

Department: County Human Services **Program Contact:** Neal Rotman
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics:

Executive Summary

Mental Health First Aid is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders. Mental Health First Aid increases mental health literacy in the community, providing a preventive and empowering tool to the community. It provides the public with the education necessary to intervene before an individual potentially reaches mental health crisis. The program offer funds two Mental Health First Aid training's per month with up to 30 participants per training.

Program Summary

Mental Health First Aid is a national program managed, operated and disseminated by the National Council for Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health. The national program trains and certifies instructors to deliver the 8-hour Mental Health First Aid course. There are also Youth Mental Health First Aid and Law Enforcement Mental Health First Aid certifications. The interactive 8-hour course presents an overview of mental illness and substance use disorders and introduces participants to risk factors and warning signs of mental health problems, it builds understanding of their impact, and overviews common treatments. Participants of the 8-hour course become certified as Mental Health First Aiders and learn a 5-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care. The Mental Health First Aid course has benefited a variety of audiences and key professions, including: primary care professionals, employers and business leaders, faith communities, school personnel and educators, state police and corrections officers, nursing home staff, mental health authorities, state policymakers, volunteers, young people, families and the general public.

In FY14 we estimate that 550 Multnomah County employees will have been trained in Mental health First Aid and Youth Mental Health First Aid. In FY15 Mental health First Aid will continue to be offered to all county employees; and identified community groups and members who express a need for increased awareness and training in preventing mental health crisis in the community.

Performance Measures

Measure Type	Primary Measure	FY13 Actual	FY14 Purchased	FY14 Estimate	FY15 Offer
Output	# of individuals trained in Mental Health First Aid ¹	-	720	550	720
Outcome	% of individuals who report greater understanding of mental illness.	-	90%	90%	90%

Performance Measures Descriptions

¹ Despite two trainings offered per month starting in October, attendance by county employees has been lagging. The Division is pursuing assistance from Talent Development to address increased attendance and marketing.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2014	2014	2015	2015
Contractual Services	\$207,000	\$0	\$103,500	\$10,000
Materials & Supplies	\$0	\$0	\$0	\$20,000
Total GF/non-GF	\$207,000	\$0	\$103,500	\$30,000
Program Total:	\$207,000		\$133,500	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues				
Beginning Working Capital	\$0	\$0	\$0	\$30,000
Total Revenue	\$0	\$0	\$0	\$30,000

Explanation of Revenues

\$30,000 - State Mental Health Grant Flex Funding - BWC

Significant Program Changes

Last Year this program was: 25076 Mental Health First Aid

In FY14 the program offer over estimated the ability to coordinate and provide the amount of trainings to meet the former chair's expectations for training county staff. Due to the workload issue of properly coordinating the program, we will not utilize 50-60% of this fiscal year's budget. We are estimating that we will be able to provide the identified number of trainings with the reduced budget. We have allocated the excess funds to program offer 25076B for a suicide prevention coordinator, who can coordinate MHFA and suicide prevention training both for county employees and the community.