



5th Annual

BREASTFEEDING & MATERNAL TOWN HALL

Connecting Community, Empowering Families
CREATING SUSTAINABLE SUPPORT SYSTEMS

August 6th, 10am-4pm
Gresham Library, 475 NW Division, Gresham, OR 97030



Dr. Amaka Nnamani, MD, FAAP
Board Certified Pediatrician &
Breastfeeding Advocate

President & CEO of Franklin Pediatric Associates, Dr. Nnamani is a nationally recognized leader in maternal and child health, dedicated to advancing breastfeeding equity through clinical care, education, advocacy, and community partnerships.

Founder of the Mommy's Milk Rocks Breastfeeding Support Group and author of the award-winning children's book *Ziora's Quest: Mommy's Milk Rocks!* Her work has been featured by NPR, BBC, ABC, and the American Academy of Pediatrics. Recipient of the 2025 American Academy of Pediatrics Ruth Lawrence Emergent Leader Breastfeeding Award.



Dr. Khaleed Alston, ND
Naturopathic Physician

Dr. Khaleed Alston ND, is a naturopathic physician who is passionate about teaching people how to live longer and healthier lives.

He believes that food is medicine and views nutrition as the fundamental building block to a healthy life.



Please note: Registration is required for both in-person and virtual attendance. Please register by July 31 for the in-person option, as seating is limited.



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

To register, scan QR code or visit: rco.de/BFTHW