

Department: County Human Services

Program Contact: Marina Khalina

Program Offer Type: Existing

Program Offer Stage: Proposed

Related Programs:
Program Characteristics:

Executive Summary

The Nutrition Program provides meals to older adults, people with disabilities, and Veterans who may be at nutritional risk. Nutrition services increase health and reduce social isolation. The program uses culturally responsive and culturally specific services. These services help maintain participants' independence and improve their quality of life. A network of community partners provides nutrition education and nutritious meals.

Program Description

ISSUE: Participants from diverse communities report they need more affordable food and access to culturally specific meals.

PROGRAM GOAL: The Nutrition Program provides meals to older adults, people with disabilities, and Veterans who may be at nutritional risk. Access to good nutrition helps to support better health and results in consumers' ability to remain independent in their own home. A nutrition risk assessment measures this risk. This program gives access to healthy meals. Healthy meals prevent disease, improve nutritional status, and reduce social isolation. The program also links people to community-based services.

PROGRAM ACTIVITY: ADVSD provides funding to community partners to provide nutrition education and nutritious meals. Meals are both home-delivered and available at dining sites. These meals meet the tastes of diverse participants. The program serves people with the greatest social and economic needs. Nutrition services pay special attention to isolated, low-income, minority, and limited English participants. In FY 2022, 42% of participants identified as Black, Indigenous, and/or People of Color (BIPOC). Providers are culturally responsive to the priorities and challenges facing diverse communities. The COVID-19 pandemic closed in-person meal sites and partners have moved to home-delivered meals. ADVSD increased funding to culturally specific providers serving communities harder hit by COVID-19. Culturally specific providers maximize funds and community impact by using culturally specific restaurants and stores when possible. This increases the economic well-being of the communities where the elders live. ADVSD uses a dietitian to review menus and follow nutrition guidelines.

Performance Measures

Measure Type	Primary Measure	FY22 Actual	FY23 Budgeted	FY23 Estimate	FY24 Offer
Output	Number of meals served	557,814	592,000	477,864 ¹	450,000
Outcome	Percent of high nutritional risk participants who experienced an improvement in their annual risk score	47%	45%	47%	45%
Output	Percent of meals through culturally specific services	17%	19%	18%	19%
Outcome	Percent of home-delivered meal participants satisfied or very satisfied with nutritional services	96% ²	92%	96%	92%

Performance Measures Descriptions

¹Increased food costs and the end of Pandemic funding and disaster declaration led to a decrease in meals served.

²Based on responses to the question "How do you usually feel about the quality of the meal?"

Legal / Contractual Obligation

Multnomah County ADVSD has a contract with the Oregon Department of Human Services to administer programs under the Federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2023	2023	2024	2024
Personnel	\$0	\$69,653	\$0	\$76,200
Contractual Services	\$659,770	\$1,730,694	\$706,257	\$1,600,706
Materials & Supplies	\$2,000	\$3,786	\$2,000	\$3,786
Internal Services	\$0	\$6,112	\$0	\$6,256
Total GF/non-GF	\$661,770	\$1,810,245	\$708,257	\$1,686,948
Program Total:	\$2,472,015		\$2,395,205	
Program FTE	0.00	0.50	0.00	0.50

Program Revenues				
Intergovernmental	\$0	\$1,810,245	\$0	\$1,686,948
Total Revenue	\$0	\$1,810,245	\$0	\$1,686,948

Explanation of Revenues

\$595,898 - Title IIIC-2 (OAA – Home Meals) (Federal)
\$565,522 - Title IIIC-1 (OAA – Congregate Meals) (Federal)
\$360,262 - U.S. Department of Agriculture (Federal)
\$86,242 - Title IIIB (OAA – Supportive Services) (Federal)
\$79,024 - PWD OPI Pilot Project (State)

Significant Program Changes

Last Year this program was: FY 2023: 25033 ADVSD Nutrition Program