

Program #25039 - ADVSD Family Caregiver Program
FY 2026 Adopted
Department: County Human Services

Program Contact: Marina Khalina

Program Offer Type: Operating

Program Offer Stage: Adopted

Related Programs:
Program Characteristics:
Program Description

ISSUE: Many people provide unpaid care to family members. People may take on these roles because they care deeply about their loved one's wellbeing, however the responsibility can take a toll. Caregivers often face financial burdens, strain on their relationships, stress, and negative health impacts. Without the right support, caregiving duties can become unmanageable and loved ones may need to be placed in a care facility.

PROGRAM GOAL: The goal of the Family Caregiver Support Program (FCSP) is to support people who take care of their older family members or raise relatives' children. FCSP aims to reduce caregiver burnout and prevent or delay the need for more costly care options. FCSP wants to keep families together and improve quality of life for caregivers and their loved ones.

PROGRAM ACTIVITY: The FCSP provides a support system for unpaid family caregivers. This helps them provide quality care to their loved ones and makes caregiving easier. Unpaid family caregivers get information, training, counseling, case management, and peer support. Meetings and classes are offered both online and in-person to meet families' needs. FCSP also offers respite services (breaks) and financial aid to help make long term caregiving more manageable. FCSP staff provide outreach to culturally specific community partners to make this program accessible to more communities.

PROGRAM OUTPUTS:

- Provide support for unpaid family caregivers. Support includes respite, case management, support groups, stipends, and training and education.
- Sustain and support the quality of care individuals receive from unpaid family caregivers.

Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Number of unpaid family caregivers served by the Family Caregiver Support Program ¹	385	325	325	325
Output	Number of individuals who receive care from Family Caregiver Support Program participants ²	385 ³	N/A	325	325

Performance Measures Descriptions

¹Measure reworded for clarity. Former wording: "Number of participants served by the Family Caregiver Support Program."

²New Measure. This includes an unduplicated count of individuals who receive care unpaid family caregivers served by the FCSP.

³Number of care recipients in FY 2024 was an undercount due to data quality issues. Quality improvement efforts are planned for FY 2025.

Legal / Contractual Obligation

In Multnomah County, ADVSD has a contract with the Oregon Department of Human Services to administer programs under the federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$146,392	\$51,389	\$156,199	\$49,507
Contractual Services	\$0	\$414,780	\$22,448	\$178,847
Materials & Supplies	\$0	\$21,031	\$0	\$21,039
Internal Services	\$14,054	\$0	\$14,395	\$7,189
Total GF/non-GF	\$160,446	\$487,200	\$193,042	\$256,582
Program Total:	\$647,646		\$449,624	
Program FTE	1.00	0.50	1.00	0.50

Program Revenues				
Intergovernmental	\$0	\$487,200	\$0	\$256,582
Total Revenue	\$0	\$487,200	\$0	\$256,582

Explanation of Revenues

\$256,582 - Title III E (OAA – Caregiver Support) (Federal)

Significant Program Changes

Last Year this program was: FY 2025: 25039 ADVSD Family Caregiver Program