

Department: County Human Services **Program Contact:** Joan Rice
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Requested
Related Programs:
Program Characteristics: In Target

Executive Summary

This program offer describes the existing continuum of adult mental health care funded by Oregon Health Plan and managed by Health Share Multnomah Mental Health. The continuum addresses the needs of adults at emergent, urgent & routine levels of care. Psychiatric hospitalization treats persons at immediate risk to themselves or others. Respite services provide intervention when an individual's symptoms have risen beyond the scope of outpatient treatment. Outpatient treatment services provide a range of care matched to diagnosis and acuity to approximately 9,000 adults annually.

Program Summary

This service continuum contains three distinct service elements that contribute to a system of care for adults: psychiatric inpatient, respite and outpatient services. Psychiatric inpatient hospitalization is the most intensive level of care in the adult system. Hospital admission is carefully monitored to ensure that it is only offered where medically and clinically appropriate. Once admitted, individuals receive the full range of treatment services provided in a hospital setting. The Mental Health and Addiction Services Division (MHASD) Crisis Services works with the hospitals and providers to provide individuals a safety net of services as they transition into the community following discharge. The call center coordinated these services for 1,213 inpatient discharges in FY13.

Mental health respite services are a community-based approach to stabilize individuals whose symptoms have exceeded the scope of outpatient treatment. The goal is to prevent hospitalization through early intervention with short-term, intensive residential treatment. Respite care contains a range of treatment options, including medication management, clinical treatment and post-discharge transition planning. It has been defined as a best practice when used in a continuum of treatment services.

Adult mental health outpatient services provide a comprehensive array of treatment options that address the needs of each individual, including several categories of individual and group therapy, general and intensive case management for individuals with severe mental illness, intensive outreach and medication management. Outpatient services address long and short-term mental health needs to lessen the need for more acute services. An average of 4,677 adults receive outpatient services each month, with many remaining in treatment for several months.

Performance Measures

Measure Type	Primary Measure	FY13 Actual	FY14 Purchased	FY14 Estimate	FY15 Offer
Output	Total adults receiving outpatient mental health services ¹	9,049	9,300	8,787	8,787
Outcome	Percent of adults readmitted to inpatient within 30 days of discharge ²	21.1%	17.3%	20.2%	20.2%

Performance Measures Descriptions

¹ Number of unduplicated Multnomah Mental Health adult enrollees who received an outpatient mental health service during the measurement period.

² Percent of unduplicated Multnomah Mental Health adult enrollees who were readmitted to inpatient hospitalization within 30 days of discharge during the measurement period.

Legal / Contractual Obligation

Risk Accepting Entity contract with Health Share of Oregon

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2014	2014	2015	2015
Personnel	\$0	\$345,851	\$0	\$347,928
Contractual Services	\$0	\$19,079,852	\$0	\$21,454,946
Materials & Supplies	\$0	\$18,703	\$0	\$3,049
Internal Services	\$0	\$907,052	\$0	\$1,132,019
Total GF/non-GF	\$0	\$20,351,458	\$0	\$22,937,942
Program Total:	\$20,351,458		\$22,937,942	
Program FTE	0.00	4.45	0.00	3.45

Program Revenues				
Indirect for Dept. Admin	\$460,906	\$0	\$588,162	\$0
Intergovernmental	\$0	\$20,351,458	\$0	\$22,937,941
Total Revenue	\$460,906	\$20,351,458	\$588,162	\$22,937,941

Explanation of Revenues

\$128,147 - State Mental Health Grant Flex Funds;

\$22,809,794 - Oregon Health Plan Premium: Based on FY14 Rate per Client times number of clients as of 12/31/13

Significant Program ChangesLast Year this program was: 25062A Mental Health Services for Adults