

Department: County Human Services **Program Contact:** Erin Grahek
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Requested
Related Programs:
Program Characteristics: In Target

Executive Summary

Aging, Disability & Veterans Services Division (ADVSD) provides older adults, people with disabilities, and Veterans equitable and efficient access to quality nutrition services that meet their diverse needs and expectations. Nutrition services increase health and reduce social isolation through culturally responsive and culturally specific services to maintain participants' independence and improve quality of life. Through Federal, State and County funding, a network of community partners provide nutrition education and nutritious congregate and home-delivered meals.

Program Summary

ISSUE: As the Federally designated Area Agency on Aging, ADVSD conducted listening sessions in 2016 with participants from diverse communities who identified that barriers to nutrition include a lack of both affordable food and access to culturally specific meals.

PROGRAM GOAL: The Nutrition Program provides meals to older adults, people with disabilities, and Veterans who may be at nutritional risk, which is measured through a validated nutrition risk assessment. This program provides access to healthy meals, promotes health and prevents disease, reduces malnutrition risk, and improves nutritional status; reduces social isolation; and links people to community-based services. Adequate daily nutrition is the key to a person maintaining the health necessary to live at home according to the U.S. Administration on Community Living.

PROGRAM ACTIVITY: The Nutrition Program is part of the access and early intervention continuum of care designed to support independent living. ADVSD funds organizations that provide congregate and home-delivered meals that meet the tastes and preferences of diverse participants. Contracted providers serve those who have the greatest social and economic need with special attention to those who are isolated, are minorities, have low incomes, and have limited English proficiency. In FY 2017, 30% of program participants said they were an ethnic or racial minority. Nutrition services are supported by the Federal Older Americans Act, State, and County funding. All nutrition providers are required to be culturally responsive to the priorities and challenges facing diverse communities. Providers delivering culturally specific services improve outcomes and meet preferences of a particular culture or group of cultures. In FY 2016, 4% of all meals were provided as a culturally specific service. In FY 2018, ADVSD increased the percentage of the nutritional budget for culturally specific services from 20% to 38%.

Congregate meals are provided at nutrition sites, District Senior Centers, or other group settings. Home delivered meals are delivered to homebound participants; frozen meals may be provided to cover weekends, holidays, and severe weather events. Meal contractors also provide nutrition education to promote better health by providing accurate nutrition and health information or instruction. ADVSD partners with the Multnomah County Health Department to provide a registered dietitian to review menu planning and ensure compliance with Federal and State nutrition guidelines.

Performance Measures

Measure Type	Primary Measure	FY17 Actual	FY18 Purchased	FY18 Estimate	FY19 Offer
Output	# of meals served	562,711	625,000	562,119	600,000
Outcome	% of meals through culturally specific services ¹	5.3%	N/A	5.7%	12.0%
Outcome	% of high nutritional risk participants who experienced an improvement in their annual risk score ²	25%	12%	25%	25%
Output	% of home-delivered meal participants satisfied or very satisfied with nutritional services	88%	95%	88%	95%

Performance Measures Descriptions

¹New measure for FY 2019. ²Reworded for clarity: formerly “% of high nutritional risk participants who experienced a reduction in their annual risk score.”

Previous measure: “% of participants with increased ADVSD service utilization after receiving nutrition services” FY17 Actual=23%, FY18 Purchased=40%, FY18 Estimate=23%.

Legal / Contractual Obligation

In Multnomah County, ADVSD has a contract with the Oregon Department of Human Services to administer programs under the Federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2018	2018	2019	2019
Personnel	\$0	\$55,650	\$0	\$59,175
Contractual Services	\$461,716	\$1,570,130	\$489,109	\$1,547,552
Materials & Supplies	\$0	\$734	\$0	\$1,743
Internal Services	\$0	\$6,184	\$0	\$6,945
Total GF/non-GF	\$461,716	\$1,632,698	\$489,109	\$1,615,415
Program Total:	\$2,094,414		\$2,104,524	
Program FTE	0.00	0.50	0.00	0.50

Program Revenues				
Intergovernmental	\$0	\$1,627,698	\$0	\$1,615,415
Beginning Working Capital	\$0	\$5,000	\$0	\$0
Total Revenue	\$0	\$1,632,698	\$0	\$1,615,415

Explanation of Revenues

\$627,142 - Title IIIC-2
\$420,518 - Title IIIC-1
\$411,892 - U.S. Department of Agriculture
\$88,000 - OPI PWD Pilot Project
\$67,863 - Title IIIB

Significant Program Changes

Last Year this program was: FY 2018: 25033 ADVSD Nutrition Program

Community Services engaged in a robust planning, procurement, and allocation process, in order to purchase both culturally responsive and culturally specific services for older adults in our communities. This work was in partnership with the Office of Diversity and Equity and in response to community feedback through Area Plan listening sessions, and resulted in an increased percentage of funding for agencies that deliver culturally specific services.