

**Department:** County Human Services      **Program Contact:** Erin Grahek  
**Program Offer Type:** Existing Operating Program      **Program Offer Stage:** As Requested  
**Related Programs:**  
**Program Characteristics:** In Target

**Executive Summary**

Aging, Disability & Veterans Services Division (ADVSD) provides older adults, people with disabilities, and Veterans equitable and efficient access to quality nutrition services that meet their diverse needs and expectations. Nutrition services increase health and reduce social isolation through culturally-responsive and culturally-specific services to maintain participants' independence and improve quality of life. Through federal, state and county funding, a network of community partners provide nutrition education and nutritious congregate and home-delivered meals.

**Program Summary**

**ISSUE:** As the federally designated Area Agency on Aging, ADVSD conducted listening sessions in 2016 with participants from diverse communities who identified that barriers to nutrition include a lack of both affordable food as well as access to culturally-specific meals.

**PROGRAM GOAL:** The Nutrition Program provides meals to older adults, people with disabilities, and Veterans who may be at nutritional risk, which is measured through a validated nutrition risk assessment. This program provides access to healthy meals; promotes health and prevents disease; reduces malnutrition risk and improves nutritional status; reduces social isolation, and links people to community-based services. Adequate nutrition, on a daily basis, is the key to a person maintaining adequate health necessary to live at home according to the U.S. Administration on Community Living.

**PROGRAM ACTIVITY:** The Nutrition Program is part of the access and early intervention continuum of care designed to support independent living. ADVSD funds organizations who provide congregate and home-delivered meals throughout Multnomah County that meet the tastes and preferences of diverse participants. Contracted providers serve those who have the greatest social and economic needs with special attention to individuals who are isolated, low-income, minority, and have limited English proficiency. In FY16, 28% of program participants said they were an ethnic or racial minority. Nutrition services are supported by the federal Older Americans Act, State, and County funding. All nutrition providers are required to be culturally responsive to the priorities and challenges facing diverse communities, while culturally-specific providers improve outcomes and meet preferences of a particular culture or group of cultures. In FY18, ADVSD will increase the percentage of funding to culturally-specific providers. Congregate meals are provided at nutrition sites, District Senior Centers, or other group settings. Home delivered meals are delivered to homebound individuals; frozen meals may be provided to cover weekends, holidays, and severe weather events. Meal contractors also provide nutrition education to promote better health by providing accurate nutrition and health information or instruction. ADVSD partners with the Multnomah County Health Department to provide a registered dietitian to review menu planning and ensure compliance with federal and state nutrition guidelines.

**Performance Measures**

Measure Type	Primary Measure	FY16 Actual	FY17 Purchased	FY17 Estimate	FY18 Offer
Output	# of meals served	636,231	636,231	636,231	625,000
Outcome	% of high nutritional risk participants who experienced a reduction in their annual risk score	11%	11%	11%	12%
Outcome	% of participants with increased ADVSD service utilization after receiving nutrition services	33%	33%	33%	40%
Outcome	% of home delivered meal participants satisfied or very satisfied with nutritional services	95%	95%	95%	95%

**Performance Measures Descriptions**

In 2016, ADVSD implemented a division-wide performance management system to measure participant outcomes and improve program administration. As a result, all ADVSD Program Offers were redesigned for FY18 to reflect the new measures. The FY17 Purchased amounts are estimates and differ from measures shown in the FY17 Adopted Budget.

## Legal / Contractual Obligation

ADVSD has a contract with Oregon Department of Human Services to administer programs under the federal Older Americans Act, in Multnomah County. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2017	2017	2018	2018
Personnel	\$0	\$22,244	\$0	\$55,650
Contractual Services	\$464,716	\$1,633,524	\$461,716	\$1,570,130
Materials & Supplies	\$0	\$0	\$0	\$734
Internal Services	\$0	\$1,931	\$0	\$6,184
<b>Total GF/non-GF</b>	<b>\$464,716</b>	<b>\$1,657,699</b>	<b>\$461,716</b>	<b>\$1,632,698</b>
<b>Program Total:</b>	<b>\$2,122,415</b>		<b>\$2,094,414</b>	
<b>Program FTE</b>	0.00	0.28	0.00	0.50

Program Revenues				
Indirect for Dept. Admin	\$1,344	\$0	\$0	\$0
Intergovernmental	\$0	\$1,652,699	\$0	\$1,627,698
Beginning Working Capital	\$0	\$5,000	\$0	\$5,000
<b>Total Revenue</b>	<b>\$1,344</b>	<b>\$1,657,699</b>	<b>\$0</b>	<b>\$1,632,698</b>

## Explanation of Revenues

\$5,000 – Federal/State Beginning Working Capital  
\$78,000 – OPI PWD Pilot Project  
\$62,568 – Title IIIB  
\$386,251 – Title IIIC-1  
\$627,142 – Title IIIC-2  
\$473,737 – U.S. Department of Agriculture

## Significant Program Changes

**Last Year this program was:** FY 2017: 25020A ADVSD Access & Early Intervention Services

In FY18, Program Offer 25020 ADVSD Access & Early Intervention Services has been split into seven Program Offers: 25032 ADVSD Outreach, Information & Referral, 25033 ADVSD Nutrition Program, 25034 ADVSD Health Promotion, 25035 ADVSD Case Management & In-home Services, 25036 ADVSD Safety Net Services, 25037 ADVSD Transportation Services, and 25038 ADVSD Advocacy & Community Program Operations.