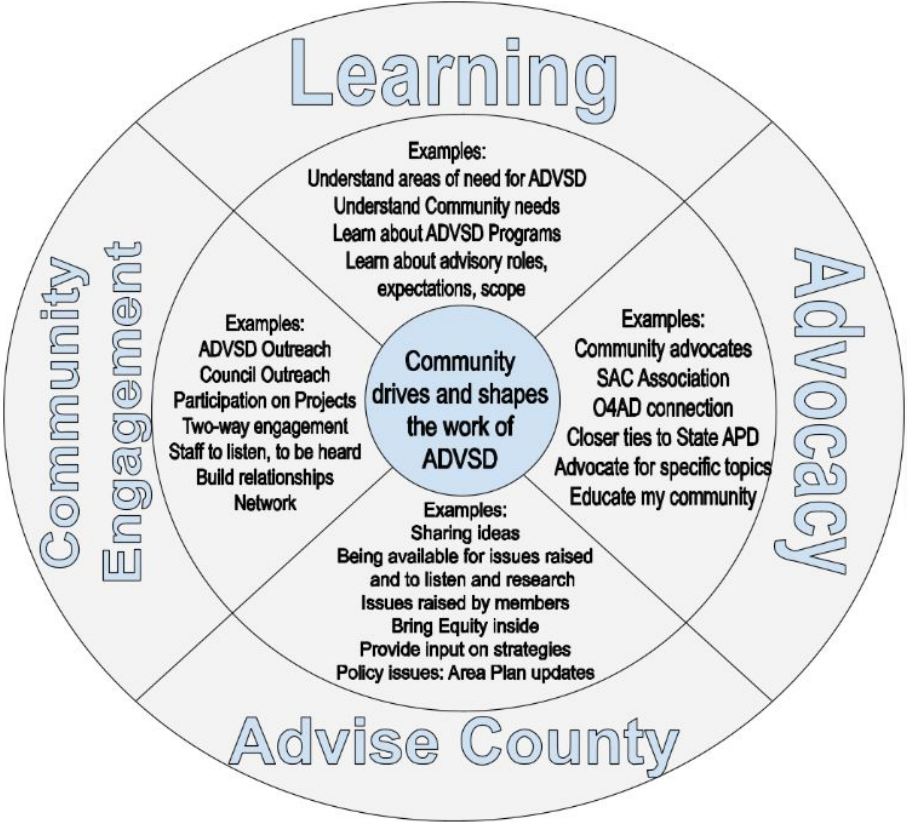
Quick introductions

Please share:

- Your name
- Pronouns
- Prompt — *A quick 'This or That' question. Do you prefer Ocean Breeze or Mountain Air?*



Grounding us in the Purpose of Advisory Councils



Nutrition Program Key Performance Indicators

- A resource for advocacy

- **Purpose for today:** Learning and Advocacy for the Nutrition Program - Area Plan task, be informed about the Nutrition program and related data for advocacy
- **Baseline Project goal:** All programs are clearly defined; have benchmark data points



Logic Model (handout)

Planned Work: What your program does... ➤		Intended Results: What your program expects to achieve from what it does...			
Inputs ➤	Activities ➤	Outputs ➤	Short-term Outcomes ➤	Long-term Outcomes ➤	Impacts
What resources and investments does your program use?	What action/work is your program/staff doing for participants?	What did activities produce for participants? How much work was done by the program?	What immediate/short-term changes are expected for participants from activities?	What long-term changes are expected for participants from activities or prior outcomes?	What changes are expected in the community, beyond the participant?
<ul style="list-style-type: none"> • ADVSD staff <ul style="list-style-type: none"> ○ Registered Dietitian ○ Contract Liaison ○ Program Technicians ○ Data Quality & Training Coordinator ○ Budget staff ○ Program management • Providers/Partners <ul style="list-style-type: none"> ○ Congregate Meals: AHSC, EPHC, IRCO, MOWP, NAYA, Stone Soup ○ Home Delivered Meals: EMO, MOWP ○ Subcontracted meal providers ○ Partner volunteers & nutrition educators • Funding <ul style="list-style-type: none"> ○ OAA ○ County General 	<ul style="list-style-type: none"> • ADVSD staff <ul style="list-style-type: none"> • Review meal menus • Conduct nutrition education at congregate meals • Conduct contract management functions • Providers/Partners <ul style="list-style-type: none"> • Conduct nutrition education • Provide congregate (group) meals • Provide home delivered meals & resources • Conduct nutrition screening, assessment & identify nutrition risk 	<ul style="list-style-type: none"> • Education & Counseling <ul style="list-style-type: none"> ○ # of education contacts ○ # of congregate sessions ○ # of HDM sessions ○ # of attendees • Contract Management <ul style="list-style-type: none"> ○ # of contracts administered ○ # of partners • Congregate Meals <ul style="list-style-type: none"> ○ # of opportunities (meal events offered) ○ # of meals provided ○ # of individuals served • Home Delivered Meals <ul style="list-style-type: none"> ○ # of meals provided ○ # of individuals served • Nutrition Screening/Assessment <ul style="list-style-type: none"> ○ # of screenings/assessments ○ # of individuals identified as high nutrition risk 	<ul style="list-style-type: none"> • Increased awareness of other services (e.g. OAA, Medicaid, SNAP) • Increased social & cultural interactions • Increased knowledge of good nutrition & healthy eating • Increased access to meals & healthy food options • Healthier diets (e.g. improved nutrient intake, overall diet quality) • Improved safety (e.g. wellness checks) 	<ul style="list-style-type: none"> • Improved social connectedness & mental health (e.g. reduced loneliness, isolation, & depression) • Reduced poor nutrition risk (e.g. reduction in nutrition risk scores) • Reduced food insecurity • Increased independence (e.g. ability to live in home; less likely to be admitted to a nursing facility) • Reduced healthcare utilization & expenditure (e.g. emergency department visits, hospital admissions) • Increased health (e.g. better management of chronic health conditions) 	<ul style="list-style-type: none"> • Increased intergenerational social connectedness • A more connected & accessible service system • Increased support for family & community members • Reduced healthcare system utilization & expenditure (e.g. medical system, institutions, medicare spending) • Supported local economies (e.g. partners, food purchases, employment, alternative spending)



Logic Model (handout)

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Inputs & Resources

- Funding for Nutrition program
 - Older Americans Act and County General Funds
- Providers/Partners
 - Contract through partners to provide meals (congregate and home delivered), nutrition screenings, and some education
 - Culturally-Responsive and Culturally-Specific partners/meals



Congregate Meals

Outputs

- # of events
- # of meals provided
- # of people served

Short-Term Outcomes

- ↑ social cultural interactions
- ↑ access to meals & healthy food options
- ↑ awareness of other services
- ↑ healthier diets

Long-Term Outcomes

- ↑ social connectedness & mental health
- ↓ poor nutrition risk
- ↓ food insecurity
- ↑ physical health
- ↓ healthcare use



Home-Delivered Meals

Outputs

- # of meals provided
- # of people served

Short-Term Outcomes

- ↑ access to meals & healthy food options
- ↑ healthier diets
- ↑ safety (wellness checks)

Long-Term Outcomes

- ↑ independence
- ↓ poor nutrition risk
- ↓ food insecurity
- ↑ physical health
- ↓ healthcare use



Output data (July 1, 2024 - June 30, 2025)



of Meals Served
458,059

% of Meals Served by Culturally Specific Providers
9%



of Participants Served
4,981

% of Participants Served by Culturally Specific Providers
23%



Output data (July 1, 2024 - June 30, 2025)

of Meals Served by Meal Type

Congregate Meals	Congregate Meals	38,486
	Ethnic Cong Breakfast	1,061
	Ethnic Congregate Meals	28,722
Home Delivered ..	Home Delivered Meals	385,379
	OPI Exp Home Delivered Meals	4,411
Grand Total		458,059



Output data (July 1, 2024 - June 30, 2025)

of Meals Served by Provider

Culturally Responsive	MOWP	410,626
	Stone Soup	6,450
Culturally Specific	AHSC	13,350
	EMO	7,824
	EPHC	3,376
	IRCO (EE)	14,036
	NAYA	2,397
Grand Total		458,059



Output data (July 1, 2024 - June 30, 2025)

of Participants Served by Meal Type

Congregate Meals	Congregate Meals	1,866
	Ethnic Cong Breakfast	38
	Ethnic Congregate Meals	1,066
Home Delivered ..	Home Delivered Meals	2,285
	OPI Exp Home Delivered Meals	14
Grand Total		4,981



Output data (July 1, 2024 - June 30, 2025)

of Participants Served by Provider

Culturally Responsive	MOWP	3,529
	Stone Soup	593
Culturally Specific	AHSC	733
	EMO	37
	EPHC	64
	IRCO (EE)	289
	NAYA	44
Grand Total		4,981



Nutrition Program advocacy

- **Revisiting the purpose for today:** Learning and advocacy for the Nutrition Program
- OAA Nutrition Program is a public-private partnership where AAAs use federal/private funds to administer nutrition services primarily through contracts with nonprofit community-based organizations.
- The network of local community-based nutrition providers have a profound impact on seniors each year.
- See the Program Summary (handout) for more information and to help with advocacy



15-minute break

**I'M TAKING
A BREAK**



Age-Friendly Business Certification Program

Overview

Jeremy Nguyen (he/him)
Quality Improvement Coordinator
ADVSD Director's Office

Program goals



**Identify & certify
age-friendly
businesses**

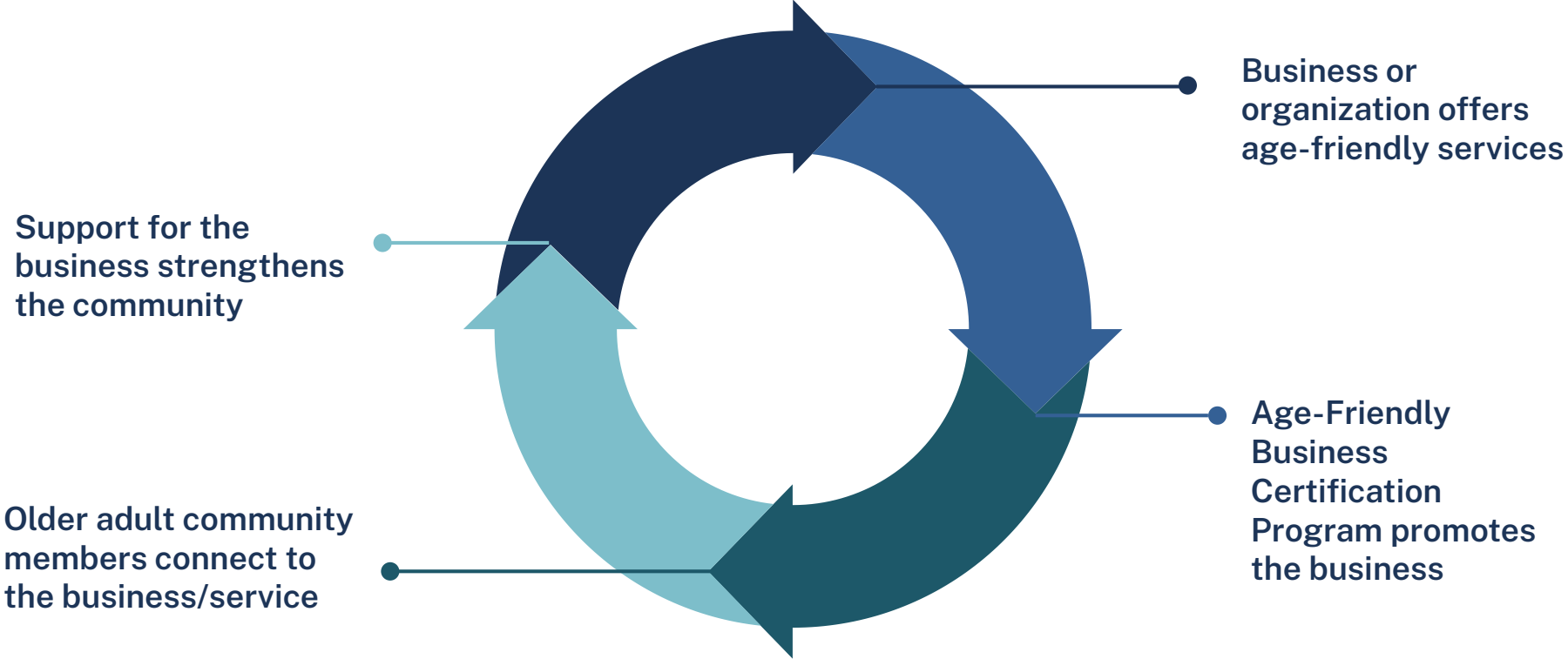


**Promote & connect
age-friendly
businesses in the
community**



**Build investment in
age-friendly business
practices and foster
inclusion**

Community benefits





Age-Friendly Business Certification Program

Window decal/sticker designs

Melanie Altaras (they/them)
ADVSD Program Communications
Coordinator

Consensus process

Which best describes your level of agreement?



No way!

Hold on, we need to talk about this.

I have reservations, but I could be convinced.

I guess I am okay with it.

Sounds good.

Love it!

← More discussion

More consensus →

Design Options



Option 1

Design Options



Option 2

Design Options



Option 3

Design Options



Option 1



Option 2



Option 3

US Aging Policy Priorities

[Full link to the briefing can be found here.](#)

- Supporting Aging Well at Home Through OAA Programs and Services
- Bolster Family and Professional Caregivers to Meet Growing Demand
- Protect Cost-Effective Medicaid Home and Community-Based Services
- Connect Health Care and Aging Sectors to Lower Costs and Improve Outcomes



O4AD Spring retreat share out & discussion

Questions to get you thinking:

- What did you learn about Oregon OAA programs and services?
- What are other AAAs doing that we should be aware of or learn from?
- What's a topic that you heard about that made you want to know more?



Public testimony

- Dave Daley: Advocacy opportunity to protect Ride Connection funding, oppose cuts proposed by TriMet.



Wrap-up

Upcoming Events:

- Tuesday, April 28th at OMSI, AARP Fraud Fighters Forum, 8:30 am - 12:00 pm; Advance registration is required at events.aarp.org/PDXFraudFighter2026
- Monday, May 4th Older Americans Month Proclamation 12:00pm, join us for a celebration at 1:00pm

Upcoming Meetings:

- ASAC: Tuesday, May 19, 2026 from 10:00 am - 12:00 pm
- DSAC: Wednesday, May 20, 2026 from 10:00 am - 12:00 pm

