

Program #25033 - ADVSD Nutrition Program
FY 2026 Proposed
Department: County Human Services

Program Contact: Marina Khalina

Program Offer Type: Operating

Program Offer Stage: Proposed

Related Programs:
Program Characteristics:
Program Description

ISSUE: Having access to healthy meals each day is a challenge for many older adults, people with disabilities and Veterans. Limited income, functional impairment, and social isolation can be barriers to maintaining adequate nutrition. Lack of access to culturally appropriate foods can also be a barrier. Poor nutrition may lead to malnourishment, disease, and difficulty living independently at home.

PROGRAM GOAL: The Nutrition Program helps support health, prevent disease, and reduce social isolation. This intervention ultimately helps participants remain independent in their homes. The Nutrition Program honors consumer choice and cultural preferences. Staff also help connect participants to other services in the community.

PROGRAM ACTIVITY: ADVSD provides funding to community partners to provide healthy meals and nutrition education. Meals are both home-delivered and available at community dining sites (congregate meals). Participants' level of nutritional risk is assessed on a regular basis. Their meal services can be adjusted as needed. This program addresses social isolation in several ways. When participants receive home-delivered meals, the staff making the delivery often visit and check in with them. Participants who attend congregate meal sites can socialize in a community setting. Visiting a meal site also helps participants learn about other events and offerings at the service site.

The Nutrition Program offers a variety of food to meet participants' preferences. A dietitian ensures that all meals meet nutritional standards. Culturally specific partners serve foods from local restaurants and groceries from their communities. This helps local minority-owned businesses succeed.

PROGRAM OUTPUTS:

- Fund contracted partners to serve home delivered and congregate meals.
- Fund culturally specific contracted partners to serve home delivered and congregate meals.

Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Number of meals served	479,134	360,000	463,000	360,000
Output	Number of meals served by culturally specific providers ¹	35,000	N/A	35,000	35,000

Performance Measures Descriptions

¹New Measure: This number includes meals served by providers contracted by ADVSD to provide culturally specific nutrition services.

Legal / Contractual Obligation

Multnomah County ADVSD has a contract with the Oregon Department of Human Services to administer programs under the federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2025	2025	2026	2026
Contractual Services	\$21,052	\$2,827,212	\$316,955	\$2,016,315
Materials & Supplies	\$2,000	\$3,786	\$2,274	\$3,353
Internal Services	\$0	\$7,254	\$0	\$0
Total GF/non-GF	\$23,052	\$2,838,252	\$319,229	\$2,019,668
Program Total:	\$2,861,304		\$2,338,897	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues				
Intergovernmental	\$0	\$2,838,252	\$0	\$2,019,668
Total Revenue	\$0	\$2,838,252	\$0	\$2,019,668

Explanation of Revenues

\$976,707 - Title IIIC-1 (OAA – Congregate Meals) (Federal)
\$740,208 - Title IIIC-2 (OAA – Home Meals) (Federal)
\$255,174 - U.S. Department of Agriculture (Federal)
\$44,226 - PWD OPI Pilot Project (State)
\$3,353 - Title IIIB (OAA – Supportive Services) (Federal)

Significant Program Changes

Last Year this program was: FY 2025: 25033 ADVSD Nutrition Program

Contractual Services decreased by \$797k in Federal funds: Title IIIC-1 (OAA – Congregate Meals), Title IIIC-2 (OAA – Home Meals), and U.S. Department of Agriculture.