CLASSIFICATION WORKSHEET

Residents in Adult Care Homes have their care needs classified using the six Activities of Daily Living in the chart below, note if the potential resident is Independent, Needs Assistance or is Dependent.

INDEPENDENT: Does not require help of another person to perform task
ASSISTANCE: Requires the help of another person with part of a task
DEPENDENT: Requires the help of another person with all parts of a task

<u>Definitions of Activities of Daily Living</u>

1) Eating/Nutrition: The ability to feed and eat appropriate foods with or without special equipment.
2) Dressing: The ability to physically dress and undress in appropriate clothing and to comb one's hair, file nails, use cosmetic products, etc.
3) Personal Hygiene: Daily bathing, shaving, oral care and grooming hair.
4) Toileting: Bowel and bladder control.
5) Mobility: The ability to get around, both inside and outside, using items like canes and wheelchairs if necessary; ability to transfer from bed or wheelchair.
6) Behavior Management: Ability to maintain appropriate behavior. Examples of behaviors that require assistance and re-direction may include; exiting/wandering, aggressive outbursts, inappropriate toileting and self-destructive behavior.

Activity of Daily Living	Independent	Assistance	Dependent
Eating/Nutrition			
Dressing			
Personal Hygiene			
Toileting			
Mobility			
Behavior Management			
TOTAL			

To score this worksheet:

Total each column. If the person is independent, or needs assistance with up to four activities of daily living, they may live in a Class I or II home. If the person is dependent in 1, 2, or 3 activities of daily living and/or needs assistance in others, they can live in a Class II or III home. If the person is dependent in four or more activities of daily living, only Class III homes can accept them.

This worksheet is for reference only. The results of a formal screening by a licensed Adult Care Home Operator or a Registered Nurse may differ from the findings above.