

Division: Aging, Disability & Veterans Services

Program Characteristics:

Program Description

As people age, the risk for developing chronic health conditions, such as diabetes or heart disease, increases. Adults with chronic conditions have higher rates of hospital admissions. The risk of falling also increases with age. Studies show that falls result in health decline and potential hospitalization. Failure to follow care plans after a hospital stay can lead to return visits to the hospital. This offer includes two separate programs. These programs support participants' health and safety, and give participants skills to manage their own health as they age. The programs funded in this offer are proven to reduce participants' hospitalization rates.

Evidence-Based Health Promotion (EBHP) programs teach people how to manage chronic health conditions and avoid falls. EBHP includes a variety of courses and workshops offered by community partners. Topics include diabetes prevention, chronic disease self-management, Tai Chi, and walking groups. These courses help reduce social isolation and support healthy aging.

The Care Transitions program supports people who were recently hospitalized due to a chronic health condition. Coaches visit participants at home to help them understand and follow their care plan. They review medications and discuss red flags related to participants' health conditions. Coaches help participants take an active role in managing their health.

Equity Statement

The Aging, Disability, and Veterans Services Division (ADVSD) works with Enhancing Equity partner organizations to offer Evidence-Based Health Promotion activities. They tailor classes to the cultures and languages of the populations they serve, allowing for meaningful participation from people of various backgrounds and identities. Care Transitions coaches consider the cultural and linguistic needs of each participant, including using language interpreters.

Revenue/Expense Detail

| | 2026 General Fund | 2026 Other Funds | 2027 General Fund | 2027 Other Funds |
|-------------------------|------------------------------|-----------------------------|------------------------------|-----------------------------|
| Personnel | \$0 | \$140,932 | \$0 | \$146,877 |
| Contractual Services | \$113,050 | \$98,804 | \$66,742 | \$157,499 |
| Materials & Supplies | \$12,408 | \$12,022 | \$6,195 | \$10,929 |
| Internal Services | \$0 | \$63,424 | \$0 | \$31,532 |
| Total GF/non-GF | \$125,458 | \$315,182 | \$72,937 | \$346,837 |
| Total Expenses: | \$440,640 | | \$419,774 | |
| Program FTE | 0.00 | 1.00 | 0.00 | 1.00 |
| Program Revenues | | | | |
| Intergovernmental | \$0 | \$54,182 | \$0 | \$90,823 |
| Other / Miscellaneous | \$0 | \$261,000 | \$0 | \$256,014 |
| Total Revenue | \$0 | \$315,182 | \$0 | \$346,837 |

Performance Measures

| Performance Measure | FY25 Actual | FY26 Estimate | FY27 Target |
|--|------------------------|--------------------------|------------------------|
| Number of Evidence-Based Health Promotion (EBHP) courses offered | 27 | 25 | 27 |
| Number of participants served by Care Transitions | 534 | 165 | 165 |