

## Multnomah County Crisis Line



24 hours a day, 7 days a week
Staffed by mental health professionals

503-988-4888

Toll-Free 1-800-716-9769

Do you feel sad or hopeless? Have you lost interest in your life, your friends, your family? Do you need help finding treatment for yourself or someone else?



Urgent Walk-in Clinic 2415 SE 43<sup>rd</sup> (SE 42nd / Division) 7:00 a.m. – 10:30 p.m. 7 days a week

Department of County Human Services Mental Health and Addiction Services Division 421 SW Oak St., Portland, Oregon 97204

