

**Department:** County Human Services      **Program Contact:** Erin Grahek  
**Program Offer Type:** Existing Operating Program      **Program Offer Stage:** As Proposed  
**Related Programs:**  
**Program Characteristics:**

**Executive Summary**

Aging, Disability & Veterans Services Division (ADVSD) provides support through a continuum of access and early intervention programs for equitable and efficient access to quality services and programs. People caring either for their older family members or raising grandchildren face stress, financial burden which negatively impacts their own health and family well-being. The Family Caregiver Support Program (FCSP) alleviates burnout, maximizes independence, and provides support that allows people to remain in their homes.

**Program Summary**

**ISSUE:** It is estimated that 30% of the general population provide care for an older adult, according to research from AARP. These unpaid caregivers represent the largest source of long term services and support. Stress and financial burden impact caregivers' health and can increase nursing facility placement for their loved ones.

**PROGRAM GOAL:** As the federally designated Area Agency on Aging, ADVSD creates a four-year strategic plan for service. A focus area of our strategic plan is the support of family caregivers who experience emotional, financial, and health burdens as a result of their unpaid caretaking responsibilities. The goal of FCSP is to support primary family caregivers caring for an older adult family member or raising grandchildren or related family members. Supporting family caregivers can reduce nursing facility placement for older adults and can increase the well-being of younger family members. The Family Caregiver Support Program alleviates burnout, maximizes independence, and provides support that allows people to remain in their homes.

**PROGRAM ACTIVITY:** The Family Caregiver Support Program provides unpaid family caregivers with a system of supports that helps them provide quality care to their loved ones and makes caregiving easier. The Family Caregiver Support Program provides unpaid family caregivers with a connected system of information, training, options counseling, case management, peer support groups, and financial aid. The information and assistance services are expected to help caregivers identify and focus on their needs, while also empowering them to take advantage of available resources. Respite, financial awards, and education assistance are designed to reduce caregiver burnout. Support groups, training, and events connect caregivers to one another and needed resources.

**Performance Measures**

Measure Type	Primary Measure	FY19 Actual	FY20 Budgeted	FY20 Estimate	FY21 Offer
Output	Number of participants served by the Family Caregiver Support Program	347	355	347	350
Outcome	Percent of family caregivers who report services received were excellent or good	89%	90%	89%	90%
Outcome	Percent of family caregivers who receive training that would recommend the program	N/A	N/A	100%	95%

**Performance Measures Descriptions**

## Legal / Contractual Obligation

In Multnomah County, ADVSD has a contract with the Oregon Department of Human Services to administer programs under the Federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

## Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2020	2020	2021	2021
Personnel	\$0	\$139,158	\$0	\$144,009
Contractual Services	\$58,088	\$186,092	\$25,505	\$200,068
Materials & Supplies	\$0	\$0	\$0	\$21,031
<b>Total GF/non-GF</b>	<b>\$58,088</b>	<b>\$325,250</b>	<b>\$25,505</b>	<b>\$365,108</b>
<b>Program Total:</b>	<b>\$383,338</b>		<b>\$390,613</b>	
<b>Program FTE</b>	0.00	1.10	0.00	1.10

Program Revenues				
Intergovernmental	\$0	\$325,250	\$0	\$365,108
<b>Total Revenue</b>	<b>\$0</b>	<b>\$325,250</b>	<b>\$0</b>	<b>\$365,108</b>

## Explanation of Revenues

\$365,108 - Title III E

## Significant Program Changes

### Last Year this program was:

This Program Offer was part of FY20 25035 ADVSD Case Management & In-Home Services (non-Medicaid) and is not a request for new funding. The Family Caregiver Program 25039 has been separated to highlight this unique service and report on more outcomes.