

**Appendix A:
Multnomah County's Communities Putting Prevention to Work Initiative
MAPPS Framework for Evidence-Based Strategies**

	Nutrition	Physical Activity
Media	<ul style="list-style-type: none"> Promote healthy food/drink choices Counter-advertising for unhealthy choices 	<ul style="list-style-type: none"> Promote active transportation (bicycling, walking and public transportation)
Access	<ul style="list-style-type: none"> Healthy food/drink availability (e.g., incentives to food retailers to locate/offer healthier choices in underserved areas, healthier choices in child care, schools, worksites) Limit unhealthy food/drink availability (whole milk, sugar sweetened beverages, high-fat snacks) Procurement policies and practices Farm to institution, including schools, worksites, hospitals and other community institutions 	<ul style="list-style-type: none"> Safe, attractive accessible places for activity (e.g. access to outdoor recreation facilities, enhance bicycling and walking infrastructure, place schools within residential areas, increase access to and coverage area of public transportation, mixed use development, reduce community designs that leads to injuries). City planning, zoning and transportation (e.g., planning to include the provision of sidewalks, mixed use, parks with adequate crime prevention measures, and Health Impact Assessments) Require daily quality physical education (PE) in schools Require daily physical activity in afterschool/childcare settings Restrict screen time (afterschool, daycare)
Point of Purchase/Promotion	<ul style="list-style-type: none"> Signage for healthy vs. less healthy items Product placement & attractiveness 	
Price	<ul style="list-style-type: none"> Changing relative prices of healthy vs. unhealthy items (e.g. through bulk purchase/procurement/competitive pricing) 	<ul style="list-style-type: none"> Reduced price for park/facility use
Social Support & Services		<ul style="list-style-type: none"> Safe routes to school Workplace, faith, park, neighborhood activity groups (e.g., walking, hiking, biking)