

**Department:** County Human Services

**Program Contact:** Erin Grahek

**Program Offer Type:** Existing Operating Program

**Program Offer Stage:** As Adopted

**Related Programs:**
**Program Characteristics:**
**Executive Summary**

The Family Caregiver Support Program (FCSP) helps those caring for older family members or older adults raising grandchildren. Unpaid caregivers face stress, a financial burden that impacts their own health and family well-being. FCSP reduces burnout, maximizes independence, and provides support that allows people to remain in their homes. Support may include respite, financial awards, and education.

**Program Summary**

**ISSUE:** AARP estimates that 30% of the general population provides care for an older adult. These unpaid caregivers represent the largest source of long-term services and support. Stress and financial burden impact caregiver health. These issues can increase nursing facility placement for their loved ones.

**PROGRAM GOAL:** FCSP helps those caring for an older adult family member or raising grandchildren or related family members. This program reduces burnout and maximizes independence. It provides support that allows people to remain in their homes. Providing support can reduce nursing facility placement and increase family wellbeing.

**PROGRAM ACTIVITY:** The Family Caregiver Support Program provides a system of support for unpaid family caregivers. This helps them provide quality care to their loved ones and makes caregiving easier. Unpaid family caregivers get information, training, counseling, case management, and peer support groups. Respite, financial awards, and education help reduce caregiver burnout. The COVID-19 pandemic prevented meeting in person. The program used virtual connections for support groups and training. Events also went virtual. During this time FCSP did targeted outreach to diverse communities. FCSP offered a webinar series for grandparents raising school-aged grandchildren. The series included specific strategies and supports for navigating remote learning. During the pandemic outreach efforts increased to connect caregivers with more support — food boxes, activity kits, and safety information. In FY 2023, program updates will include in-person and online training opportunities.

**Performance Measures**

Measure Type	Primary Measure	FY21 Actual	FY22 Budgeted	FY22 Estimate	FY23 Offer
Output	Number of participants served by the Family Caregiver Support Program	325	350	227	325
Outcome	Percent of family caregivers who report services received were excellent or good	N/A <sup>1</sup>	90%	N/A <sup>1</sup>	90%
Outcome	Percent of family caregivers who receive training that would recommend the program	98%	95%	N/A <sup>2</sup>	95%

**Performance Measures Descriptions**

<sup>1</sup>Survey data was not available due to service delivery changes resulting from the COVID-19 pandemic. Survey feedback will be part of a broader project in 2022 to better understand unmet and community-specific needs related to family caregiving. <sup>2</sup>Survey data was not available due to service delivery changes from the COVID-19 pandemic.

## Legal / Contractual Obligation

In Multnomah County, ADVSD has a contract with the Oregon Department of Human Services to administer programs under the Federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

## Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2022	2022	2023	2023
Personnel	\$0	\$120,572	\$0	\$127,350
Contractual Services	\$159,876	\$190,584	\$181,276	\$194,709
Materials & Supplies	\$0	\$21,031	\$0	\$21,031
Internal Services	\$0	\$11,355	\$0	\$0
<b>Total GF/non-GF</b>	<b>\$159,876</b>	<b>\$343,542</b>	<b>\$181,276</b>	<b>\$343,090</b>
<b>Program Total:</b>	<b>\$503,418</b>		<b>\$524,366</b>	
<b>Program FTE</b>	0.00	0.90	0.00	0.90

Program Revenues				
Intergovernmental	\$0	\$343,542	\$0	\$343,090
<b>Total Revenue</b>	<b>\$0</b>	<b>\$343,542</b>	<b>\$0</b>	<b>\$343,090</b>

## Explanation of Revenues

\$343,090 – Title IIIIE (OAA – Caregiver Support)

## Significant Program Changes

**Last Year this program was:** FY 2022: 25039 ADVSD Family Caregiver Program

As required by the Older Americans Act IIIIE the County General Funds in contracted services has increased to meet the required minimum of 25% maintenance of effort.