

**Department:** County Human Services

**Program Contact:** Erin Grahek

**Program Offer Type:** Existing Operating Program

**Program Offer Stage:** As Adopted

**Related Programs:**
**Program Characteristics:**
**Executive Summary**

Aging, Disability & Veterans Services Division (ADVSD) provides equitable and efficient access to quality nutrition services that meet diverse needs and expectations. Nutrition services increase health and reduce social isolation through culturally responsive and culturally specific services to maintain participants' independence and improve quality of life. Through Federal, State and County funding, a network of community partners provides nutrition education and nutritious congregate and home-delivered meals.

**Program Summary**

**ISSUE:** As the federally designated Area Agency on Aging, ADVSD conducted listening sessions in 2016 with participants from diverse communities who identified that barriers to nutrition include a lack of both affordable food and access to culturally-specific meals.

**PROGRAM GOAL:** The Nutrition Program provides meals to older adults, people with disabilities, and Veterans who may be at nutritional risk, which is measured through a validated nutrition risk assessment. This program provides access to healthy meals; promotes health and prevents disease; reduces malnutrition risk and improves nutritional status; reduces social isolation; and links people to community-based services. Adequate nutrition, on a daily basis, is the key to a person maintaining adequate health necessary to live at home according to the U.S. Administration on Community Living.

**PROGRAM ACTIVITY:** The Nutrition Program is part of the access and early intervention continuum of care designed to support independent living. ADVSD funds organizations who provide congregate and home-delivered meals throughout Multnomah County that meet the tastes and preferences of diverse participants. Contracted providers serve those who have the greatest social and economic need with special attention to individuals who are isolated, low-income, minority, and have limited English proficiency. In FY 2018, 31.7% of program participants said they were an ethnic or racial minority. All nutrition providers are required to be culturally responsive to the priorities and challenges facing diverse communities. Providers delivering culturally specific services improve outcomes and meet preferences of a particular culture or group of cultures. In order to provide more culturally specific services, ADVSD shifted the nutrition budget for culturally specific services from 20% to 38% in FY 2018. Congregate meals are provided at nutrition sites, District Senior Centers, or other group settings. Home-delivered meals are delivered to homebound participants; frozen meals may be provided to cover weekends, holidays, and severe weather events. Meal contractors also provide nutrition education to promote better health by providing accurate nutrition and health information or instruction. ADVSD has contracted with an on-call dietitian to provide the required review of planned menus and ensure compliance with Federal and State nutrition guidelines.

**Performance Measures**

| Measure Type | Primary Measure   | FY18 Actual | FY19 Purchased | FY19 Estimate        | FY20 Offer |
|--------------|---|-------------|----------------|----------------------|------------|
| Output       | # of meals served   | 537,379     | 600,000        | 537,379 <sup>1</sup> | 545,000    |
| Outcome      | % of high nutritional risk participants who experienced an improvement in their annual risk score | 35%         | 25%            | 35%                  | 35%        |
| Output       | % of meals through culturally specific services   | 6.4%        | 12.0%          | 7.0% <sup>1</sup>    | 8.0%       |
| Output       | % of home-delivered meal participants satisfied or very satisfied with nutritional services       | 87%         | 95%            | 92%                  | 92%        |

**Performance Measures Descriptions**

<sup>1</sup>After reallocating funds to culturally specific providers in FY18, the overall number of meals and percentage of meals served decreased because meal costs are higher for these providers.

## Legal / Contractual Obligation

In Multnomah County, ADVSD has a contract with the Oregon Department of Human Services to administer programs under the Federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

## Revenue/Expense Detail

|                         | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds |
|-------------------------|-----------------------|----------------------|-----------------------|----------------------|
| <b>Program Expenses</b> | <b>2019</b>           | <b>2019</b>          | <b>2020</b>           | <b>2020</b>          |
| Personnel               | \$0                   | \$59,175             | \$0                   | \$80,998             |
| Contractual Services    | \$489,109             | \$1,547,552          | \$494,457             | \$1,614,194          |
| Materials & Supplies    | \$0                   | \$1,743              | \$0                   | \$1,742              |
| Internal Services       | \$0                   | \$6,945              | \$0                   | \$6,354              |
| <b>Total GF/non-GF</b>  | <b>\$489,109</b>      | <b>\$1,615,415</b>   | <b>\$494,457</b>      | <b>\$1,703,288</b>   |
| <b>Program Total:</b>   | <b>\$2,104,524</b>    |                      | <b>\$2,197,745</b>    |                      |
| <b>Program FTE</b>      | 0.00                  | 0.50                 | 0.00                  | 0.50                 |

| Program Revenues     |            |                    |            |                    |
|----------------------|------------|--------------------|------------|--------------------|
| Intergovernmental    | \$0        | \$1,615,415        | \$0        | \$1,703,288        |
| <b>Total Revenue</b> | <b>\$0</b> | <b>\$1,615,415</b> | <b>\$0</b> | <b>\$1,703,288</b> |

## Explanation of Revenues

\$627,142 - Title IIIC-2  
\$489,034 - Title IIIC-1  
\$438,532 - U.S. Department of Agriculture  
\$78,000 - OPI PWD Pilot Project  
\$70,580 - Title IIIB

## Significant Program Changes

Last Year this program was: FY 2019: 25033-19 ADVSD Nutrition Program