

Passport to Preparedness



Here are 20 activities you can do to learn about and take steps towards preparing for disaster. Most of these activities only take a few minutes and can save you time or ease your mind in the event you are caught in a disaster. Check off 10 activities, fill out your information on the back and we'll send you a small prize!

Get a Kit!

- Multnomah County Office of Emergency Management has put together a calendar which breaks the task of assembling a kit into small steps. <http://web.multco.us/emergency-management>
- What's a "go-bag"? Find out and start putting yours together: www.72hours.org/go_bag.html
- Create an emergency kit for your pets: www.ready.gov/america/getakit/pets.html
- Research emergency kits for your vehicle: www.fema.gov/areyouready/assemble_disaster_supplies_kit.shtm
- Take a picture of your Emergency/Disaster Supply Kit and send it to Multnomah County Emergency Management - emergency.management@co.multnomah.or.us

Make a Plan!

- Gather your information and prepare a "QuickShare Emergency Information" document: <http://ready.adcouncil.org/beprepared/quickshare.html>
- Create a Ready America "My Family Emergency Plan": <http://ready.adcouncil.org/beprepared/fep/index.jsp>
- Complete the Earthquake Home Hazard Hunt worksheet <http://web.multco.us/emergency-management>
- Watch the "Preparing an Emergency Plan" video on the Multnomah County Emergency Management website at www.multco.us/em/
- Locate the gas, water and electrical utility shutoffs in your home. www.portlandonline.com/oem/index.cfm?a=39374&c=31664
- Make an emergency plan for your pets: <http://web.multco.us/emergency-management>



**MULTNOMAH
COUNTY**



Plan Now. Work Together. Be Ready.

NATIONAL PREPAREDNESS MONTH
September 2013 - Ready.gov

Be Informed!

- Take the City of San Francisco's Quake Quiz at www.quakequizzes.org
- Call the Office of Emergency Management and request a copy of "Map Your Neighborhood", a guide to preparedness for you and your neighbors. Their number is 503-988-6700.
- Bookmark the Multnomah County Emergency Management website: www.multco.us/em/
- Sign up for local Flash Alerts at www.flashalert.net/
- Become a fan of Multnomah County Emergency Management on Facebook: www.facebook.com/MultcoEM

Get Involved!

- Talk to a friend, neighbor, or relative about emergency preparedness. Share your plan with them.
- Share the Ready Kids website with your children or grandchildren and take the quiz to graduate from Readiness U! www.ready.gov/kids/home.html
- Email Multnomah County Emergency Management and tell us what you found most helpful or what other information you would like us to provide: emergency.management@co.multnomah.or.us
- Attend a Multnomah County Preparedness Workshop during National Preparedness Month <http://bit.ly/EMCalendar>

Check off 10 activities and send your passport to the Office of Emergency Management (mailstop 503/6 or 501 SE Hawthorne Blvd, Ste 600, Portland, OR 97214). We'll send you a small prize and your name will be entered into a drawing for your own emergency kit!

Send back your info:	Comments:
Name: _____	_____
Dept./Div.: _____	_____
Interoffice: _____	_____

(cut and save the emergency numbers)

Important Numbers

Life-Threatening Medical Emergencies.....	9-1-1
Information and Referral	2-1-1
Oregon Road Conditions by Phone	5-1-1
American Red Cross Oregon Trail Chapter.....	503-284-1234
City of Portland/Multnomah County Information and Referral	503-823-4000
Oregon Poison Center.....	1-800-222-1222
TriMet (Mass Transit Conditions)	503-238-RIDE
Police/fire non-emergency number.....	503-823-3333