

### Program #25155 - YFS - Sexual & Gender Minority Youth Services

FY 2026 Proposed

Department: County Human Services Program Contact: Lori Stegmann

Program Offer Type: Operating Program Offer Stage: Proposed

**Related Programs:** 

**Program Characteristics:** 

#### **Program Description**

ISSUE: LGBTQ2IA+ youth experience discrimination, violence, and harassment that puts their safety at risk. These youth are more likely to experience homelessness due to unsupportive caregivers. SGMY youth participants describe experiences of anxiety and fear as they try to access basic needs services, including health and mental health resources. Without access to these supports, LGBTQ2IA+ youth are three times more likely to attempt suicide. SGMY youth are more isolated and in greater need of affirming adults, supportive peers, and safe gathering spaces.

PROGRAM GOAL: The Sexual & Gender Minority Youth Services (SGMY) program centers, honors, and supports LGBTQ2IA+ youth where they are at. It intentionally builds spaces that are welcoming, physically and emotionally safe, and supportive. The program provides basic needs support, case management, and skill building opportunities to LGBTQ2IA+ youth. As part of the SUN Service System, SGMY staff also train community partners and schools. These trainings aim to expand the number of affirming spaces and experiences LGBTQ2IA+ youth have in their communities. YFS staff provide technical assistance and support to the agency contracted for this program.

PROGRAM ACTIVITY: SGMY focuses on three areas of support for LGBTQ2IA+ youth: 1) Providing a physical drop-in space where youth can connect with trusted adults and get connected to basic needs; 2) Creating a safe and supportive space for youth to be their authentic selves and get connected to affirming activities; and 3) Providing training and education to the community, so that they may provide competent and relevant services to these youth.

SGMY centers youth voice and the development of youth leadership. The program elicits feedback from a youth steering committee called the Queering Committee. Based on the feedback received, SGMY has prioritized connecting one on one with youth weekly. This occurs either virtually or in-person and includes social support meet ups, as well as wellness checkins. SGMY advocates help youth with things like food boxes, gender-affirming clothing, and hygiene supplies. They also help youth create goals and connect to other resources. For many LGBTQ2IA+ youth, the one on one check-ins and social support are an essential part of their safety plans.

#### PROGRAM OUTPUTS:

- Provides a safe space for LGBTQ2IA+ youth to be their authentic selves.
- Connects youth to mental health, medical and basic need resources.
- Provides training to school staff and SUN Service System contracted organizations to increase their ability to support youth in a culturally responsive and effective way.

Performance Measures									
Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target				
Output	Number of youth who participate in case management	50	75	75	75				
Output	Percent of youth who remain in or re-enroll in school	61%	75%	75%	75%				

#### **Performance Measures Descriptions**

## Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2025	2025	2026	2026
Contractual Services	\$375,521	\$0	\$384,533	\$0
Total GF/non-GF	\$375,521	\$0	\$384,533	\$0
Program Total:	\$375,521		\$384,533	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues						
Total Revenue	\$0	\$0	\$0	\$0		

### **Explanation of Revenues**

# Significant Program Changes

Last Year this program was: FY 2025: 25155 YFS - Sexual & Gender Minority Youth Services