



Program #25039 - ADVSD Family Caregiver Program FY 2024 Adopted

Department: County Human Services **Program Contact:** Marina Khalina
Program Offer Type: Existing **Program Offer Stage:** Adopted
Related Programs:
Program Characteristics:

Executive Summary

The Family Caregiver Support Program (FCSP) helps caregivers. FCSP participants care for older family members or are older adults raising grandchildren. Unpaid caregivers face stress, a financial burden that impacts their own health and family well-being. FCSP reduces burnout, maximizes independence, and provides support. This help allows people to remain in their homes. Support may include respite, financial awards, and education.

Program Description

ISSUE: AARP estimates that 30% of the general population provides care for an older adult. These unpaid caregivers represent the largest source of long-term services and support. Stress and financial burden impact caregiver health. These issues can increase nursing facility placement for their loved ones.

PROGRAM GOAL: FCSP helps those caring for an older adult family member or raising grandchildren or related family members. This program reduces burnout and maximizes independence. It provides support that allows people to remain in their homes. Providing support can reduce nursing facility placement and increase family well-being.

PROGRAM ACTIVITY: The FCSP provides a system of support for unpaid family caregivers. This helps them provide quality care to their loved ones and makes caregiving easier. Unpaid family caregivers get information, training, counseling, case management, and peer support. Respite, financial awards, and education help reduce caregiver burnout. The COVID-19 pandemic prevented meeting in person. The program used virtual connections for support groups and training. Events also went virtual. During this time FCSP targeted outreach to diverse communities. FCSP offered a webinar series for grandparents raising school-aged grandchildren. The series included specific strategies and supports for navigating remote learning. During the pandemic outreach efforts increased to connect caregivers with more support options. These resources helped with food boxes, activity kits, and safety information. In FY23, program updates include in-person and online training opportunities. In FY24 the program will work with Enhancing Equity partners to offer culturally specific support groups for caregivers.

Performance Measures

Measure Type	Primary Measure	FY22 Actual	FY23 Budgeted	FY23 Estimate	FY24 Offer
Output	Number of participants served by the Family Caregiver Support Program	262	325	325	325
Outcome	Percent of family caregivers who report services received were excellent or good	89%	90%	90%	90%
Outcome	Percent of family caregivers who attended a training or event that would recommend the program	N/A ¹	95%	95%	95%

Performance Measures Descriptions

¹Insufficient survey data was collected due to service delivery changes from the COVID-19 pandemic.

Legal / Contractual Obligation

In Multnomah County, ADVSD has a contract with the Oregon Department of Human Services to administer programs under the Federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2023	2023	2024	2024
Personnel	\$0	\$127,350	\$92,681	\$59,255
Contractual Services	\$181,276	\$194,709	\$100,387	\$291,170
Materials & Supplies	\$0	\$21,031	\$0	\$21,031
Internal Services	\$0	\$0	\$61	\$15,681
Total GF/non-GF	\$181,276	\$343,090	\$193,129	\$387,137
Program Total:	\$524,366		\$580,266	
Program FTE	0.00	0.90	0.61	0.39

Program Revenues				
Intergovernmental	\$0	\$343,090	\$0	\$387,137
Total Revenue	\$0	\$343,090	\$0	\$387,137

Explanation of Revenues

\$387,137 - Title III E (OAA – Caregiver Support) (Federal)

Significant Program Changes

Last Year this program was: FY 2023: 25039 ADVSD Family Caregiver Program

As required by the Older Americans Act III E the County General Funds in contracted services have increased to meet the required minimum of 25% maintenance of effort.

Increase 0.10 FTE Program Specialist.