Office of School and Community Partnerships
&
Homeless Youth Oversight Committee

Program Update to the

Board of County Commissioners

October 31, 2002

Presentation Outline

- Introduction
- Report on Homeless Youth Services and Progress on Report from Auditor
  - Data Evaluation
  - Homeless Youth RFP 2002-2008
  - Reports from Homeless Youth Oversight Committee Members
- Close/Questions and Answers

Homeless Youth Continuum Partners

Multnomah County Office of School and Community Partnerships

Outside In
Service Coordination for Older Youth
Day Services Ages 16-21
Transitional Housing for Older Youth

Janus Youth Programs
24 Hour Access & Assesment Center
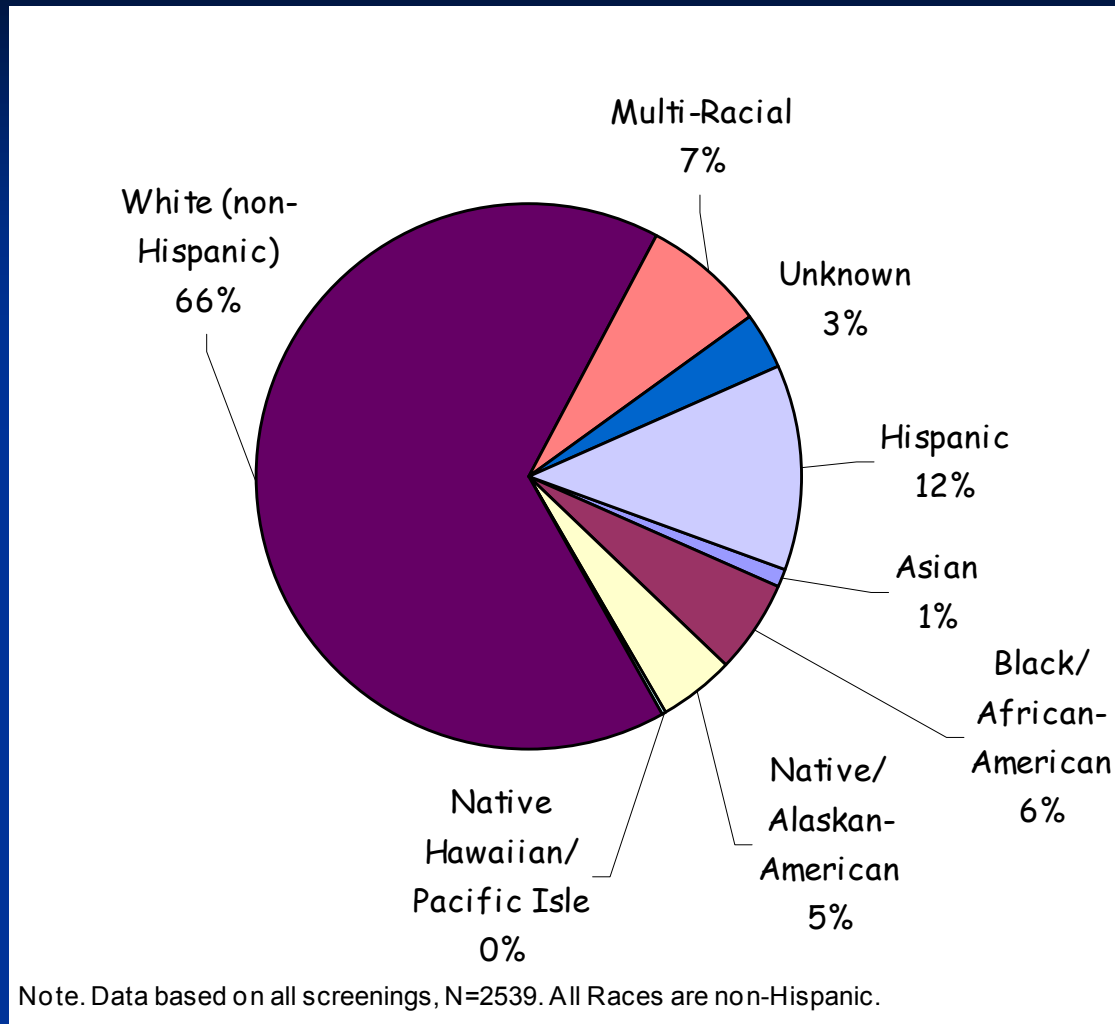Crisis Shelter
Short Term Shelter

New Avenues for Youth
Service Coordination for Younger Youth
Day Services for Ages 13-18
Transitional Housing for Younger Youth

Analysis of the HY Data

- The Profile of Homeless Youth

- System Performance Indicators

- Shelter and Service Delivery Data

- Service Coordination Initial Outcomes Data

Analysis: Matt Nice, **P**erformance **M**anagement **G**roup

Youth Profile: Race and ethnicity

Multi-Racial 7%

Unknown 3%

White (non-Hispanic) 66%

Hispanic 12%

Asian 1%

Black/ African-American 6%

Native Hawaiian/ Pacific Isle 0%

Native/ Alaskan-American 5%

Note. Data based on all screenings, N=2539. All Races are non-Hispanic.

Youth of color most likely self-identified as Hispanic. Asians appeared under-represented while Native Americans/ Alaskans appeared over-represented.
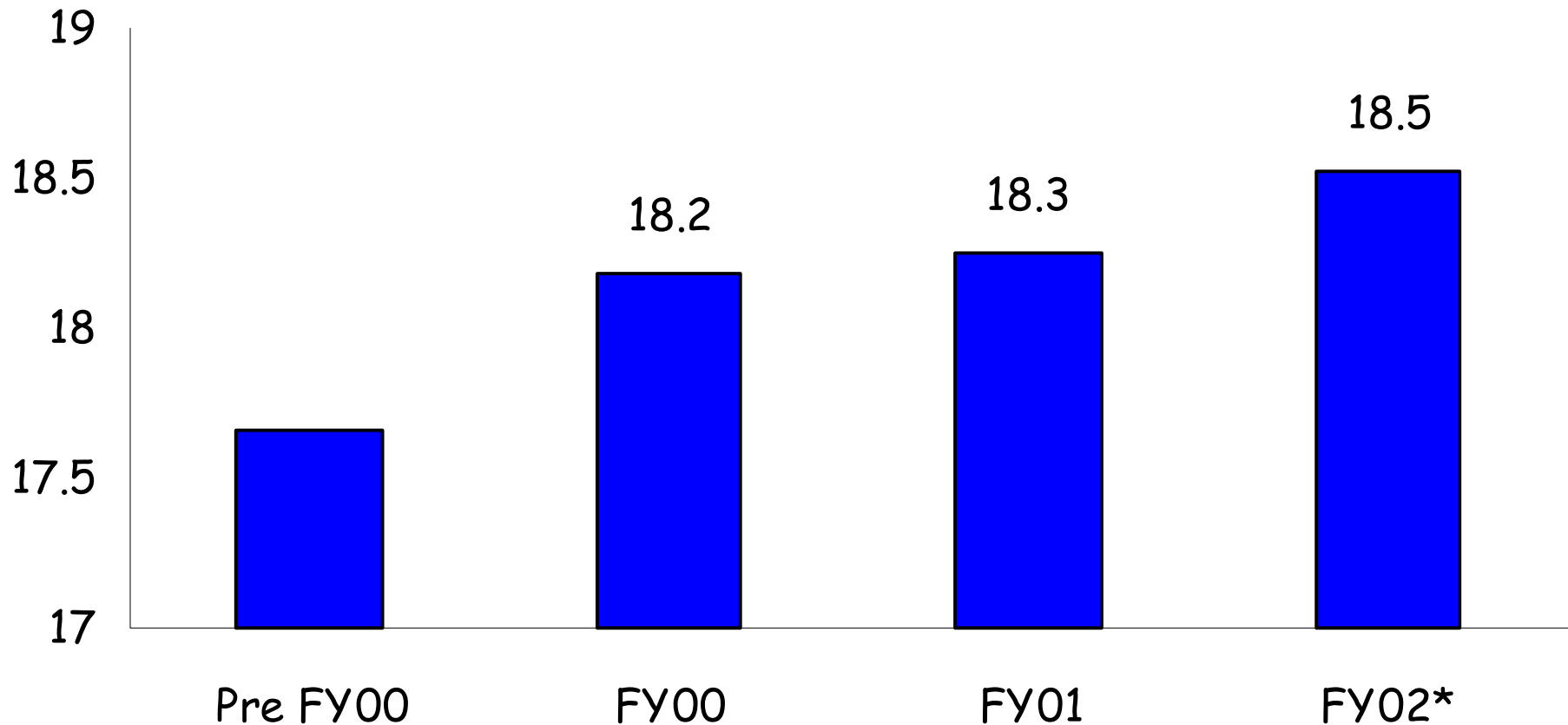
Youth Profile: Hispanic youth
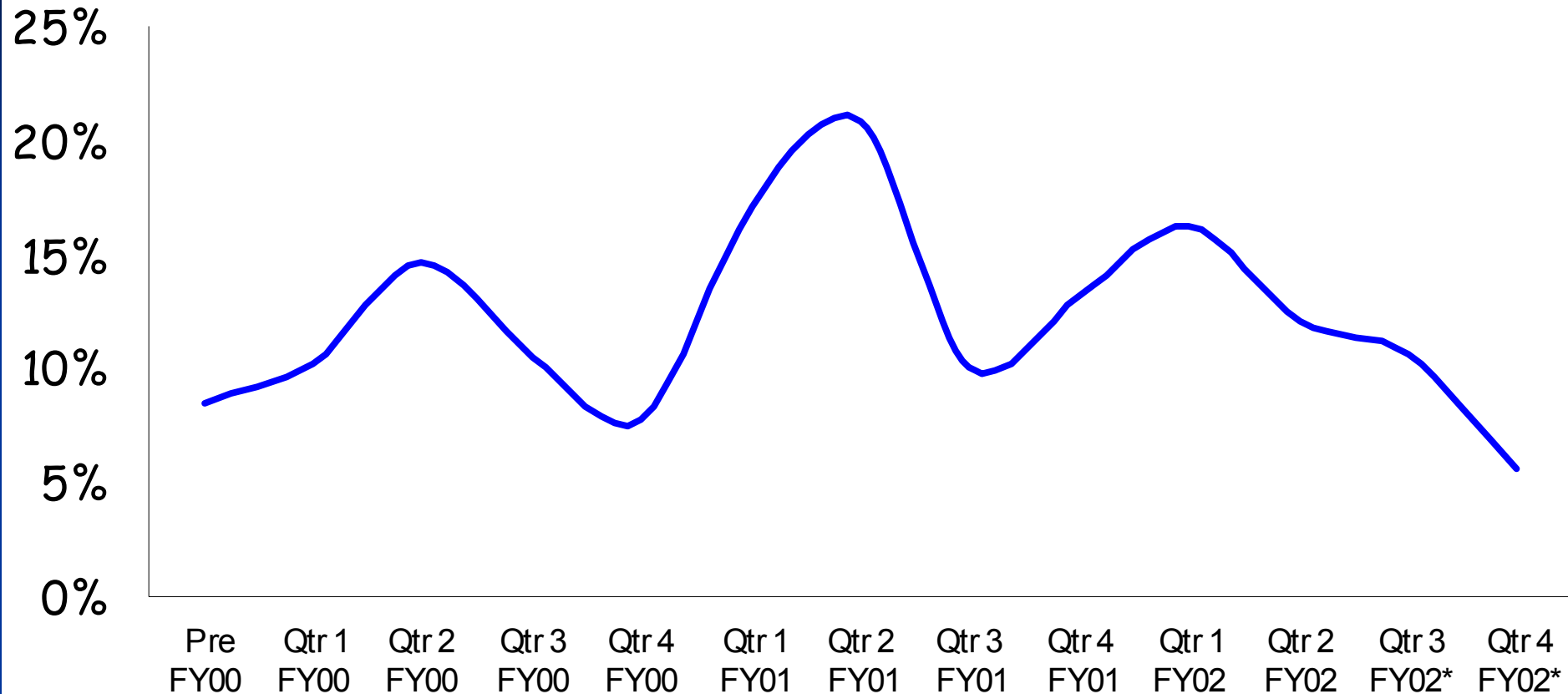
*Some data from Quarters 3 and 4 of FY02 not reported.

Overall, 12% youth identified themselves as Hispanic. The trend appears to be a seasonal and/or economic pattern, peaking between summer and fall each year.
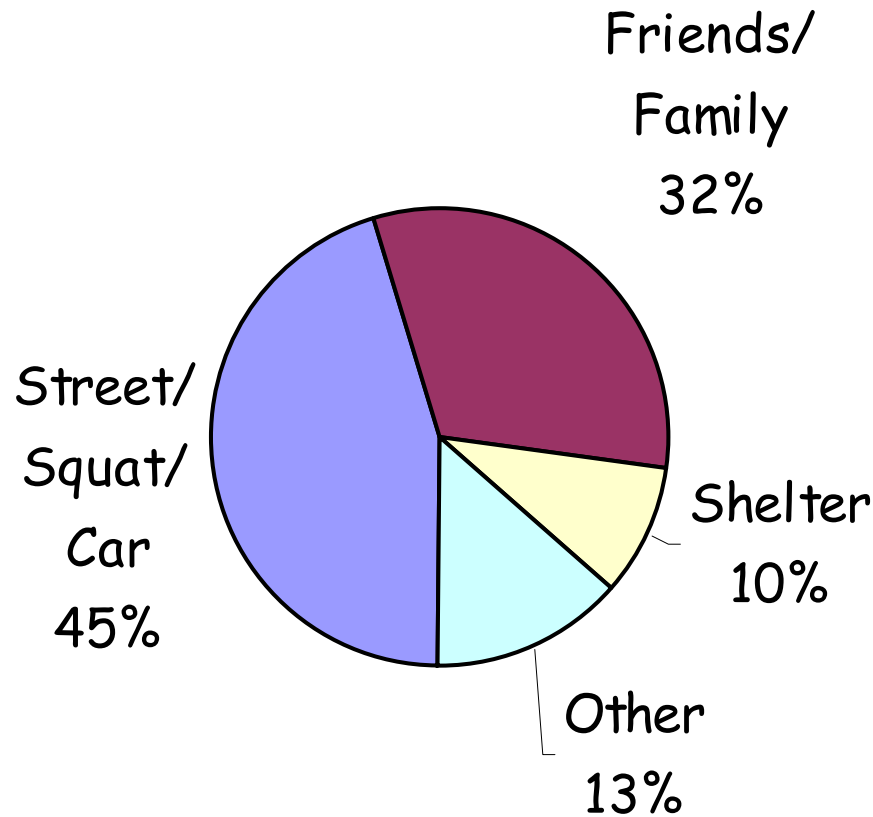
Youth Profile: Screening age

*Some data from Quarters 3 and 4 of FY02 not reported. r=.101, p<.001

Age at screening has increased significantly over time. Males tend to be older than females at screening, and consistently account for about 56% of all screenings.
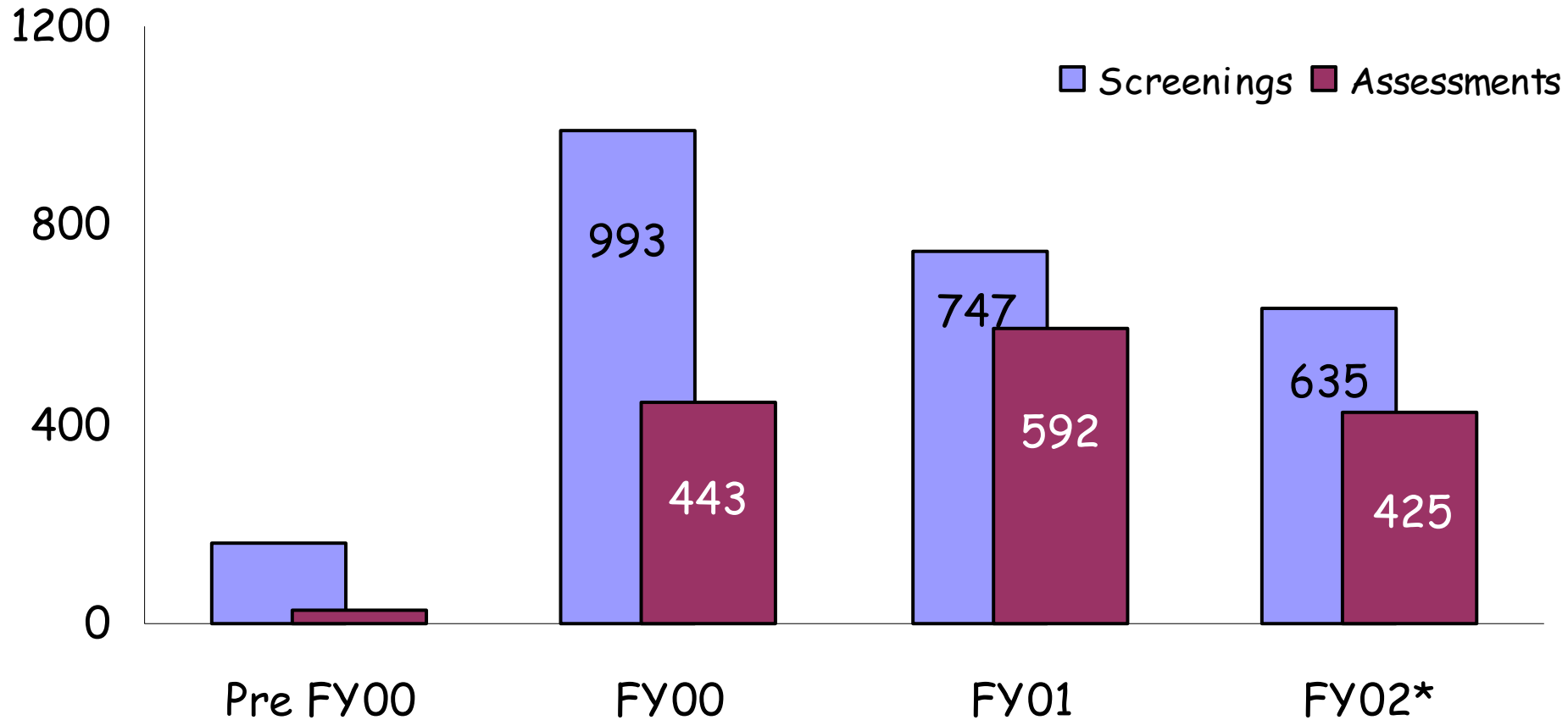
Youth Profile: Last night's sleep

Friends/Family 32%

Shelter 10%

Other 13%

Street/Squat/Car 45%

All screenings, N=2539.

Overall, a youth's last night was on the street, squatting or in a car. However, this has changed over time and whether they were local area youth or out of area youth.
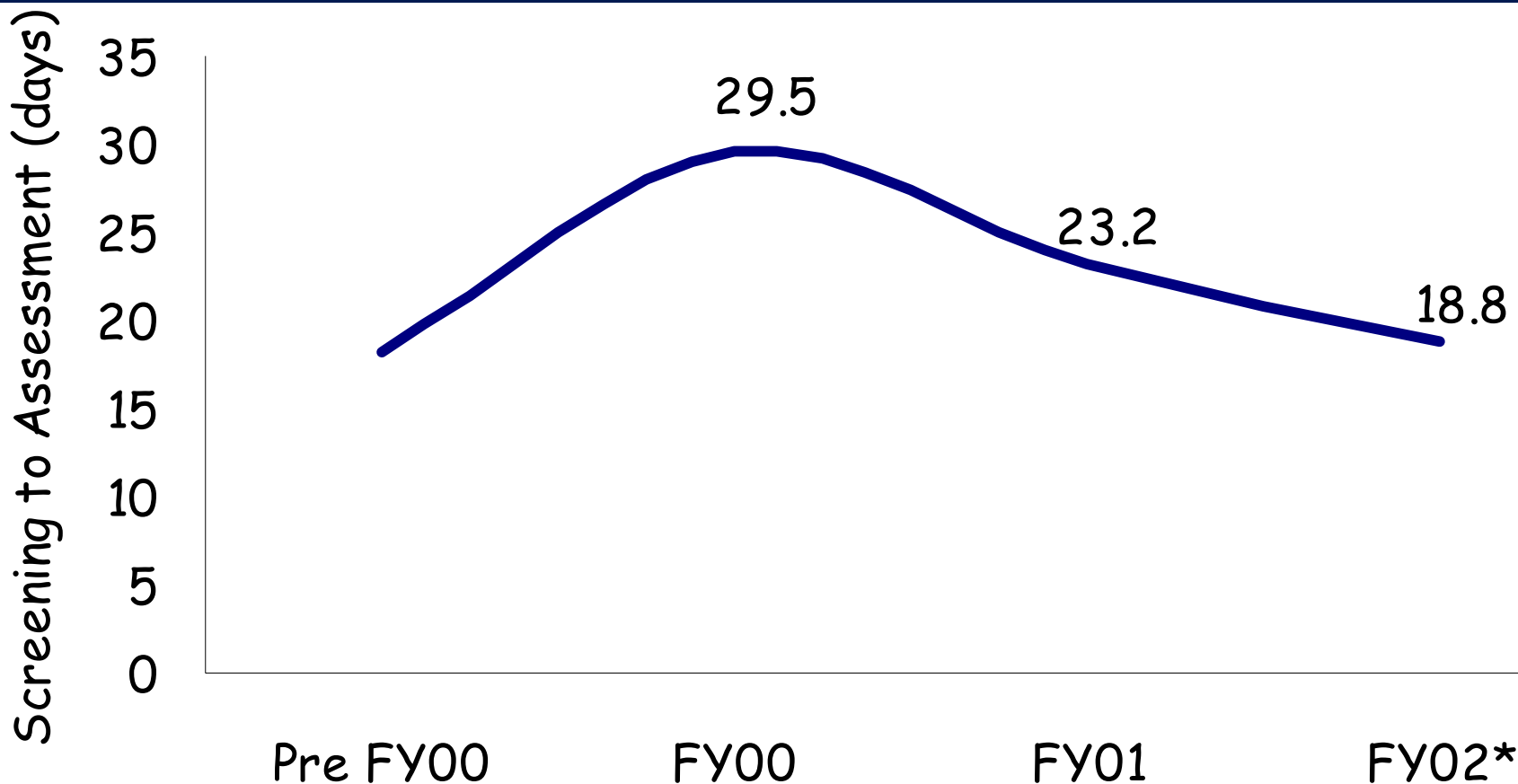
System Indicators: Youth intake

* Some data from Quarters 3 and 4 of FY02 not reported. Screenings, $r = .629$, $p = .021$.

Screenings are the first step into continuum services; they have declined significantly over time. Assessments have also declined.

# System Indicators: Youth intake

Mean outliers were eliminated (Range 0 to 365), N=1208. * Some data from Quarters 3 and 4 of FY02 not reported.

The time between screening and initial assessment has improved since the continuum began in FY00.

Delivery Data: Shelter nights

Shelter Nights: Youth decline in FY02, while total average nights continue to climb

642 610 537

75 50 25 0

FY00   FY01   FY02

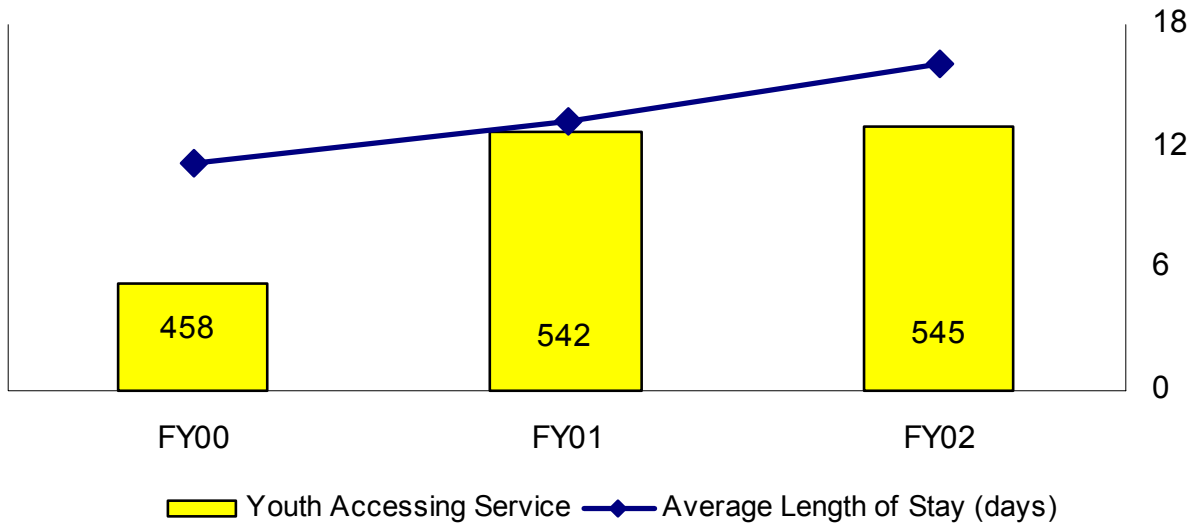Youth Accessing Shelter   Avg. Total Shelter Nights
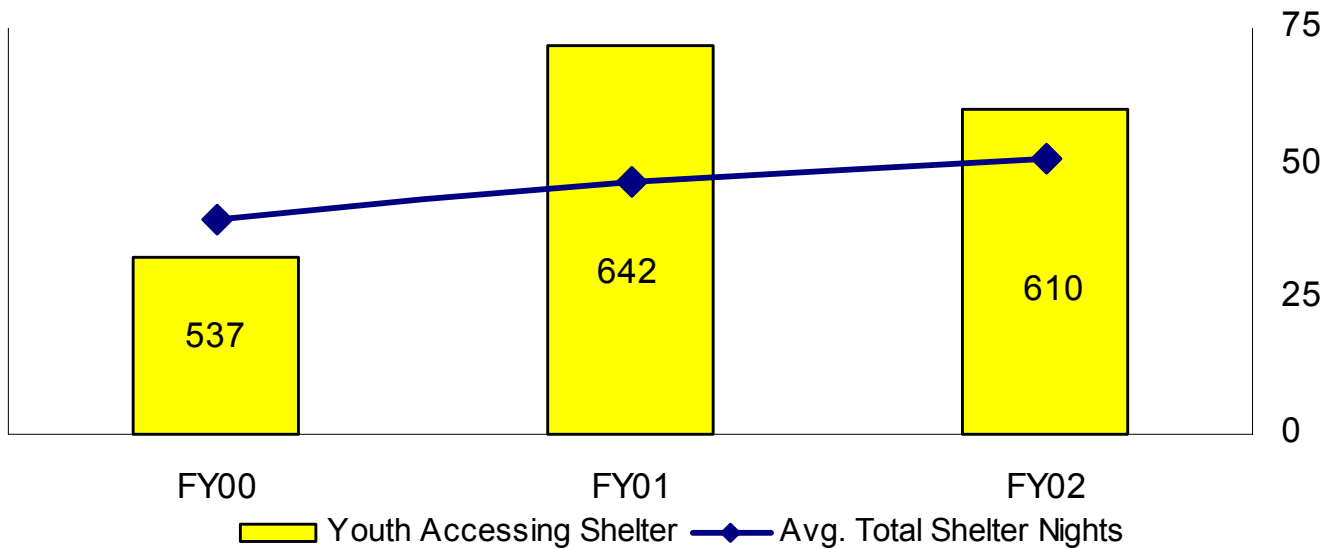
Note. Does not include reported nights that are unknown.

Less Youth-More Nights—

Total County funded Shelter nights increased 46%

The number of youth receiving shelter nights dropped from their FY01 peaks. However, total shelter nights delivered has increased due to longer average stays.

* Some data from Quarters 3 & 4 of FY02 not reported.

Emergency Shelter Trends: Stays have increased.

	FY00	FY01	FY02
Youth Accessing Service	458	542	545

Legend: Youth Accessing Service — Average Length of Stay (days)

Total Emergency Shelter nights increased 70%

Short-Term Shelter Trends: Less youth but longer stays

	FY00	FY01	FY02
Youth Accessing Service	259	290	248

Legend: Youth Accessing Service — Average Length of Stay (days)
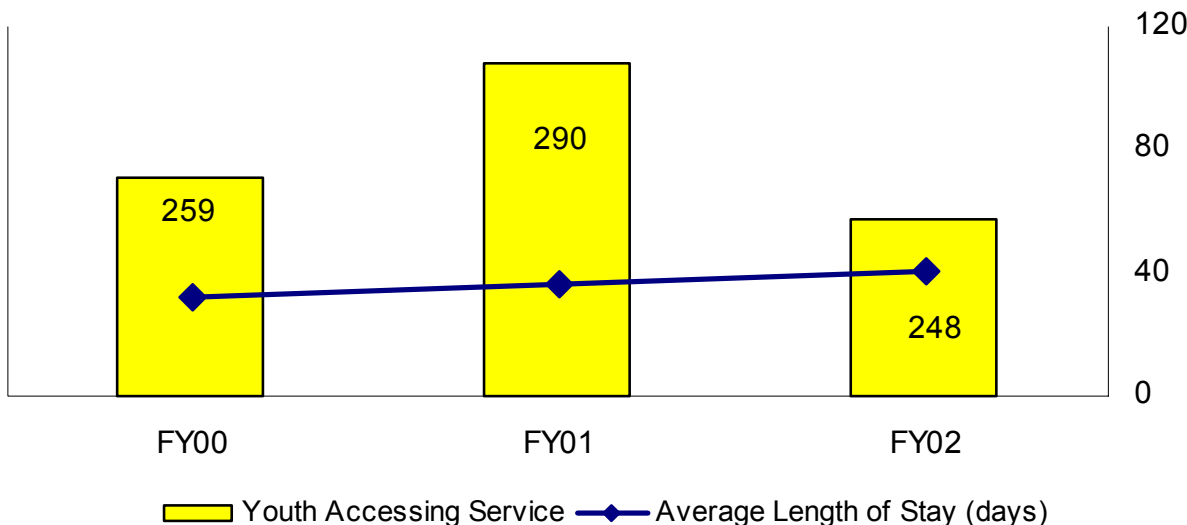
Total Short-Term Shelter nights increased 21%

* Some data from Quarters 3 & 4 of FY02 not reported.

Group Housing Trends: Youth have longer stays.

160
120
80
40
0

58   82   65

FY00   FY01   FY02

Youth Accessing Service   Average Length of Stay (days)
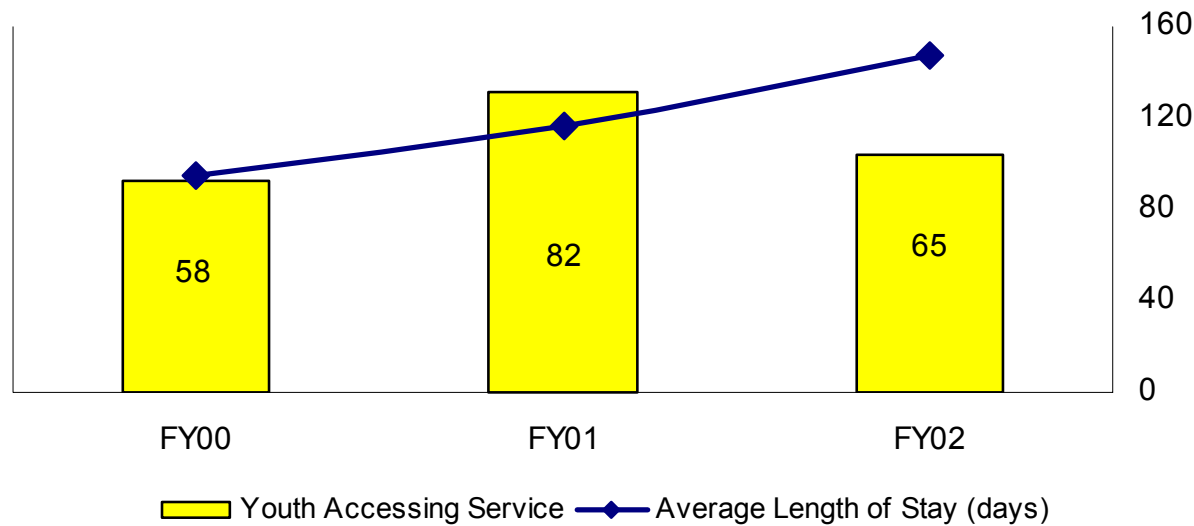
Total Group Housing nights increased 73%

Independent Living Trends: Youth served and average stay appear inversely related.

120
80
40
0

28   54   32

FY00   FY01   FY02

Youth Accessing Service   Average Length of Stay (days)
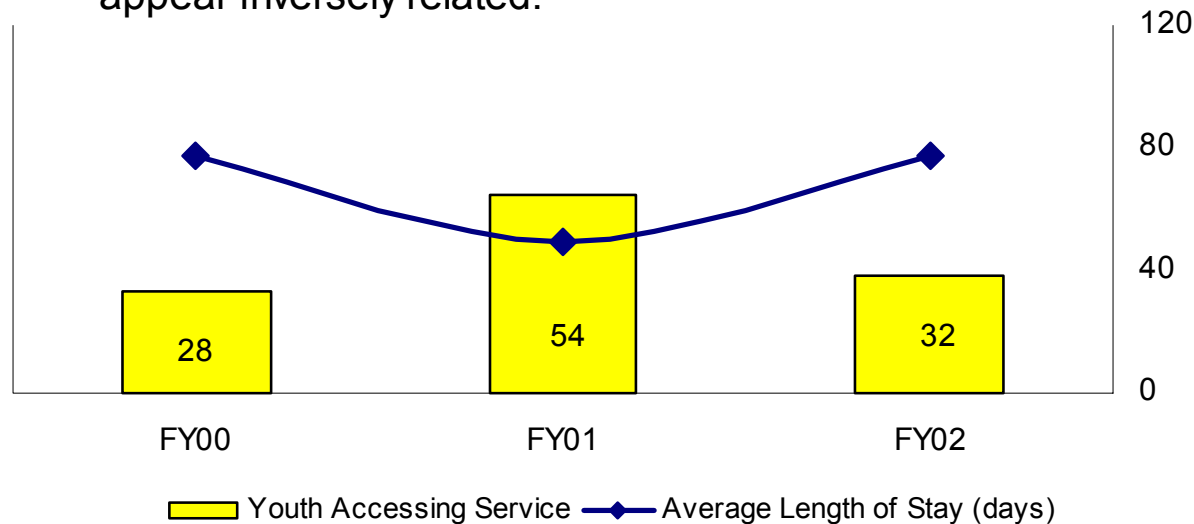
Total Independent Living nights increased 14%

* Some data from Quarters 3 & 4 of FY02 not reported.

Delivery Data: Service hours

Less Youth-Less Service Hours–

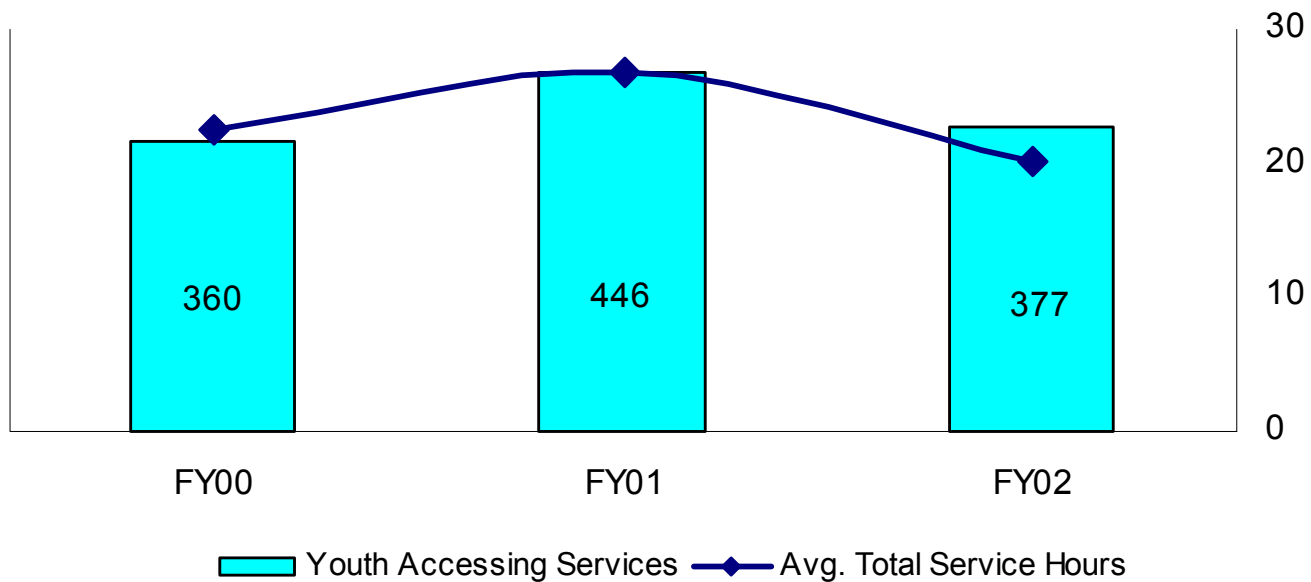**Total service hours *decreased* 6%**

Youth Services: Youth served and service hours delivered decline if FY02

Year	Youth Accessing Services
FY00	360
FY01	446
FY02	377

Legend: ▭ Youth Accessing Services   ◆ Avg. Total Service Hours

(Y-axis scale: 0, 10, 20, 30)

The number of youth and average number of hours receiving service coordination dropped from FY01 peaks. Most hours were from three types of services: *service coordination, group and individual counseling*.

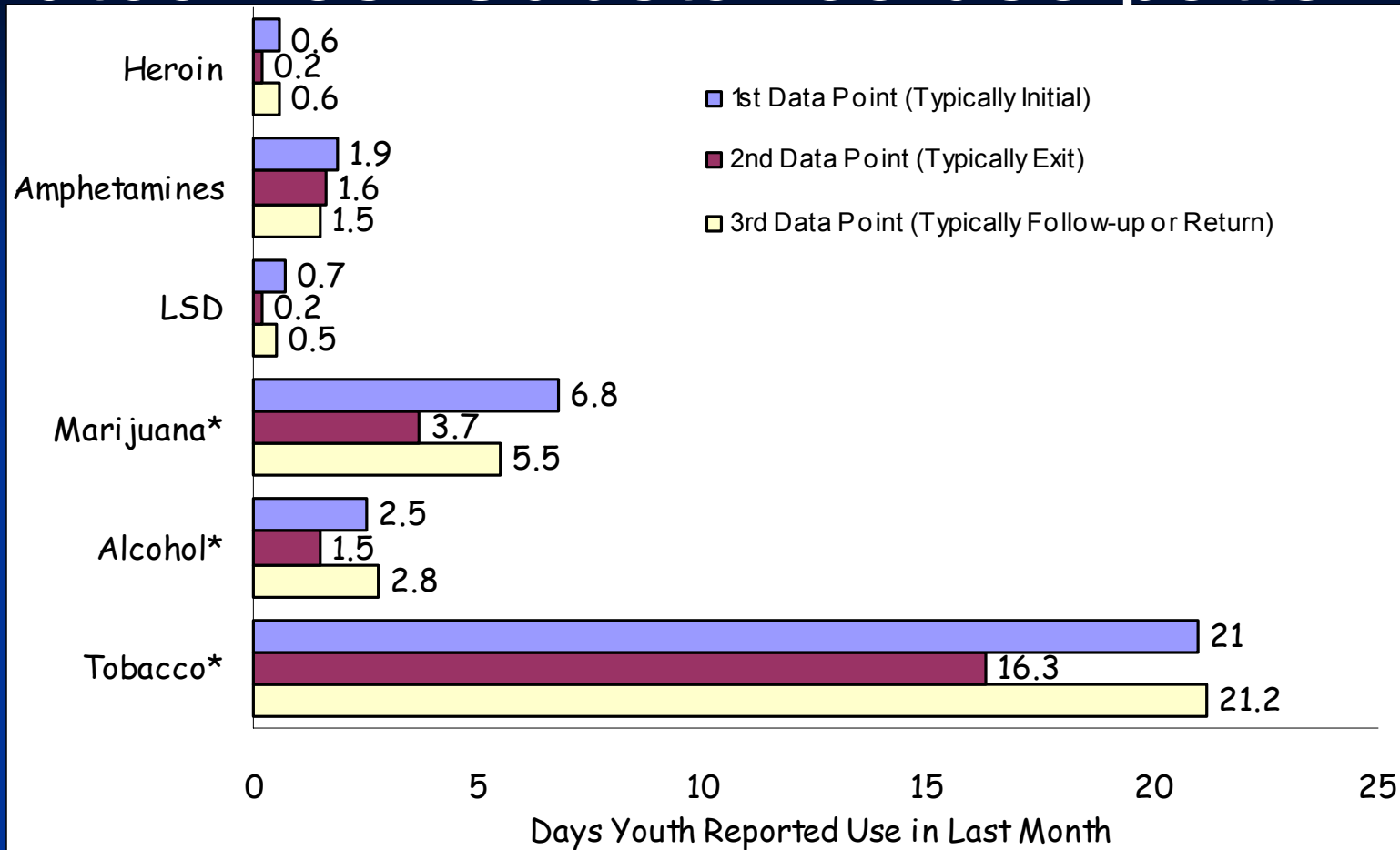* Some data from Quarters 3 & 4 of FY02 not reported.

Outcomes: Substance use patterns[1]

Chart data — Percent of Youth Who Reported Use in the Last Month

Legend:
- ■ 1st Data Point (Typically Initial)
- ■ 2nd Data Point (Typically Exit)
- □ 3rd Data Point (Typically Follow-up or Return)

Substance	1st Data Point	2nd Data Point	3rd Data Point
Heroin	6%	5%	6%
Amphetamines	18%	9%	15%
LSD	17%	5%	12%
Marijuana	54%	32%	42%
Alcohol	51%	32%	44%
Tobacco	75%	56%	77%
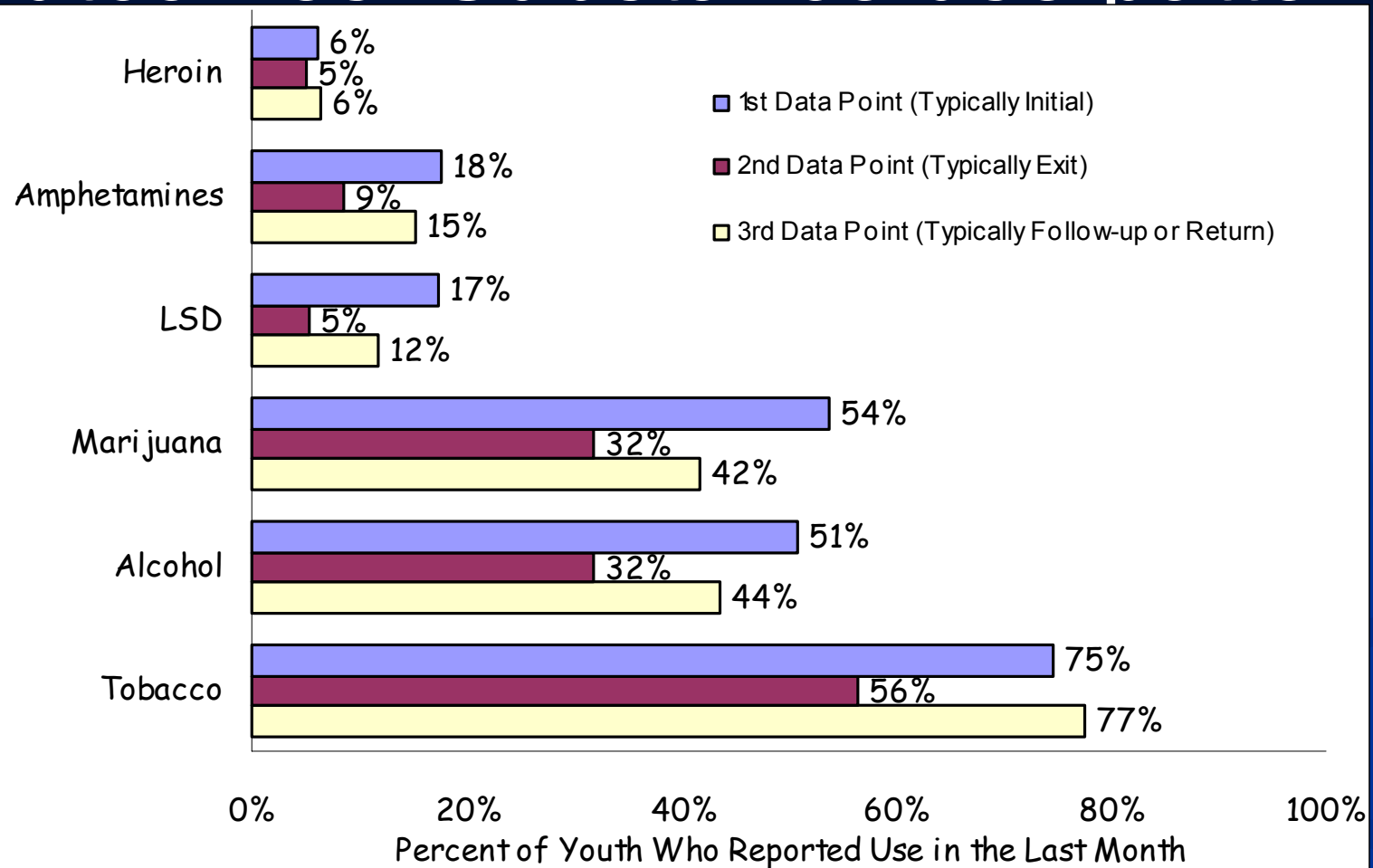
N=642 Youth. Only 124 youth had 3rd data point. Data only for Youth in Service Coordination. Substances listed with 5%+ only.
Note, the average time from the 1st data point to the 2nd data point and 2nd to 3rd was 203 and 263 days, respectively.

Monthly patterns of use were lower than experimentation patterns. Less youth self-reported drug use at exit. However, these rates increased after exit, some nearing initially reported levels.

Outcomes: Substance use patterns[1]

Chart: Days Youth Reported Use in Last Month

Legend:
- 1st Data Point (Typically Initial)
- 2nd Data Point (Typically Exit)
- 3rd Data Point (Typically Follow-up or Return)

Substance	1st	2nd	3rd
Heroin	0.6	0.2	0.6
Amphetamines	1.9	1.6	1.5
LSD	0.7	0.2	0.5
Marijuana*	6.8	3.7	5.5
Alcohol*	2.5	1.5	2.8
Tobacco*	21	16.3	21.2

X-axis: 0, 5, 10, 15, 20, 25 — Days Youth Reported Use in Last Month

N=124 Unique Youth had all points. Data only for Youth in Service Coordination. Substances listed with 5%+ only.
*Models and differences in each step significant ($\alpha = .05$) or near significant ($\alpha = .1$).

The self-reported number of days of use also fell at exit. Again, the number of days increased after exit, most nearing initially reported levels.

Outcomes: Housing at exit[1]
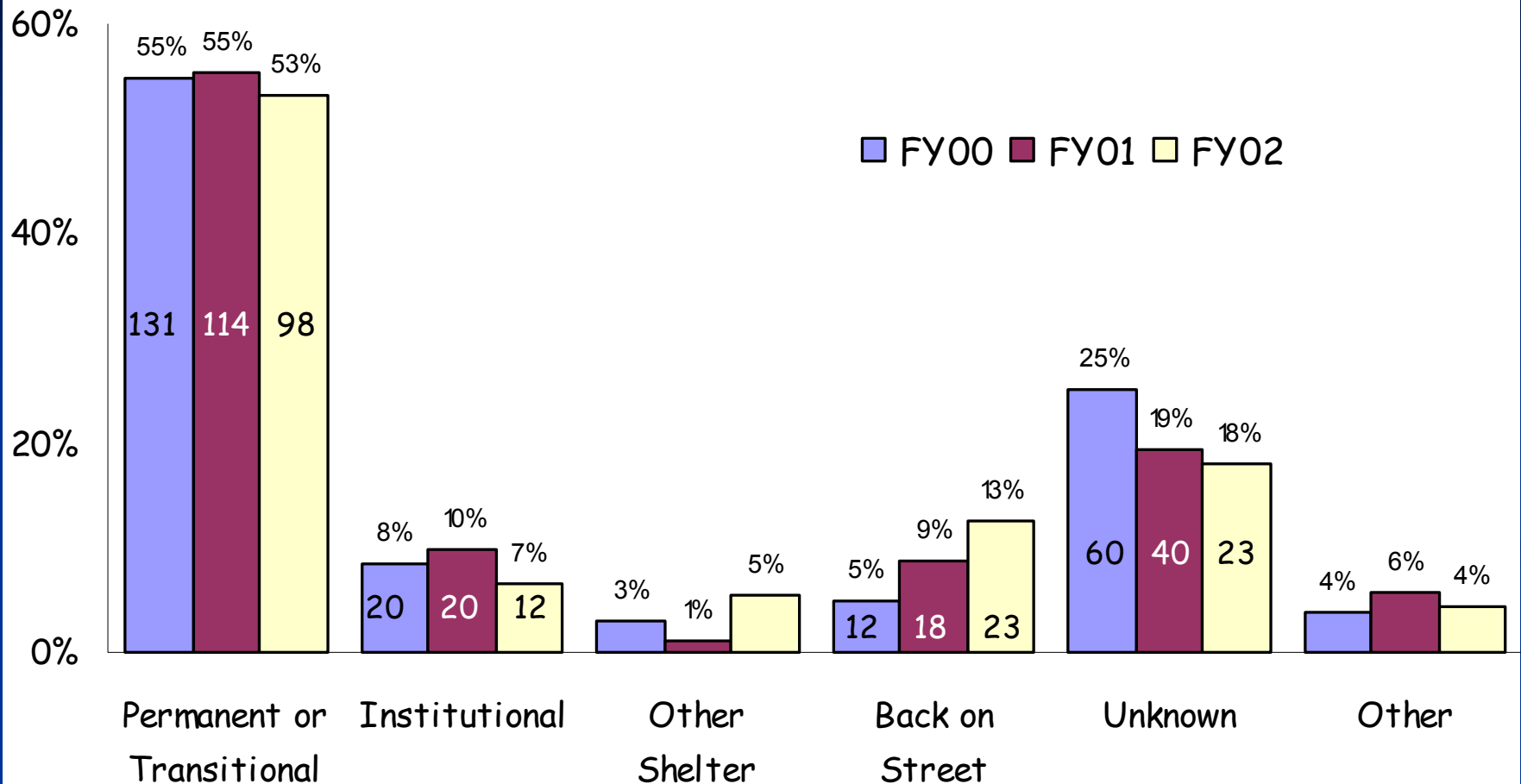
Note: Data based on the service episodes initial exit only. Some youth have more than one episode and exit. FY00 = 239, FY01 = 206, and FY02 = 184.

Youth with exit data consistently show slightly more than half exit service coordination to safe and stable housing. However, exits back to the street may be increasing.

Summary

- Youth profiles at screening have remained consistent, with the exception of age. Youth are appearing older than in previous years.

- Less youth are being screened and subsequently assessed for services.

- The average time between screening and assessment has improved.

- The service delivery records show less youth in shelter and service coordination systems than the FY01 peak.

[1] Exit data appears to favor somewhat younger local youth who have accessed service coordination in some way. Results should not be generalized to all homeless youth in Multnomah County.

Summary continued

- Service utilization has changed: youth are using more shelter nights, but engaging in less service coordination hours than in past years.

- Fewer youth self-reported using substances, and at lower frequency, upon exit. However, these levels appear to return towards levels that youth initially reported, sometime after exit.

- Slightly more than half of the exits from service coordination have been consistently to safe and stable housing.

- The percentage of exits back to the streets may be increasing since FY00.

[1] Exit data appears to favor somewhat younger local youth who have accessed service coordination in some way. Results should <u>not</u> be generalized to all homeless youth in Multnomah County.

Homeless Youth Services

- Homeless Youth Request for Proposal 2003-2008

Reports from Homeless Youth Oversight Committee Members

- Access Center
- Increased Capacity
- Youth Development in the Continuum
- Metamorphosis
- Police Partnership Agreement

Questions & Answers