

Division: Aging, Disability & Veterans Services

Program Characteristics:

Program Description

Having access to healthy meals each day is a challenge for many older adults and people with disabilities. Limited income, functional impairment, and social isolation can be barriers to maintaining adequate nutrition. Poor nutrition may lead to malnourishment, disease, and difficulty living independently at home. The Nutrition Program helps support health and wellness and reduce social isolation. Options honor consumer choice and cultural preferences. Staff also help connect participants to other services in the community.

The Aging, Disability, and Veterans Services Division (ADVSD) contracts with community partners to provide healthy meals and nutrition education. Meals are both home-delivered and available at community dining sites (congregate meals). Participants' level of nutritional risk is assessed on a regular basis. Their meal services can be adjusted as needed. The Nutrition Program offers a variety of food to meet participants' preferences. A dietitian ensures that all meals meet federal nutritional standards.

This program also addresses social isolation in several ways. When participants receive home-delivered meals, the staff making the delivery often visit and check in with them. Participants who attend congregate meal sites can socialize in a community setting. Visiting a meal site also encourages participants to engage with other events and offerings at the service site.

Equity Statement

Nutritious meals that support the culture of underserved and marginalized communities are an important part of wellness for many older adults and people with disabilities. Enhancing Equity partner organizations often partner with culturally specific restaurants and grocery stores within their communities, supporting local businesses. The Aging, Disability, and Veterans Services Division (ADVSD) conducts outreach to encourage people of all identities and backgrounds to access its services.

Revenue/Expense Detail

| | 2026 General Fund | 2026 Other Funds | 2027 General Fund | 2027 Other Funds |
|-------------------------|----------------------|---------------------|----------------------|---------------------|
| Contractual Services | \$316,955 | \$2,016,315 | \$381,364 | \$1,956,412 |
| Materials & Supplies | \$2,274 | \$3,353 | \$2,274 | \$0 |
| Total GF/non-GF | \$319,229 | \$2,019,668 | \$383,638 | \$1,956,412 |
| Total Expenses: | \$2,338,897 | | \$2,340,050 | |
| Program FTE | 0.00 | 0.00 | 0.00 | 0.00 |
| Program Revenues | | | | |
| Intergovernmental | \$0 | \$2,019,668 | \$0 | \$1,956,412 |
| Total Revenue | \$0 | \$2,019,668 | \$0 | \$1,956,412 |

Performance Measures

| Performance Measure | FY25 Actual | FY26 Estimate | FY27 Target |
|---|----------------|------------------|----------------|
| Number of meals served | 461,500 | 486,592 | 470,000 |
| Number of meals served by culturally specific providers | 44,412 | 47,126 | 45,240 |