

**Department:** County Human Services      **Program Contact:** Devarshi Bajpai  
**Program Offer Type:** Existing Operating Program      **Program Offer Stage:** As Adopted  
**Related Programs:**  
**Program Characteristics:**

**Executive Summary**

The adult treatment continuum consists of outpatient addictions and residential treatment for uninsured residents; medication management; community recovery services (including peer mentors, wraparound support, and skills training during and after treatment); and a specialized program for persons who are severely addicted, diagnosed with multiple problems, and homeless. The continuum will serve approximately 3,500 clients next year. Research shows that every dollar invested in addiction treatment yields a cost offset of up to \$11.05 in other publicly supported services.

**Program Summary**

The Oregon Health Authority estimates 300,000 Oregonians have a substance use disorder, roughly 18% of those needing addiction services access treatment, and more than 40% of those who try to get help experience barriers related to cost or lack of insurance. Addiction is recognized as a chronic disease requiring lifelong attention in many cases, with similar compliance and relapse rates as other chronic diseases including diabetes and hypertension. While the overall goal of addiction treatment is to have clients maintain sobriety, addiction treatment reduces criminal activity, infectious disease transmission, and child abuse and neglect even when people continue to struggle with their disease.

Our adult treatment continuum supports recovery and a return to a healthy lifestyle by offering access to addictions treatment that addresses the negative consequences of alcohol and other drugs and teaches prosocial alternatives to addictive behaviors through clinical therapy, skills building, and peer delivered services. Community recovery support programs provide a variety of ongoing clean and sober social support activities for clients and their families. They also provide an avenue for recovering people to give back to the community.

Services are delivered throughout Multnomah County by a network of state licensed providers. These providers are culturally competent and many have bilingual staff. Outpatient treatment allows a client to work, go to school, attend job training, socialize, and otherwise carry on a normal life. The system treats about 3,500 outpatient clients annually. Residential treatment provides intensive services with clients living in the treatment center during their course of treatment, usually for two to six months. Clients needing this level of care often have multiple failures in outpatient treatment, often related to the severity and length of their addiction, as well as risk factors like chronic unemployment and housing problems. Residential treatment serves about 500 clients annually.

Treatment helps clients shift from ambivalence and denial about their addiction to acceptance. Clients address issues that are barriers to recovery, and develop strategies and skills to overcome them. Providers also address their self sufficiency needs through help with: parenting skills; stress and anger management; housing issues; independent living skills; referrals for physical and mental health issues; employment services; and recreation and healthy use of leisure time.

**Performance Measures**

| Measure Type | Primary Measure   | FY13 Actual | FY14 Purchased | FY14 Estimate | FY15 Offer |
|--------------|---|-------------|----------------|---------------|------------|
| Output       | Number served in treatment (all levels)   | 3,452       | 3,500          | 3,582         | 3,500      |
| Outcome      | Percentage of clients who successfully complete outpatient treatment <sup>1</sup> | 42          | 50.0%          | 48%           | 50%        |

**Performance Measures Descriptions**

<sup>1</sup> "Successful completion of treatment" is defined as the client meeting the American Society of Addiction Medicine's Patient Placement Criteria for the Treatment of Substance-related Disorders, Second Edition Revised (ASAM PPC 2R) discharge criteria, completing at least two thirds of their treatment plan goals, and demonstrating 30 days of abstinence.

## Legal / Contractual Obligation

Contractual obligation: This program is funded with federal substance abuse prevention and treatment resources and state general funds through the State Oregon Health Authority (OHA) Addictions and Mental Health Division (AMH) contract. Program planning is developed based on AMH State Mental Health Grant Award requirements and submitted in the "Biennial Implementation Plan." Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with State Service Elements. Also, Local 2145 Beer and Wine tax revenues are provided to counties on a dedicated formula basis and are restricted to alcohol and drug services.

## Revenue/Expense Detail

|                        | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds |
|------------------------|-----------------------|----------------------|-----------------------|----------------------|
| Program Expenses       | 2014                  | 2014                 | 2015                  | 2015                 |
| Personnel              | \$187,838             | \$621,162            | \$193,751             | \$700,228            |
| Contractual Services   | \$2,789,558           | \$5,513,210          | \$2,750,954           | \$5,861,358          |
| Materials & Supplies   | \$3,513               | \$7,155              | \$3,575               | \$7,025              |
| Internal Services      | \$19,922              | \$66,407             | \$21,050              | \$195,562            |
| <b>Total GF/non-GF</b> | <b>\$3,000,831</b>    | <b>\$6,207,934</b>   | <b>\$2,969,330</b>    | <b>\$6,764,173</b>   |
| <b>Program Total:</b>  | <b>\$9,208,765</b>    |                      | <b>\$9,733,503</b>    |                      |
| <b>Program FTE</b>     | 1.50                  | 6.33                 | 1.50                  | 7.33                 |

| Program Revenues          |            |                    |                 |                    |
|---------------------------|------------|--------------------|-----------------|--------------------|
| Indirect for Dept. Admin  | \$0        | \$0                | \$68,694        | \$0                |
| Intergovernmental         | \$0        | \$6,207,934        | \$0             | \$6,694,301        |
| Beginning Working Capital | \$0        | \$0                | \$0             | \$69,868           |
| <b>Total Revenue</b>      | <b>\$0</b> | <b>\$6,207,934</b> | <b>\$68,694</b> | <b>\$6,764,169</b> |

## Explanation of Revenues

\$2,721,573 - OHP Premium: Based on FY14 Rate per client times number of clients as of 12/31/13 \$95,151 - State Mental Health Grant Special Projects: Based on FY14 award \$1,054,500 State Mental Health Grant A&D Adult Residential Capacity: Based on FY14 award. \$967,203 - State Mental Health Grant Flex Funds: Based on FY14 award \$1,679,623 - State Mental Health Grant SAPT Block Grant: Based on FY14 award \$176,251 - Local 2145 Beer and Wine Tax Revenues: Based on FY14 revenue projections \$19,868 - Local 2145 Beer and Wine Tax Beginning Working Capital; \$50,000 State Mental Health Grant Flex Funding BWC

## Significant Program Changes

**Last Year this program was:** 25080A Adult Addictions Treatment Continuum

Mental health and addiction treatment services are essential benefits under the Affordable Care Act. With Medicaid expansion, funding previously used for treatment can shift more towards funding community recovery services that aren't funded by Medicaid and will enhance and improve treatment outcomes.